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MILITARY RELOCATION

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Home of Marine Corps Quantico



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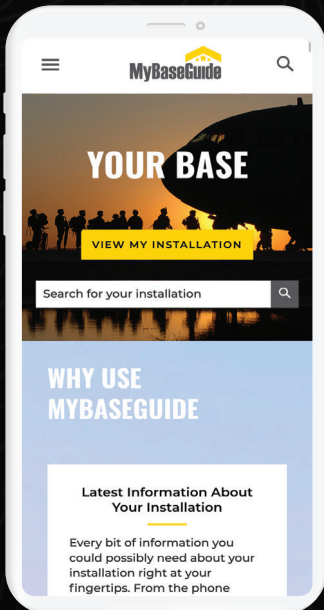
CAROL KLEEMEIER ZENO
President

20 RESEARCH DR.
HAMPTON, VIRGINIA 23666-1396

c.zeno@universallaboratories.net

TELEPHONE (757) 865-0880
TOLL FREE 1-800-695-2162
FAX: (757) 865-8014
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Please visit us at www.mybaseguide.com.





U.S. MARINE CORPS PHOTO

Our Military

at Marine Corps Base Quantico

MARINE CORPS INSTALLATIONS NATIONAL Capital Region-Marine Corps Base Quantico is 35 miles south of Washington, D.C., in Prince William County, Virginia. To the north is the nation's capitol, and to the south is the city of Fredericksburg, one of the most historical cities in America, with its many Civil War battlefields. To the east is the beautiful Chesapeake Bay and to the west are the breathtaking Appalachian Mountains, Shenandoah Valley and Skyline Drive.

Since its establishment in 1917, Quantico has been home to many of the nation's most innovative, intelligent and patriotic men and women. It is here, at the Crossroads of the Marine Corps, that vital concepts, training and equipment for current and future warfighting capabilities are developed. Some of the most important techniques in warfighting were born here, including amphibious doctrine and expeditionary warfare, for which the Marine Corps is renowned.

The base has 54,440 acres of range and training areas and 184 square miles of special-use airspace. The training complex provides military, federal, state and local organizations

extensive training opportunities with direct and indirect fire ranges, demolition ranges, aviation ranges and training areas, urban training facilities, land navigation courses, patrolling and maneuver areas, obstacle courses and more.

MCB Quantico is home to many tenant units, including The Basic School; the Joint Non-Lethal Weapons Directorate; Marine Corps Combat Development Command, Combat Development and Integration; the Marine Corps Embassy Security Group; the Marine Corps Information Operations Center; Marine Corps Recruiting Command; Marine Corps Systems Command; Marine Corps University; Marine Helicopter Squadron 1; Officer Candidates School; Training and Education Command; Weapons Training Battalion; and the Wounded Warrior Regiment. For a full listing of units at MCB Quantico, visit www.quantico.marines.mil.

Population

Quantico's workforce population includes approximately 6,000 military members, 9,300

civilians, 4,000 contractors and 6,500 students (military, FBI, DEA, etc.).

Economic Impact

According to Quantico's 2017 regional economic impact data, the total economic impact of the base was approximately \$4.82 billion. The base supports 43,331 jobs (25,862 direct jobs and 17,469 indirect jobs).

HISTORY

Even before the Jamestown Settlement and Capt. John Smith explored the banks of the Potomac River in 1608, the Spaniards had visited Quantico more than 40 years earlier. Early Scottish colonists later settled in the Quantico area, growing tobacco for export.

The Quantico region was also home to many Revolutionary War heroes. During said war, American, British and French armies used nearby roads to quickly move from one battlefield to another. During the Civil War, Confederate cannons blocked Union traffic on the

Continued on Page 6

QUICK REFERENCE NUMBERS

All phone numbers are subject to change. For more information, visit www.quantico.marines.mil.

American Red Cross	877-272-7337
Aquatics	703-784-2973
Auto Skills Center	703-784-2729
Bowling Center	703-784-2210
Chapel, U.S. Marine Memorial	703-784-2518
Child Care	
Child Development Center North	703-784-4470
Child Development Center South	703-784-3652
Family Child Care	703-784-0674
Commissary	703-784-2233
Credit Union, Marine Federal	800-225-3967
Dining	
The Clubs at Quantico	703-784-4264
Dunkin'	571-931-6383
The Greek Squad	703-221-3250
The Hawkins Room	703-784-5238
Jamba Juice	703-221-8089
McDonald's	703-221-0410
Mulligan's Restaurant	703-784-2426
Papa John's	703-221-5070
Subway, Building 3048	571-931-6998
Subway, Russell Road	703-221-3450
DOD Safe Helpline	877-995-5247
Education Center	703-784-3340
Exceptional Family Member Program	703-784-9395
Exchange	703-432-8800
Fitness Centers	
Barber Physical Activity Center	703-432-0590
HITT Center	703-784-2672
Golf Course, Medal of Honor	703-784-2424
Health Clinic Quantico, Naval	703-784-1725
Appointments	888-784-1802
Pharmacy	703-784-1580

Housing	
Base Housing	703-432-8500
Family Housing Office	703-784-2291
Installation Personnel Administration Center	703-784-4479
Legal Assistance	703-784-3126/3127
Library of the Marine Corps	
Marine Corps University Research Library	703-784-4409
Quantico Base Library	703-784-4348
Lodging, The Crossroads Inn	703-630-4444
Marina, Quantico	703-784-2359
Military OneSource	800-342-9647
Movie Theater	703-784-2638
Paintball Park	866-985-4932
Post Office	703-640-7577
Military postal officer	703-784-2106
Recreation, Information, Tickets and Tours	703-432-8850
Relocation Assistance Program	703-784-2659
Reserve Support Unit	703-784-2127/2128/5933
School Liaison	703-784-4729
Sexual Assault Support Line	703-432-9999
Shooting Club, Quantico	703-463-8214
Single Marine Program	703-432-0363
Suicide Prevention Lifeline	800-273-8255
Veterinary Treatment Facility	703-784-2770/0904
Youth Center	703-784-2249
Youth Sports	703-432-1905



Continued from Page 4

Potomac from the banks of the Quantico area. By the 1880s, the land Quantico resides on had been acquired by speculators, who would sell it to the Corps in 1917.

The commandant of the Marine Corps established Marine Barracks Quantico on May 14, 1917. Thousands would be trained in Quantico during World War I, including units of the much-lauded 4th Marine Brigade. In 1920, Marine Corps Schools was founded, and in the words of then-chief of staff for Quantico, Col. Smedley D. Butler, their purpose was to “make this post and the whole Marine Corps a great university.”

Prospects of a Pacific war in the 1920s showed a need for revolutionary new tactics and hardware. The techniques of amphibious warfare were conceived, and perfected, in Quantico. Marines of the predecessor to today’s Marine Corps Systems Command designed the equipment, which ensured successful future amphibious operations. Quantico aviators also developed close-air support tactics to aid Marines on the ground.

The Caribbean “Banana Wars” would test these new tactics and the equipment developed in Quantico. The tactical units which would carry

out the new amphibious operations became the Fleet Marine Force in 1935. The Fleet Marine Force, headquartered in Quantico, perfected equipment and techniques in anticipation of its future Pacific role. When the headquarters of the Fleet Marine Force left in 1941, Quantico’s main task became the education of individual Marines, rather than the large unit training it had conducted in the past.

The amphibious warfare techniques developed in Quantico in the years before World War II made victory possible in the conflict’s Pacific theater. Quantico also trained 15,000 lieutenants, and numerous officers from other services, who helped lead the United States to victory.

In 1947, Quantico Marines conceived of carrying troops from ship-to-shore by helicopter and formed a special squadron to test the idea: Marine Helicopter Squadron 1, commonly referred to now as HMX-1. The helicopter techniques they used there later proved invaluable during the Korean and Vietnam wars. More recently, Quantico played a large part in the development of vertical and short takeoff and landing aircraft and amphibious assault ships. Quantico’s small, but vital, air facility and HMX-1 continue to aid in development, training

and education, as well as their most visible duty, support of the U.S. president.

On Jan. 1, 1968, the base was redesignated the Marine Corps Development and Education Command in the spirit of the command motto, “Semper Progredi” — Always Forward.

During the summer of 1987, Quantico planners studied more efficient and streamlined ways in which MCDEC could ensure the Marine Corps of the future would be the best trained, led, disciplined and equipped fighting force on the planet. On Nov. 10, 1987, the Marine Corps transitioned the Development and Education Command into the Marine Corps Combat Development Command, cementing Quantico’s central role in developing concepts, plans, doctrine, training and equipment for the 21st-century Marine Corps. From the combat development process, other organizations emerged which either stood alone or operated under the MCCDC umbrella.

Marine Corps University was also established in 1989 to provide the structure and policy for professional military education Corpwide. Professional military education schools, which work alongside the university, include the Marine Corps War College, the School of Advanced Warfighting, the Command and Staff College, Expeditionary Warfare School, the enlisted PME branch, and the College of Distance Education and Training. In recent years, Marine Corps University has been adding new buildings and renovating old buildings to create a world-class library, research center and campus to further the mission of the university in the 21st century to educate the leaders of the Marine Corps.

The 1990s were a time of great growth for Quantico. The Marine Corps Research, Development and Acquisition Command, the precursor to today’s Marine Corps Systems Command, began moving to Quantico in 1990. A decade later, MCSC moved to its current location on historic Hospital Point.

In 1995, the base became home to one of the Corps’ most forward-thinking organizations, the Marine Corps Warfighting Laboratory. The lab’s mission is to conduct experimentation in 21st-century warfare. War games and experiments produce new tactics and technologies to make the Marine warfighter ever more capable.

Additionally, the U.S. military, particularly the Marine Corps, began to play a greater role in peacekeeping and humanitarian assistance operations. The Department of Defense established the Joint Non-Lethal Weapons Directorate in 1997 to provide the military with greater flexibility in dealing with the challenges of military operations other than war.

MARINE CORPS BASE QUANTICO ONLINE

Official site: www.quantico.marines.mil

Marine Corps Community Service: <https://quantico.usmc-mccs.org>

DIGITAL GUIDE



<https://www.mybaseguide.com/installation/mcb-quantico/>

SOCIAL MEDIA



Facebook

www.fb.com/MarineCorpsBaseQuantico

People around the world increasingly stay connected through social media, whether it be with a deployed service member, with friends and families in locations around the world or with the bases where you have been stationed or expect to transfer.

Here are some safety tips for using social media:

1. Never post confidential personal information such as your date of birth, address, Social Security number, or bank and credit card account numbers. Never provide this type of information when signing up for a social networking site. Most sites



Twitter

www.twitter.com/MCB_Quantico

do not require it, and you should be wary of those that do.

2. Don’t invite people whom you don’t know to be your “friend.” You do not want strangers to know details about you or your family.
3. Never share operational information, such as upcoming ports of call and military exercises. Such information can compromise operational security and the safety of our service members.

The Public Affairs Office can provide guidance on the type of information that should not be shared in a public forum such as a social network or blog.



Quantico is also home to the lifeline and pipeline of the Corps. In 1998, Headquarters Marine Corps moved Manpower and Reserve Affairs and Marine Corps Recruiting Command to Quantico from the Navy Annex in Arlington, Virginia. Manpower and Reserve Affairs has administrative responsibility for all issues related to Marines, their families and quality of life. Marine Corps Recruiting Command ensures young men and women are enlisted to secure the health of the Marine Corps of the future.

With so many diverse yet intricately woven units, it is appropriate that Quantico is called the Crossroads of the Marine Corps. This is perhaps the only command whose mission touches the furthest reaches of the Corps. Decisions made here impact Marines aboard ship, fighting in the global war on terrorism, on guard duty at embassies across the globe, and on reserve duty throughout the United States. Quantico's Marines continue to answer the call to threats against the U.S. and provide security and logistical assistance to the National Capital Region.

Commands aboard Quantico put their training and technologies, developed during war and peace, to work to provide the best support for the Marine warfighter.

On Oct. 1, 2015, Marine Corps Base Quantico was designated Marine Corps Installations National Capital Region — Marine Corps Base Quantico.

In 2017, the base celebrated its centennial — having been the site of training Marines for 100 years. The base has changed much since the days John A. Lejeune or Smedley Butler led it, but it still strives to succeed and continues to grow to serve the needs of the 21st-century Marine Corps.

**ORGANIZATIONS
THE BASIC SCHOOL**

The Basic School trains and educates newly commissioned or appointed officers in the high standards of professional knowledge, esprit de corps, and leadership to prepare them for duty as company grade officers in the operating forces, with particular emphasis on the duties, responsibilities and warfighting skills required of a rifle platoon commander.

**JOINT NON-LETHAL WEAPONS
DIRECTORATE**

Non-lethal weapons deliver discriminate and reversible effects without causing unnecessary destruction or loss of life. Skilled application of non-lethal weapons supports mission objectives by complementing lethal force without



U.S. MARINE CORPS PHOTO

unintentionally initiating, escalating or prolonging extensive (and expensive) hostilities.

The Department of Defense Non-Lethal Weapons Program stimulates and coordinates non-lethal weapons requirements of the U.S. armed services and allocates resources to help meet these requirements. The commandant of the Marine Corps serves as the program's executive agent. The Joint Non-Lethal Weapons Directorate at Quantico serves as the executive agent's day-to-day management office.

The U.S. armed services work with combatant commanders and the executive agent to identify requirements and coordinate the planning, programming and funding of non-lethal weapons research, development and acquisition. Within the program, the Joint Non-Lethal Weapons Directorate and the armed services fund science and technology, research and development, as well as test and evaluation for non-lethal weapons.

**MARINE CORPS COMBAT
DEVELOPMENT COMMAND, COMBAT
DEVELOPMENT AND INTEGRATION**

Marine Corps Combat Development Command, Combat Development and Integration develops future operational concepts and determines how to best organize, train, educate and equip the Marine Corps of the future. The command is the institutional and intellectual epicenter for the evolution of the Marine Corps. The command assesses the environment, develops and validates concepts, identifies capabilities and develops solutions to ensure Marine Corps operating forces have the necessary capabilities to remain the world's foremost expeditionary warfighting organization. The command is the only organization in the Marine Corps that touches every aspect of the Corps: doctrine,

organization, training, materiel, leadership and education, personnel and facilities. The command informs, addresses and develops solutions on a broad range of critical issues for senior leadership at the highest levels of the Marine Corps and the Department of Defense.

**MARINE CORPS EMBASSY
SECURITY GROUP**

The Marine Corps Embassy Security Group screens, trains, assigns, and ensures operational readiness, administration, logistical support and discipline of Marines and provides Marines for duty as Marine security guards. Guards serve at designated U.S. diplomatic missions in support of the Department of State in the protection of personnel, classified material and U.S. property.

**MARINE CORPS INFORMATION
OPERATIONS CENTER**

Information operations is the integration, coordination and synchronization of all actions taken in the information environment to affect a target audience's behavior to create an operational advantage for the commander. The Marine Corps Information Operations Center provides operational support to Marine components and Marine Air-Ground Task Forces. The center provides information operations subject matter expertise in support of Marine Corps information operations advocates and proponents to enable the effective integration of information operations into Marine Corps operations.

MARINE CORPS RECRUITING COMMAND

The Marine Corps Recruiting Command conducts operations to recruit qualified individuals for enlistment or commissioning into the U.S. Marine Corps and Marine Corps Reserve.

MARINE CORPS SYSTEMS COMMAND

Marine Corps Systems Command is the acquisition command of the Marine Corps, serving as head of contracting authority and exercising technical authority for all Marine Corps ground weapon and information technology programs. The command team includes experts in program management, contracting, financial management, engineering, information technology, safety, acquisition logistics and product support, acquisition law, human capital management and the entire complement of acquisition support skills.

MARINE CORPS UNIVERSITY

Marine Corps University is the Marine Corps' professional military education proponent. Through its resident and nonresident programs, Marine Corps University develops the professional competence of its Marines and other service, international and civilian students. Graduates are prepared to perform with increased effectiveness in service, joint, interagency, intergovernmental and multinational environments at the tactical, operational and strategic levels of war, across the range of military operations.

DOCUMENTS TO CARRY FOR INPROCESSING

- Several copies of your orders.
- Certified copies of birth certificates, adoption papers, naturalization papers, marriage license, divorce papers, etc.
- Copy of advanced pay or allowance paperwork.
- All moving paperwork including TMO information, self-move paperwork and all receipts associated with moving.
- Employment records or resumes of civilian family members.
- Medical and dental records of your entire family from your previous duty station.
- Immunization records for all children, active-duty members and pets.
- School records and transcripts for students.
- Copies of all insurance policies.
- Copies of all occupational licenses and certifications.
- Purchase agreements for vehicles, showing state sales tax paid.
- Vehicle registrations and titles.
- Household goods inventory.
- Letters of credit from utility companies.
- Copies of federal income tax forms.
- Copies of recent leave and earnings statements

The university consists of professional military education programs and directorates. Programs include the Marine Corps War College, the School of Advanced Warfighting, Command and Staff College, Expeditionary Warfare School, the College of Distance Education and Training, Foreign Professional Military Education, the Strategy and Policy Course, the Commandant's Professional Reading List and Enlisted Professional Military Education. Directorates include the Center for Advanced Operational Culture Learning, the Commandant of the Marine Corps Fellowship Program, the Brute Krulak Center for Applied Creativity, the Center for Strategic Studies, the Leadership Communications Skills Center, the History Division, the Lejeune Leadership Institute, the Library of the Marine Corps, Marine Corps University Press, Middle East Studies and the National Museum of the Marine Corps.

MARINE HELICOPTER SQUADRON 1

Marine Helicopter Squadron 1 was established in 1947 as an experimental unit tasked with testing and evaluating military helicopters when rotary-wing flight was still in its infancy. Founded to test tactics, techniques, procedures and equipment, HMX-1 has since then become synonymous with helicopter transport of the president of the United States.

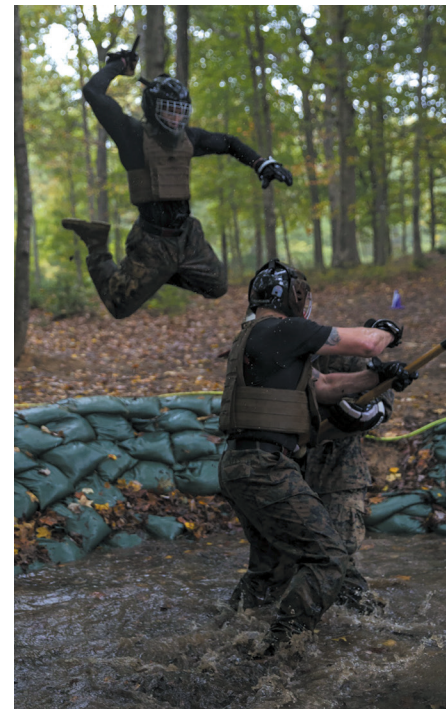
In addition to presidential and VIP support, HMX-1 maintains its role as the primary operational test and evaluation unit for Marine assault support helicopters and related equipment. HMX-1 aircraft and Marines also support the Marine Corps Combat Development Command in the development of helicopter tactics, techniques and landing force equipment. HMX-1 also conducts student demonstrations and helicopter indoctrination. The squadron currently operates a fleet of "white top" VH-3D Sea Kings and VH-60N White Hawks and "green top" MV-22B Ospreys.

OFFICER CANDIDATES SCHOOL

The Officer Candidates School educates and trains officer candidates in Marine Corps knowledge and skills within a controlled and challenging environment to evaluate and screen individuals for the leadership, moral, mental and physical qualities required for commissioning as a Marine Corps officer.

TRAINING AND EDUCATION COMMAND

The Training and Education Command develops, coordinates, resources, executes, and evaluates training and education concepts, policies, plans, and programs to ensure Marines are prepared to meet the challenges of present and future operational environments.



U.S. MARINE CORPS PHOTO

WEAPONS TRAINING BATTALION

The Weapons Training Battalion serves as the Marine Corps proponent for all facets of small arms combat marksmanship. It is the focal point for marksmanship doctrine, training, competition, equipment and weapons.

WOUNDED WARRIOR REGIMENT

The Wounded Warrior Regiment provides leadership and ensures compliance with laws and Department of Defense regulations related to the support, recovery, and nonmedical care of combat and noncombat wounded, ill, and injured Marines, sailors attached to Marine units, and their family members in order to maximize their recovery as they return to duty or transition to civilian life.

ARRIVAL

See the Getting To & Around chapter on Page 16 for information about local airports, train service and public transportation. The closest major airports are the Reagan National and Dulles International airports, about 30 and 40 miles respectively from the base's main gate. Transportation is not provided to the base.

SPONSORSHIP

Contact your sponsor with your estimated arrival time and flight information if applicable before your arrival at MCB Quantico.

Sponsorship is vital to the relocation process. Don't PCS without talking to your sponsor

before departing for MCB Quantico. Your sponsor will answer any questions you have about the base and the local area, make lodging or dorm arrangements and meet you upon arrival. Your sponsor will be there to help you and your family until you are settled into your new community.

If you have not been in touch with a sponsor and your departure is nearing, contact your gaining unit or call the Marine Corps Community Services Relocation Assistance Program at 703-784-2659.

DRIVING DIRECTIONS

Cellphone use by the driver of a moving motor vehicle is prohibited on all Department of Defense installations unless the cellphone is used with a hands-free device.

From Interstate 95

Take Exit 150A to Quantico and Triangle. Take Route 619 east to the entrance of the base. Marine sentries assist visitors arriving at the base, giving directions to their destination.

CHECK-IN PROCEDURES

Installation Personnel

Administration Center

Building 2006, second floor,
Hawkins Avenue..... 703-784-4479
www.quantico.marines.mil/Resources/PCS-Inbound-Outbound/Checking-In

All Marine Corps personnel reporting to Quantico during normal working hours will report in to the Installation Personnel Administration Center. Upon reporting in, IPAC will provide initial administrative check-in assistance including personnel record updates, original orders endorsements, travel claims, unit diary and assignment to the welcome aboard briefing. After completing IPAC check-in, personnel are turned over to their assigned battalion- or squadron-level headquarters for issuance of their check-in sheets and further in-processing.

Headquarters & Service Battalion

Building 2006
Command duty officer 703-784-2707/4096

All personnel reporting in after normal working hours will check in with the area officer of the day at Headquarters & Service Battalion for administrative and temporary billeting assistance. The duty officer will endorse orders and provide temporary lodging to all sergeants and below until the next workday. Staff noncommissioned officers and officers requiring lodging will be directed to Liversedge Hall, 15 Liversedge Drive, for lodging. If lodging is not available at Liversedge, personnel must obtain a nonavailability statement from the Liversedge

staff before going to a hotel. On the first workday after arrival, personnel will report to IPAC for check-in processing.

Reserve Support Unit

26102 Bailey Ave.,
Camp Upshur 703-784-2127/2128/5933

All reservists are required to check in either by phone or in person with the Reserve Support Unit on the first day of duty. The Reserve Support Unit Administration and Program Manager Section provides support and technical assistance to individual reservists and program management for the Active Duty Operational Support Program and the Individual Mobilization Augmentee Program aboard Quantico.

Navy Personnel

Navy personnel will report directly to the Navy Personnel Office, directed in their orders or, after normal working hours, the information desk at the naval medical clinic (703-784-2525).

Welcome Aboard Brief and Personal Readiness Seminar

It is mandatory for all newly joined personnel in the grades of E-1 through E-6, WO-1 and O-1 through O-2 to attend the commander's Welcome Aboard Briefing. The orders endorsement memorandum letter issued by IPAC includes a paragraph which directs attendance at the briefing on your scheduled date. The brief is designed to inform newcomers about programs and services aboard Quantico and includes information on recreation, education, medical

services, local legal issues, safety issues, chapel programs and more. Spouses are encouraged to attend. Free child care is available, but preregistration is required and spaces are limited. Call the Child Development Center at 703-784-0674 for more information. For other questions regarding the brief, contact the Relocation Office at 703-784-2659.

All incoming first duty station Marines must also attend the Personal Readiness Seminar. For more information, contact the financial counselor at 703-784-2650.

TEMPORARY LODGING

The Crossroads Inn

3018 Russell Road 703-630-4444
<https://quantico.usmc-mccs.org/inns-of-the-corps>

Inns of the Corps' Crossroads Inn provides safe, comfortable and clean accommodations for military members and their families who are being assigned to MCB Quantico as well as retired military personnel traveling in Virginia.

Temporary lodging facilities available to personnel on accompanied PCS status feature suites with kitchenettes, high-speed internet access, flat-screen televisions with cable and complimentary breakfast. Pets are allowed in limited accommodations for an additional fee.

Arrange for temporary quarters as soon as you receive your PCS; check availability and room rates online. Contact the lodging office directly for reservations with children and pet-friendly rooms.



U.S. MARINE CORPS PHOTO



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GETTING SETTLED

HEALTH CARE

Naval Health Clinic Quantico

3259 Catlin Ave. 703-784-1725
 Appointments 888-784-1802
 Pharmacy 703-784-1580
<https://www.med.navy.mil/sites/nhcq/Pages/Welcome.aspx>

Naval Health Clinic Quantico serves active-duty service members, their family members, retirees and other eligible beneficiaries in the surrounding area. Services include family medicine, pediatrics, immunizations, audiology, behavioral health, optometry, physical therapy, radiology, preventative medicine, pharmacy and more. Visit the clinic’s website for more information on services and nearby branch clinics for OCS and TBS personnel.

Dental care is available to active-duty military only. Family members of active-duty personnel are encouraged to use the TRICARE Dental Program. Program information is available by visiting www.tricare.mil/CoveredServices/Dental/TDP.

HOUSING

Family Housing Office

13201 Perkins St. 703-784-2291
www.quantico.marines.mil/Offices-Staff/G-F-Installation-and-Environment/Family-Housing-Branch

The Quantico Family Housing Office is ready to help you transition to your new home and

community. Use its resources to become familiar with available housing options and support services. When you arrive at Quantico, visit the office for valuable information, counseling and guidance before signing any lease or sales contract for housing.

Unaccompanied Housing

www.quantico.marines.mil/Resources/PCS-Inbound-Outbound/Checking-In

Bachelor enlisted quarters at Quantico are dormitory-type facilities with rooms designed for two, three or four persons. Each room has a private bath. Each BEQ has modern, well-furnished game rooms that feature table tennis, billiards and other entertainment. The BEQs also have several television rooms.

Base Housing

13201 Perkins St. 703-432-8500
www.lincolnmilitary.com/installations/quantico-mcb

At MCB Quantico, military family housing is privatized. In addition to your option to purchase and rent housing in the local community, you may choose to live in privatized housing by signing a tenant lease agreement with Lincoln Military Housing, which owns the family housing and is responsible for constructing, maintaining, repairing and managing the communities.

For comprehensive information about homes and amenities in the Quantico privatized housing community, visit the housing website.

MAIL

Post Office

400 Fifth Ave. 703-640-7577
 Military postal officer 703-784-2106
www.usps.com

www.quantico.marines.mil/Offices-Staff/Military-Post-Office

Military-Post-Office

The military postal facility is responsible for the acceptance and delivery of all official and personal mail addressed to military commands, agencies, authorized civilian organizations and single service members aboard MCB Quantico.

Use the following address for the forwarding of personal mail:

General Delivery
 401 Sixth Ave.
 Quantico, VA 22134

All personal mail coming to this address is held by the post office until it is picked up by someone with valid identification.

Many of the barracks on base have post office boxes located in them. Personnel that reside in the enlisted barracks aboard base are assigned post office boxes upon checking in with the military postal facility.

PETS

Veterinary Treatment Facility

3310 Purvis Road 703-784-2770/0904
<https://phc.amedd.army.mil/organization/Pages/VtfDetails.aspx?VtFID=119>

Pets belonging to personnel who live on MCB Quantico must be registered at the veterinary treatment facility upon arrival. Pets belonging to personnel who live off base must be licensed by the city where they reside. Pit bulls, rottweilers and canid or wolf hybrids are prohibited on Marine Corps installations.

The veterinary treatment facility provides services to pets of military families. The clinic offers many types of routine care services. Due to limited resources, most veterinary emergency cases are best served through a full-service civilian veterinary hospital; see the Military Buyer’s Guide tab to connect with local veterinarians.

RELIGIOUS GUIDANCE

U.S. Marine Memorial Chapel
 3251 Embry Loop 703-784-2518
www.quantico.marines.mil/Offices-Staff/Chaplain

The base’s comprehensive command religious program provides ministry by chaplains of various faith group backgrounds to units and commands on base. The chapel and nearby Religious & Family Service Center offer many programs, including worship services, religious education and Bible studies. If you are seeking



spiritual support for any denomination or faith group, contact the chaplains. For current service times, visit the chaplain website.

**SERVING YOU
DINING**

The Clubs at Quantico

3017 Russell Road 703-784-4264

Dunkin'

3500 Russell Road 571-931-6383

The Greek Squad

3500 Russell Road 703-221-3250

The Hawkins Room

Lopez Hall, TBS 703-784-5238

Jamba Juice

3500 Russell Road 703-221-8089

McDonald's

Building 3500A..... 703-221-0410

Mulligan's Restaurant

3313 Fuller Heights Road 703-784-2426

Papa John's

3500 Russell Road 703-221-5070

Subway

3500 Russell Road 703-221-3450
Building 3048..... 571-931-6998

For hours of operation, menus and special event information, visit <https://quantico.usmc-mccs.org/dining>.

EDUCATION

Voluntary Education Center

Building 3088, Roan Street..... 703-784-3340
<https://quantico.usmc-mccs.org/index.cfm/marine-family/personal-professional-development/voluntary-education-center-vec>

The Voluntary Education Center provides personal and professional learning opportunities to service members, their families, civilian employees and reservists. Services include academic advising, information on tuition assistance and financial aid, testing programs and more. Universities represented on base include Averett University, Central Texas College, Florida Institute of Technology, Northern Virginia Community College, Old Dominion University, Park University, University of Maryland Global Campus, Embry-Riddle Aeronautical University and Microsoft. For more information on on-base universities, academic programs and events, visit the center's website.

FAMILY SUPPORT

Child Development Centers

CDC North

3311 Purvis Road..... 703-784-4470

CDC South

3314 Purvis Road..... 703-784-3652
<https://quantico.usmc-mccs.org/marine-family/child-and-youth/child-and-youth-programs-cyp/child-development-center-cdc>

The child development centers offer weekly care for children from 6 weeks to 5 years old, and hourly care is available on a space-available basis with reservations. The centers provide safe, nurturing environments that promote the social, cognitive, language and physical development of youngsters. The centers are accredited by the National Association for the Education of Young Children. Fees are based on total family income. Registration and eligibility information can be found at www.militarychildcare.com.

Exceptional Family Member Program

2034 Barnett Ave., Suite 104 703-784-9395
<https://quantico.usmc-mccs.org/marine-family/exceptional-family-member-program-efmp/>

This program provides special-needs families with information and referral services.

Family Child Care

..... 703-784-0674
<https://quantico.usmc-mccs.org/marine-family/child-and-youth/child-and-youth-programs-cyp/family-child-care-homes-fcc>

Family Child Care provides an alternative to child development centers for families that need evening care, weekend care, care for children with special needs or infants and school-age children, and care during swing and midnight shifts.

The program also offers an opportunity for spouses to contribute to the family income while caring for their children.

FCC providers are well-trained, they and their family members undergo thorough background checks and their homes are inspected for fire safety, health, safety and other requirements. In addition, the homes are monitored regularly by the program staff.

Marine & Family Programs

<https://quantico.usmc-mccs.org/marine-family>

Marine & Family Programs provide support to Marines and their families with a full continuum of personal, family and professional readiness services. Programs include information and referral, life skills training and education, relationship enhancement programs, readiness and deployment support, employment assistance, family team building, new parent support, financial management, substance abuse counseling, relocation counseling and more. For more information on available services and points of contact, visit the Marine & Family Programs website.

School Liaison

2034 Barnett Ave., second floor.. 703-784-4729
<https://quantico.usmc-mccs.org/marine-family/child-and-youth/school-liaison-program>

The school liaison office is the connection between MCB Quantico families and private and public schools. The office provides support to service members during all stages of transition and deployment to ensure children receive every available opportunity for quality education.



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Youth Programs

Youth Center

3312 Purvis Road..... 703-784-2249

Youth Sports

Building 2073, Barnett Avenue... 703-432-1905
<https://quantico.usmc-mccs.org/marine-family/child-and-youth>

MCB Quantico Child and Youth Programs offer a variety of activities, clubs and programs for youth and teens.

The School-Age Care Program at the youth center offers care for elementary students before and after school and during school breaks and teacher workdays. The youth center also hosts recreation classes and programs that promote character, leadership, age-appropriate life skills and the arts.

The Youth Sponsorship Program assists youth with transitioning to MCB Quantico, connecting students with a fellow student at the base.

Sports programs for youth 4 to 14 years of age help participants develop the fundamental skills for each sport and instill sportsmanship qualities.

For a full list of youth activities at MCB Quantico, visit the website.

FINANCIAL SERVICES

Marine Federal Credit Union

3380 Russell Road 800-225-3967
www.marinefederalhb.org



U.S. MARINE CORPS PHOTO

LEGAL SERVICES

Legal Assistance

2015 Artisan St. 703-784-3126/3127
www.quantico.marines.mil/Offices-Staff/Legal-Services-Support-Section/Legal-Assistance

Legal services are provided to active-duty members, retirees, their family members and other eligible clients. The legal office can assist with powers of attorney, notarization, wills, living wills, marital separation agreements, child support, consumer problems, debt and credit problems, contracts, landlord-tenant issues, immigration advice and taxes.

LIBRARY

Library of the Marine Corps

2040 Broadway St.
 Marine Corps University Research Library 703-784-4409
 Quantico Base Library 703-784-4348
<https://grc-usmcu.libguides.com/library-of-the-marine-corps>

The Library of the Marine Corps is in the Alfred M. Gray Research Center and has three branches: the Marine Corps University Research Library, the Quantico Base Library and a virtual branch.

The research library is the premier academic library within the Marine Corps. Its collections include more than 150,000 volumes, 400 periodical subscriptions and 120,000 microforms, as well as access to numerous government and commercial databases and digital resources.

The base library provides for the educational, cultural, technical, informational and recreational library needs of military personnel and their family members stationed at Quantico, civilian employees of the base and retirees living in the local area.

The virtual branch provides technical oversight and management of all matters relating to the recommendation, purchase, licensing and use of software applications, leased and purchased digital information resources, and the systems used to organize, catalog and provide access to the library's electronic resources.

RECREATION

For information about the recreational programs at MCB Quantico, visit the base's Marine Corps Community Services online at <https://quantico.usmc-mccs.org>.

Aquatics

Adjacent to The Clubs at Quantico, just off Dunlap Circle..... 703-784-2973
<https://quantico.usmc-mccs.org/recreation/quantico-50m-pool>

The Quantico pool facility includes an Olympic size pool and wading pool. The



U.S. MARINE CORPS PHOTO

wading pool's zero-depth entry makes access to the mushroom fountain and frog slide easy for younger swimmers. The 50-meter pool is the perfect place to swim laps or play games with friends and is equipped with a winding water-slide and 1- and 3-meter diving boards. The pool offers water aerobics, swim lessons, lifeguard and water safety instructor training, splash parties and more.

Auto Skills Center

Building 2080,
 Anderson Avenue 703-784-2729
<https://quantico.usmc-mccs.org/recreation/auto-skills-center>

Whether you're a do-it-yourselfer or depend on the help of a skilled automotive professional for vehicle maintenance and repair, the Auto Skills Center has everything you need to make car problems things of the past. The shop offers the assistance of a certified mechanic and the equipment needed to repair and rebuild a personal vehicle, classes in preventive maintenance and repairs, and a resale area stocked with oil, filters and vehicle fluids.

Bowling Center

2034 Barnett Ave. 703-784-2210
<https://quantico.usmc-mccs.org/recreation/leatherneck-lanes>

Strike up some family-friendly fun at Leatherneck Lanes. The center offers state-of-the-art lanes and scoring equipment, a snack bar, a pro shop, bowling leagues and more.

Fitness Centers

Barber Physical Activity Center

Building 2073, Barnett Avenue... 703-432-0590

HITT Center

Building 3117..... 703-784-2672

<https://quantico.usmc-mccs.org/semper-fit>

The 57,000-square-foot Barber Physical Activity Center houses Physical Fitness, Health Promotion and Athletics. The facility offers a large variety of recreational opportunities with a 9,600-square-foot fitness deck, a group exercise room, a spin studio, a mat room, three racquetball courts and one full-sized basketball court. It also offers a TV and Wi-Fi lounge, a smoothie bar, locker rooms, and separate saunas for men and women.

The High Intensity Tactical Training Center facilitates a comprehensive strength and conditioning program that takes into consideration the physical demands of operational-related activities to optimize physical performance while in combat. By implementing the latest cutting-edge training methods and fundamental scientific principles, the HITT program focuses on enhancing athleticism for Marines.

Intramural sports are also available. Visit the MCCS website and select options from the Semper Fit drop-down menu for more information on fitness activities, facilities and programs.

Golf Course

3313 Fuller Heights Road..... 703-784-2424

<https://quantico.usmc-mccs.org/recreation/golf-course>

The 18-hole Medal of Honor Golf Course features a short game area, a practice green-side bunker, a large putting green and a fully lit driving range. The course also has a pro shop and a restaurant.

Marina

Building 25, Potomac Avenue..... 703-784-2359

<https://quantico.usmc-mccs.org/recreation/marina-outdoor-gear-rentals>

The Quantico Marina is just past the town of Quantico at the end of Potomac Avenue. The marina has 150 wet slips, a fuel dock, a pump-out station, a small convenience store and seasonal boat rentals. The marina offers sailing lessons and camps. Visit the website for more information on fees and amenities.

Movie Theater

2034 Barnett Ave. 703-784-2638

<https://quantico.usmc-mccs.org/recreation/little-hall-theater>

The base theater in Little Hall shows near first run movies Thursday through Sunday. Concessions are available. Check the website or call the automated movie line for current movie listings.

Paintball Park

2791 McCard Road..... 866-985-4932

<https://quantico.thepaintballpark.com>

The Paintball Park hosts paintball and paintball lite games. Rental equipment is available. Visit the website for coupons and specials.

Recreation, Information, Tickets and Tours

3500 Russell Road 703-432-8850

<https://quantico.usmc-mccs.org/recreation/recreation-information-tickets-and-tours-rec-itt>

Get discount tickets to area attractions, including sporting events and popular theme parks, as well as many attractions throughout the southeast, including Disney World and Universal Studios. Whatever travel destinations you seek, the travel staff can help you plan your trips with assistance with airline tickets, hotels, rental cars and even cruises.

Shooting Club

Building 27261..... 703-463-8214

www.quanticoshootingclub.com

The Quantico Shooting Club offers many opportunities for the shooting enthusiast. The club can assist new shooters with instruction in the fundamentals. More experienced marksmen will enjoy rifle, pistol, and shotgun competitions and advanced marksmanship training. For information on membership and prices, visit the club's website.

Single Marine Program

Building 206..... 703-432-0363

<https://quantico.usmc-mccs.org/single-marine-program>

The Single Marine Program enhances the quality of life for single active-duty personnel

by providing positive and rewarding outlets through recreation, community involvement and dynamic facilities. The program facilitates trips, special events and volunteer opportunities. The program's recreation center, known as the SMP House, offers a variety of free amenities and activities. The program holds meetings monthly; visit the website for meeting locations and dates.

Trails

<https://quantico.usmc-mccs.org/recreation/trail-guide>

Trails in Training Area 1 provide base residents with opportunities to hike, jog, ride horses, mountain bike and enjoy nature. Visit the trail guide online for a map of base trails and information on wildlife viewing and hunting on the main side area of base.

SHOPPING

Commissary

3400 Russell Road 703-784-2233

www.commissaries.com

Save your hard-earned dollars when shopping for groceries at the commissary. In-store amenities and specialties include a bakery, a deli, hot foods, fresh sandwiches to-go, rotisserie chicken and sushi.

Main Exchange

3500 Russell Road 703-432-8800

www.mymcx.com

The Quantico exchange wants to be your first choice for shopping. It offers a price-match program that guarantees the lowest prices in town. Hours for services outside the main exchange vary, so call or visit the website for detailed information.



U.S. MARINE CORPS PHOTO



U.S. MARINE CORPS PHOTO

Welcome

to Prince William and Fauquier counties

WELCOME TO VIRGINIA, PRINCE William and Fauquier counties are found in Northern Virginia near the National Capital Region.

Prince William County has a population of 468,011, and its county seat is Manassas. Fauquier County has a population of 71,222 and its county seat is Warrenton. Marine Corps Base Quantico is in southern Prince William County, southeastern Fauquier County and northern Stafford County.

These counties are rich in historical and cultural attractions, and modern amenities. In addition to rambling plantations, vineyards, equestrian farms and peaceful natural settings, there are colonial sites, museums and parks. Outdoor activities abound, among them fishing, golfing, horseback riding and camping.

There are also shopping, dining and nightlife opportunities to explore. Annual events and festivals celebrate everything from the area's pioneers to George Washington's whiskey operations and showcase the rich history of Virginia.

HISTORY

Capt. John Smith first discovered Prince William County during an expedition up the Potomac River in 1608. Smith found the region inhabited by Anacostan, Doeg, Iroquois and Piscataway Indians. The first known colonial settlement was founded in 1722. In 1730, the Virginia General Assembly carved out an area approximately 2,000 square miles in size and named it Prince William County, after the second son of England's King George II. At that time Prince William County comprised all of "Northern Virginia," but by 1759, the General Assembly substantially reduced the county's size.

In 1742, Fairfax County was created from a northern portion of Prince William County and named for Thomas Fairfax, sixth Lord Fairfax. Fairfax came to Virginia in 1737, installed his cousin, William Fairfax, as his land agent, and returned to England to defend his right to the land in the proprietary. By 1745, the English Privy Council had confirmed to Lord Fairfax the full extent of his proprietary — nearly 5.3

million acres. It was William Fairfax who built the great Belvoir mansion (on land that is now the U.S. Army's Fort Belvoir) in 1741. Fairfax County is also home to George and Martha Washington's historic estate, known as Mount Vernon, and Gunston Hall, the home of George Mason. Mason was a delegate to the Constitutional Convention in Philadelphia in 1787. Mason was one of only three men who refused to sign the finished constitution when it was sent to the states for ratification, objecting that the new constitution included no guarantee of the rights of individual Americans. After prodding by Mason, the Virginia Constitutional Ratifying Convention instructed its representatives to the new federal Congress to work for amendments to the constitution to protect basic civil rights. Congressman James Madison, acting on these instructions, was successful in getting such amendments passed in the First Congress and sent to the states for ratification.

Stafford County, formally established in 1664, has also been a crossroads for many important

events and travelers in history. Native Americans of the Patawomeck and Manahoac tribes lived there in substantial numbers. Capt. John Smith sailed up the Potomac from Jamestown to present-day Stafford and set foot on its shores. Powhatan Indian princess, Pocahontas, was kidnapped from Stafford's Indian Point. George Washington lived in Stafford from age 6 to 19. Other notable residents include Southern abolitionist Moncure Conway and American impressionist artist Gari Melchers.

Charles County was created in 1658. The county is named in honor of Charles Calvert, third Lord Baltimore.

SAFETY

Every second counts in a disaster so planning and preparation can be lifesavers.

The Virginia Department of Emergency Management and the Maryland Emergency Management Agency provide residents, communities, public safety professionals, businesses and schools with invaluable information and resources for dealing with calamities, from floods to fires to tornadoes, hazardous waste and terrorism, to name just a few. Go to the websites, www.vaemergency.gov and <https://mema.maryland.gov>, to learn how to confront specific emergencies, create an emergency plan and emergency kit, save your pet, and make necessary adaptations for the elderly and those with special needs.

Another great resource for natural disaster and severe weather information is the Centers for Disease Control and Prevention website at www.cdc.gov/disasters. Here you can find information on how to prepare for various weather emergencies.

County Emergency Management Agencies
 Prince William County..... 703-792-5627
www.pwcgov.org/government/dept/FR/OEM

County emergency management agencies ensure that each county can mitigate against, prepare for, respond to and recover from any type of natural or human-caused disaster. Visit the agency websites for information on local hazards and emergency preparedness tips.

WEATHER AND CLIMATE

Virginia experiences all four seasons with hot, humid summers and cold, snowy winters. In Quantico, the coldest month of the year is January, with average highs of 44 degrees and average lows of 27 degrees. The hottest month is July, where daytime temperatures can soar into the high 80s and the average low is 70 degrees. Snowfall is most common December through February, averaging about 12 inches a year. Average annual rainfall is approximately 39 inches, which is spread evenly throughout the year.



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LOCAL CONNECTIONS

Chambers of Commerce

Use the chambers' online membership directories to connect with local businesses as you settle into your new community.

Central Fairfax Chamber of Commerce

4031 University Drive, Suite 100
 Fairfax, VA 22030..... 703-268-5870
www.cfcc.org

Charles County Chamber of Commerce

101 Centennial St., Suite A
 La Plata, MD 20646 301-932-6500
www.charlescountychamber.org

Fauquier Chamber of Commerce

321 Walker Drive
 Warrenton, VA 20186 540-347-4414
www.fauquierchamber.org

Fredericksburg Regional Chamber of Commerce

2300 Fall Hill Ave., Suite 240
 Fredericksburg, VA 22401 540-373-9400
www.fredericksburgchamber.org

Greater Fredericksburg Black Chamber of Commerce

2650 Jefferson Davis Highway, No. 703
 Stafford, VA 22555..... 540-322-2873
www.greaterfredbcc.com

Northern Virginia Chamber of Commerce

7900 Westpark Drive, Suite A550
 Tysons, VA 22102 703-749-0400
www.novachamber.org

Prince William Chamber of Commerce

9720 Capital Court, Suite 203
 Manassas, VA 20110..... 703-368-6600
<https://pwchamber.org>

South Fairfax Chamber of Commerce

P.O. Box 68
 Lorton, VA 22199 703-550-0005
www.southfairfaxchamber.org



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Getting To & Around

Prince William and Fauquier counties

SEVERAL HIGHWAYS EASILY LINK Prince William and Fauquier counties to other parts of Virginia. But be warned, some of the roadways in this region are known for the worst traffic in the country. Thankfully, transportation options in the region are diverse: commuters can drive or use one of the many ridesharing or public transportation services. For those flying, two major airports serve Washington, D.C., and the metropolitan and surrounding regions, with numerous air carriers.

AIRPORTS

Ronald Reagan Washington National Airport

2401 S. Smith Blvd.
Arlington, VA 22202 703-417-8000
www.flyreagan.com

Ronald Reagan Washington National Airport is, along with Washington Dulles International Airport, part of a two airport system that provides domestic and international air service for the Washington, D.C., metropolitan and

surrounding regions. Both airports are managed by the Metropolitan Washington Airports Authority.

Reagan National is approximately 30 miles from Marine Corps Base Quantico and is served by eight airlines. Ground transportation includes rental car, taxi and shuttle services. The airport is directly linked to the region's Metrorail system as well.

Washington Dulles International Airport

1 Saarinen Circle
Dulles, VA 20166 703-572-2700
www.flydulles.com

Washington Dulles International Airport is approximately 40 miles from MCB Quantico. The airport is a major hub for domestic and international air travel, with approximately 40 airlines. Ground transportation includes taxi, shuttle, rental car and Metrorail bus services.

PUBLIC TRANSPORTATION

City of Fairfax City-University Energysaver Bus System

10455 Armstrong St., Room 200A
Fairfax, VA 22030 703-385-7859
www.fairfaxva.gov/government/public-works/transportation-division/cue-bus-system

The City of Fairfax City-University Energysaver bus system provides regularly scheduled, low-cost transportation services to George Mason University, to shopping centers and other locations within the City of Fairfax, and to the Vienna/Fairfax-GMU Metrorail station. Visit the CUE website for route and fare information.

Fairfax Connector

4050 Legato Road, Suite 400
Fairfax, VA 22033 703-339-7200
www.fairfaxcounty.gov/connector

Fairfax Connector is the largest local bus system in the Northern Virginia region, transporting approximately 30,000 passengers on 91 routes daily. Visit the website for information on routes and fares.

Fredericksburg Regional Transit

1400 Jefferson Davis Highway
Fredericksburg, VA 22401 540-372-1222
www.ridefred.com

FREDericksburg Regional Transit provides public transportation throughout the Fredericksburg region. FRED also has routes in Stafford and Spotsylvania County. Visit the website for more information on routes and fares.

Metro

600 Fifth St. NW
Washington, DC 20001 202-637-1328
www.wmata.com

Metro is the major public transit provider in the National Capital Region, serving Washington, D.C., Maryland and Virginia. The system includes a rail transit system, known as Metrorail; a bus system, known as Metrobus; and a paratransit service, known as MetroAccess. Metro has the third-largest heavy rail transit system and sixth-largest bus network in the U.S. Metrorail has 118 miles of track, with six rail lines, 91 stations and 1,144 railcars. Metrobus serves the nation's capital 24/7 with 1,500 buses. Metrorail and Metrobus serve a population of approximately 4 million within a 1,500-square-mile jurisdiction. For information on fares, routes and schedules, visit the Metro website.

OmniRide

14700 Potomac Mills Road
Woodbridge, VA 22192 703-730-6664
<https://omniride.com>

OmniRide is a public transportation agency in the Prince William area. OmniRide provides multiple travel options, including commuter and local bus services, carpools, vanpools and ridesharing. OmniRide also has a partnership with the instant carpooling (slugging) community. Visit the website for information on transportation services, schedules, fares and more.

VanGO

200 Baltimore St.
La Plata, MD 20646 301-645-0642
www.charlescountymd.gov/pgm/vango/vango

VanGO is a countywide transportation system for Charles County residents. Visit the website for information on fares and schedules.

Virginia Railway Express

1500 King St., Suite 202
Alexandria, VA 22314 800-743-3873
www.vre.org

The Virginia Railway Express provides commuter-oriented rail service from the Northern Virginia suburbs to Alexandria, Crystal City and downtown Washington, D.C., along the Interstate 66 and I-95 corridors. For more

information on fares and the VRE's service area, visit the website.

DRIVING AND COMMUTING

Prince William County, Fauquier County and the surrounding areas have multiple major interstates, U.S. highways and state routes. Major routes include Interstate 95, the main interstate highway on the East Coast, which runs from Miami, Florida, to Canada. In Virginia, I-95 travels through and to several major cities in Prince William, Stafford and Fairfax counties, including Springfield, Lorton, Woodbridge, Dale City, Dumfries, Triangle and Aquia Harbour. Interstate 395, in Fairfax County, is a spur route of I-95 that begins at an interchange with I-95 in Springfield and ends at an interchange with U.S. Route 50 in Washington, D.C. Interstate 495, also in Fairfax County, is known as the "Capital Beltway" and intersects I-95 in Springfield. I-495 surrounds Washington, D.C., and its inner suburbs in Maryland and Virginia.

Interstate 66 runs through Prince William, Fauquier and Fairfax counties. The east-west route ends in Washington, D.C., at an interchange with U.S. Route 29. I-66 is the only interstate highway traveling west from Washington, D.C., into Northern Virginia, so traffic is often heavy.

Another major route in Prince William County is U.S. Route 1, which mostly runs parallel with I-95.

In Charles County, U.S. Route 301 runs north to south and passes through Waldorf, St. Charles, White Plains, La Plata, Bel Alton and Newburg before crossing over the Potomac into Virginia via the Governor Harry W. Nice Memorial Bridge. The route passes through three of Maryland's four main regions: the Eastern Shore, the Baltimore-Washington Metropolitan Area and Southern Maryland.

The region is known for some of the worst congestion in the nation. Virginia and Maryland combat this traffic congestion and its associated travel woes with multiple ride-sharing, carpooling, van-sharing and slugging services. For more information on these commuting options, visit the Virginia and Maryland Department of Transportation websites at www.virginiadot.org/travel or www.mdot.maryland.gov/newMDOT/Commuter/Commuting. The

Department of Transportation websites also provide free, real-time traffic information and tools to help drivers plan their commutes. Visit www.virginiadot.org/travel/511.asp or <https://chart.maryland.gov>.

Departments of Motor Vehicles**Virginia Department of Motor Vehicles**

www.dmv.virginia.gov

The Virginia Department of Motor Vehicles issues driver's licenses, identification cards and vehicle registration and provide other driving-related services. Find many of the required forms, general information and drivers' manuals online.

Driver's Licenses

Military personnel and their spouses who are stationed in Virginia from elsewhere may continue to drive with a valid driver's license from their home state, but in general, all Virginia residents who want to drive must apply for a driver's license once residency is established.

Virginia spells out what is required for licensing under various scenarios in its driver manual, which can be downloaded at www.dmv.virginia.gov/drivers/#manual.asp.

Vehicle Registration

Applications associated with driving and vehicle registration are available online at www.dmv.virginia.gov/forms, including license application forms, requests for driving records and more.

Military members and veterans may be entitled to certain MVA and DMV exemptions and allowances. For more information on military and veteran exceptions and requirements, visit the Virginia DMV website.

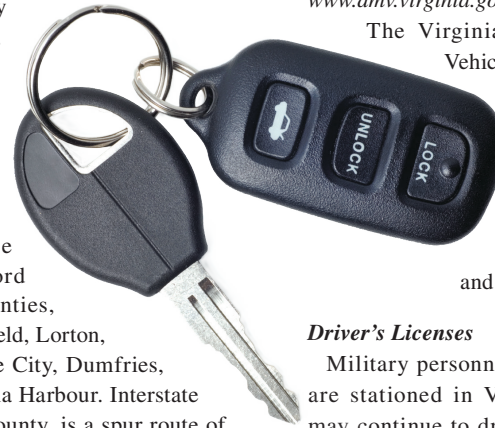
Distacted Driving

Texting while driving is illegal in Virginia, but Virginia does not prohibit drivers from making calls on handheld wireless telephones while operating a motor vehicle. Maryland and Washington, D.C., ban handheld cellphone use while driving.

Departments of Transportation

www.virginiadot.org

Visit the Virginia Department of Transportation website for interactive maps, information about road closures and travel advisories, to view live traffic cameras and even for bike maps.





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Housing & Real Estate

in Prince William and Fauquier counties

ACCESS TO NORTHERN VIRGINIA and the National Capital Region's abundant amenities contribute to a high quality of life in Prince William and Fauquier counties. According to 2019 U.S. Census Bureau estimates, 470,335 people called Prince William County home, and 71,222 people resided in Fauquier County. In 2010, population density in Prince William County was 1,195 people per square mile and 100.7 people per square mile in Fauquier County, the Census found.

Located in southern Prince William County and southeastern Fauquier County, Marine Corps Base Quantico's workforce population includes approximately 6,000 military members, 9,300 civilians, 4,000 contractors and 6,500 students (military, FBI, DEA, etc.). Many of these personnel members chose to reside in the local communities around the base. Additionally, more than 152,000 veterans live in the surrounding area.

PRINCE WILLIAM COUNTY

Prince William County is just 20 miles outside of Washington, D.C. Stafford County lies to

the south, Fauquier County to the west, Loudoun and Fairfax counties to the north, and the Potomac River to the east. The 336-square-mile county is home to historic locales like Manassas National Battlefield Park, as well as modern amenities like the Potomac Mills shopping center and the Jiffy Lube Live outdoor amphitheater. Outdoor lovers can explore Prince William Forest Park, kayak along the Occoquan River, fish at Leesylvania State Park or sail on the Potomac.

Several of the county's local neighborhoods have been included in CNNMoney's list of "Best Places to Live," and Prince William has been listed as one of the "100 Best Communities for Young People" for three consecutive years. For more information, check out the Prince William Chamber of Commerce website at <https://pwchamber.org>.

Median rent in Prince William County is \$1,675, and selected monthly owner costs of housing units with a mortgage are \$2,250. Mean travel time to work for those living in the county is about 40 minutes.

FAUQUIER COUNTY

Northwest of Prince William County is Fauquier County. The county's 651 square miles are bordered by Prince William and Stafford counties to the east; Warren, Rappahannock and Culpepper counties to the west; and Clarke and Loudoun counties to the north. Fauquier County was established in 1759 and is named for Francis Fauquier, lieutenant governor of Virginia at the time, who won the land in a poker game, according to legend. Today the county is part of the Washington metropolitan area and one of the fastest-growing and highest-income counties in the U.S.

Fauquier is known for its beautiful rolling land at the foothills of the Blue Ridge Mountains, its quaint towns and villages, Civil War history, horse farms and an abundance of wineries and vineyards. As a natural haven between the bustle of Northern Virginia and Washington, D.C., the county fancies itself at the heart of hunt and wine country. For more information, check out the Visit Fauquier tourism website at www.visitfauquier.com.



Find your home at:
LincolnMilitary.com
(866) 939-2066



**LINCOLN
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At Lincoln Military Housing, we take pride in making your home the best it can possibly be. From our on-call maintenance and support to the award-winning management team and community events, we go above and beyond to make your family feel at home in your home.



Median rent is \$1,255, and selected monthly owner costs of housing units with a mortgage are \$2,208. Mean travel time to work for those living in the county is about 40 minutes.

PLANNING YOUR MOVE

Relocating to a new home can be one of the most stressful situations in life. Whether moving across town or the nation, preparation and organization make all the difference.

For military moves, visit www.move.mil for information about moving resources and to learn about the allowances and responsibilities of a military-sponsored move.

Regardless of which method you choose, the first step should be to inventory your personal belongings. The list, with photographs of any valuables, will be important for both insurance purposes and to help keep you organized during transit.

Plan for one full day to pack each room — though the kitchen and garage may take longer. Make a rough estimate of your packing schedule and then add 50 percent more time. It always takes longer than predicted to pack. Toss or donate unused items to lighten your load. Visit www.goodwill.org, www.salvationarmyusa.org or www.clothingdonations.org for locations near you or to arrange a pickup.

BUYING VERSUS RENTING

The decision to buy or rent is the most important step in your relocation process. Purchasing a home entails a long-term financial and emotional commitment with various pluses and minuses. Advantages include the possibility of building equity and the freedom to design and decorate your property or landscape. And don't forget the tax benefits. Disadvantages include upkeep, property taxes and fluctuating property values.

Renting, on the other hand, makes moving easier and someone else maintains the property. Amenities such as laundry rooms, exercise rooms, swimming pools and tennis courts vary from one rental complex to another. The main disadvantage is a loss of control over the residence. Some complexes, for example, restrict or prohibit pets and personal touches such as painting. And the landlord or property managers can also raise the rent with proper notice.

To determine your best choice, account for all of your needs, review your financial situation and research your options thoroughly.

FINDING AN APARTMENT

Be prepared when you meet with the leasing agent, property manager or owner. Bring a list of what you are looking for in a rental; it is important to be clear about your needs and to get all of

your questions answered. You will also need to provide information and verification about your job, your income and your past rental history. Dress to make a good impression and treat the meeting like a job interview — be polite and arrive on time.

Use a written checklist with the landlord to document the condition of the rental before you move in, and keep a copy of the completed checklist to use when you move out.

Virginia renter rights and responsibilities can be reviewed at the Virginia Housing Development Authority's website at www.vhda.com/Renters/Pages/RenterRightsResponsibilities.aspx.

BUYING A HOME

Buying a home is a complex process and, as the recent housing crisis demonstrated, requires a thorough education on the part of the buyer. First, fully understand your financial position — credit score, available savings, monthly income and expenditures. Subtracting your expenditures from your income, for instance, will yield the amount you can afford for housing.

The counties' communities give newcomers plenty of choices when selecting a home. Enlist the help of a reputable real estate agent to help you sort through the area's home options. The Virginia Realtor website is a central source of local real estate information and assistance. Those interested in purchasing a new home can find the expertise and professional services they need at www.virginiarealtors.org.

State Programs

Virginia provides housing programs and incentives to help residents with home ownership. For more information, visit www.hud.gov/states and select "Virginia" from the list.

County Programs

Prince William and Fauquier counties provide housing programs and incentives to help residents with home ownership. Programs include financial assistance for rent, security deposits or mortgage payments; financial assistance to correct health and safety issues and increase energy efficiency in housing; counseling for budget, home ownership, rental and credit concerns; voucher programs; fair-market rental apartments and homes; and more. For more information, visit the Prince William County Housing and Community Development website at www.pwcgov.org/government/dept/housing, the Central VA Housing Coalition at <https://centralvahousing.org> and the Fauquier County Department of Community Development at www.fauquiercounty.gov/government/departments-a-g/community-development.



U.S. MARINE CORPS PHOTO



Employment & Economy

to Prince William and Fauquier counties

NORTHERN VIRGINIA AND THE National Capital Region are major centers for U.S. and foreign commerce. The area is home to our nation's government, as well as national and international corporate headquarters. Major industries include government contracting, defense electronics, information technology, data centers, cybersecurity, biotechnology, bioinformatics and other technology-based businesses. Northern Virginia is known as the nation's Cyber Capital, with the highest concentration of bandwidth in the world. Other major industries in the area include health care, tourism, food and beverage processing, and manufacturing. The manufacturing sector in Virginia is diverse: advanced materials, aerospace, automotive and wood product manufacturers can all be found in the commonwealth.

Major industries in Maryland's Charles County include government, retail trade, accommodation and food service, health care and social assistance, and construction.

The entire region benefits from a highly educated workforce, and many institutes of higher

learning are found in Prince William and Fauquier counties. Combine all this with robust infrastructure and transportation systems, and it's easy to see why the economy is thriving in this region. Prince William and Fauquier counties, in particular, are among the wealthiest counties in the nation, with median household incomes exceeding \$100,000. Median household income is \$103,445 in Prince William County and \$97,469 in Fauquier County, according to the U.S. Census Bureau.

For more information on the region's economy, visit the Virginia Economic Development Partnership at www.vedp.org.

Marine Corps Base Quantico

Military installations are major economic contributors to local economies, and Marine Corps Base Quantico is no exception. According to Quantico's 2017 regional economic impact data, the total economic impact of the base was approximately \$4.82 billion. Of this figure, payroll for the 43,331 jobs supported by the base (25,862 direct jobs and 17,469 indirect jobs) was more than \$3.9 billion. State and local tax revenue

accounted for \$152.2 million. Local off-base school districts benefitted from \$1.41 million of Federal Impact Aid, which goes to districts that enroll students of military and civilian personnel.

For more information, visit www.quantico.marines.mil.

EMPLOYMENT RESOURCES

National Resources

At the national level, websites such as www.linkedin.com, www.monster.com, www.careerbuilder.com and www.indeed.com have extensive search capabilities as well as resume tips, forum support and professional networking options.

The National Military Spouse Network, a networking, mentoring and professional development organization, has a wealth of career information at its website, www.nationalmilitaryspousenetwork.org. The group aims to help military spouses build a meaningful, sustained career path and offers a library of articles that touch on topics like entrepreneurship, resume tips, self-promotion and more as well as a membership-only discussion



forum. The organization also features companies that are military spouse-owned or military spouse-friendly on its Homefront Business Listings page.

Local Resources

Maryland Department of Labor

500 N. Calvert St.
Baltimore, MD 21202 410-230-6241
www.dlir.state.md.us

The Maryland Department of Labor supports the economic stability of the state by providing businesses, the workforce and the consuming public with high-quality, customer-focused regulatory, employment and training services. Visit the website for information on unemployment, licensing, training programs, job seeker services and more.

Virginia Employment Commission

703 E. Main St.
Richmond, VA 23219 866-832-2363
www.vec.virginia.gov

The Virginia Employment Commission promotes economic growth and stability by delivering and coordinating workforce services. Services include policy development, job placement, temporary income support, workforce information, and transition and training services. Visit the website for employment resources and information on how to connect with potential employers, search for jobs and find training opportunities.

Virginia and Maryland State Careers

<http://jobs.virginia.gov>
<https://dbm.maryland.gov/jobseekers/Pages/jobseekersHome.aspx>

Employment opportunities with Virginia and Maryland are posted online. Search by category, department or location then apply online.



WWW.STOCKPHOTO.COM/BEN BLANKENBURG

Prince William County

1 County Complex Court, Suite 155
Woodbridge, VA 22192 703-792-6640
www.pwcgov.org/pages/careers.aspx

Information on Prince William County careers is available online. Visit the website for information on benefits, volunteer opportunities and open positions.

Fauquier County

320 Hospital Drive, Suite 34
Warrenton, VA 20186
540-422-8300
www.fauquiercounty.gov/government/departments-h-z/human-resources

Fauquier County lists jobs openings, job descriptions, pay scales and more on its website. Apply to current openings through the website.

Stafford County

1300 Courthouse Road, third floor
Stafford, VA 22554 540-658-8628
<https://staffordcountyva.gov/1742/Employment>

Stafford County's employment website links to job opportunities for the county and Stafford County Public Schools. Visit the website to see current openings and to apply online.

Fairfax County

12000 Government Center Parkway, Suite 270
Fairfax, VA 22035 703-324-3311
www.fairfaxcounty.gov/topics/jobs

Careers in Fairfax County are listed online. Visit the county's jobs website for information on current openings, application guidelines and an overview of the hiring process.

Charles County

200 Baltimore St.
La Plata, MD 20646 301-645-0600
www.charlescountymd.gov/hr/recruitment/recruitment

Job opportunities in Charles County are listed online. The website also has an online job interest card so you can be notified when an opportunity in your field is advertised.

JOB-SEEKER TIPS

Always keep your resume up-to-date and have several versions that target specific industries and highlight your skills that fit their job descriptions.

Compile several reference lists with a good variety of people and former business associates. Be sure to first ask each if you can use them as references.

Compose a comprehensive, catchy and succinct cover letter of no more than a page (this is no place to ramble). It will introduce you and your desire to work for the company.

Maintain a positive, professional and broad-based presence on social media such as

Facebook and LinkedIn; almost all employers search social media sites to vet job candidates, and your absence there will raise red flags. Also be aware that images and comments posted spur-of-the-moment can be searched out forever and come back to haunt you.

Be prepared for an interview at any time. When you submit your application, a supervisor may want to talk immediately, or the phone may ring with a call from a hiring director. Compose — and rehearse — your one-minute self-promotional speech on who you are, an achievement or two and your strengths. It's not vanity to make a good first impression. If a supervisor wants to know why she should hire you, be ready.

CIVILIAN OPPORTUNITIES

Federal Jobs

Visit www.usajobs.gov to search for Department of Defense jobs at MCB Quantico. Additional information on federal jobs and employment with MCB Quantico can be found at Headquarters Marine Corps' Human Resources and Organizational Management website at www.hqmc.marines.mil/hrm.

NAF Jobs

For information about service jobs, including openings in lodging, child care, recreation areas and more, visit <https://quantico.usmc-mccs.org/naf-human-resources>.

Exchange and MCCS Jobs

For base exchange and other Marine Corps Community Services jobs, visit the MCCS Civilian Careers page at <https://careers.usmc-mccs.org>.

SELF-EMPLOYMENT

Virginia and Maryland Small Business Development Centers

The Virginia Small Business Development Center offers small business resources and workshops for those looking to start a business. Visit www.virginiasbdc.org. To find a center near you, select "Locations" from the websites' homepages.

Small Business Resources

www.usa.gov/business

Learn the steps to start and grow a small business at USA.gov's Small Business website. The platform features hand-picked government websites helpful to small business owners. Learn about business taxes and incentives, financing a business, importing and exporting, federal government contracting, state business resources and more. The website also provides information on a wide range of programs and services to help veterans, women, minorities and the economically disadvantaged start or grow a business.



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Health Care

in Prince William and Fauquier counties

THERE ARE MANY HEALTH care services in Prince William and Fauquier counties for military, civilians and veterans. Visit www.healthcare.gov for information on open enrollment for health care coverage under the national Affordable Care Act. The Enroll Virginia website provides information and helpful resources on the ACA health insurance marketplace and enrollment. Visit www.enrollva.org for more information.

See the Military Buyer's Guide to connect with local hospitals and medical centers, health care centers and health care providers.

COMMUNITY HEALTH CARE CLINICS AND RESOURCES

A community health center or clinic is customarily the place to go for those who have no health insurance or have limited income or ability to pay medical fees. Such clinics accept most insurance and provide affordable, comprehensive health care by well-trained, professional staff. They also serve those who are uninsured and underinsured, and most are open to making

sliding scale payment arrangements based on income and family size.

For a list of community health centers in Virginia, visit the Virginia Community Healthcare Association website at <https://vacommunityhealth.org>.

DENTAL CARE

The Virginia Dental Association website, www.vadental.org, is a useful place to start in finding a dentist on its roster lists. On the VDA homepage, select "Find a Dentist" from the "For Our Patients" drop-down menu. You can also seek referrals from people you know who've had dental care in the area.

The Virginia Department of Health's Dental Health Program can give you tips for oral health and low-cost dental care. Visit its website at www.vdh.virginia.gov/oral-health.

FINDING A LOCAL DOCTOR

Before you arrive at your new assignment, you can check the Virginia Department of Health Professions website at www.dhp.virginia.gov. This site provides roster lists so you can search for

providers by type, location or name. This should give you a preview of the local medical practitioners as well as where you might need to go for specialized care.

Personal referrals from friends or other medical personnel can add to your options.

You can check a doctor's certification at the American Board of Medical Specialties at www.abms.org. To see if anyone has registered a complaint or taken disciplinary action against the doctor, visit the Virginia Department of Health Professions website at www.dhp.virginia.gov.

Treat finding a doctor as seriously as looking for a new job or a new home. You want to be comfortable with the person who will see you while you are most vulnerable.

FOR VETERANS

Veterans in Prince William and Fauquier counties are served within Veterans Integrated Service Network 5 — the VA Capitol Health Care Network and Veterans Integrated Service Network 6 — the Mid-Atlantic Healthcare Network, with the nearest major medical center in

Washington, D.C., about 40 miles from Marine Corps Base Quantico. VISN 5 serves veterans within Maryland, the District of Columbia and West Virginia, and portions of Virginia, Pennsylvania, Ohio and Kentucky. VISN 6 serves veterans in North Carolina and Virginia. The closest community outpatient clinic to MCB Quantico is in Fredericksburg.

Washington DC VA Medical Center

50 Irving St. NW
Washington, DC 20422 202-745-8000
www.washingtondc.va.gov

The Washington DC VA Medical Center provides comprehensive primary and specialty care in medicine, surgery, neurology and psychiatry. An adjacent community living center provides veterans with geriatric long-term care, hospice and palliative care. The center is also home to the VISN 5 Polytrauma Network Site and Polytrauma Amputation Network Site and ensures the coordination of lifelong rehabilitation services to veterans with brain injuries and limb loss, as they progress from acute care to their homes.

The following is a list of community-based outpatient clinics near MCB Quantico that are part of the Washington DC VA Medical Center and the Hunter Holmes McGuire VA Medical Center in Richmond. For a full list of clinics, vet centers and other facilities, go to www.washingtondc.va.gov and www.richmond.va.gov.

Fort Belvoir VA Clinic
9300 Dewitt Loop
Fort Belvoir, VA 22060 571-231-2408

Fredericksburg VA Clinic
130 Executive Center Parkway
Fredericksburg, VA 22401 540-370-4468

Fredericksburg 2 VA Clinic
10401 Spotsylvania Ave., Suite 300
Fredericksburg, VA 22408 540-693-3140

Department of Veterans Affairs
16 Francis St., fourth floor
Annapolis, MD 21401 410-260-3838
<https://veterans.maryland.gov>
101 N. 14th Street, 17th floor
Richmond, VA 23219 804-786-0286
www.dvs.virginia.gov

VA Suicide Hotline 800-273-8255

Virginia's Department of Veterans Services and Maryland's Department of Veterans Affairs

improve the quality of life for veterans, military and their families by increasing awareness and access to appropriate federal, state and local resources.

There are several service officers in Prince William and Fauquier counties who help navigate the maze of VA services and programs. Veterans can find assistance at the following offices:

Charlotte Hall Service Program Office
29431 Charlotte Hall Road, Room 211
Charlotte Hall, MD 20622 240-577-7083

Fairfax Benefits Field Office
9990 Fairfax Blvd., Suite 120
Fairfax, VA 22030 703-359-1210

Fort Belvoir Benefits Office
9625 Middleton Road, Building 1189
Fort Belvoir, VA 22060 703-704-5795

Fredericksburg Benefits Office
10300 Spotsylvania Ave.
Lee Hill Building 1, Suite 290
Fredericksburg, VA 22408 540-376-7298

Manassas Benefits Office
9300 W. Courthouse Road
Manassas, VA 20110 703-479-7437

Quantico Benefits Field Office
MCB Quantico Education Center
3089 Roan St.
Quantico, VA 22134 703-630-2810

Springfield Benefits Office
6564 Loisdale Court
Springfield, VA 22150 703-417-9090

HOSPITALS AND MEDICAL CENTERS

Because emergencies can happen without warning, it is prudent to know where to go when they happen. Saving minutes in a crisis can mean saving a life. Knowing what services are available, and where, can make all the difference. Visit the following websites for more information on local hospital and medical center services.

Fort Belvoir Community Hospital
9300 DeWitt Loop
Fort Belvoir, VA 22060 571-231-3224
<https://tricare.mil/mtf/BelvoirHospital>

Haymarket Medical Center
15225 Heathcote Blvd.
Haymarket, VA 20169 571-284-1000
www.novanthealthuva.org

Inova Children's Hospital
3300 Gallows Road
Falls Church, VA 22042 703-776-4002
www.inovachildrens.org

Inova Emergency Rooms
4315 Chain Bridge Road
Fairfax, VA 22030 703-877-8200
9321 Sanger St.
Lorton, VA 22079 703-982-8324
www.inova.org/our-services/emergency-services/emergency-locations

Inova Fair Oaks Hospital
3600 Joseph Siewick Drive
Fairfax, VA 22033 703-391-3600
www.inova.org/locations/inova-fair-oaks-hospital

Inova Fairfax Medical Campus
3300 Gallows Road
Falls Church, VA 22042 703-776-4001
www.inova.org/locations/inova-fairfax-medical-campus

Lee's Hill Medical Plaza Emergency Department
10401 Spotsylvania Ave., Suite 103
Fredericksburg, VA 22408 540-741-0555
www.marywashingtonhealthcare.com

Mary Washington Hospital
1001 Sam Perry Blvd.
Fredericksburg, VA 22401 540-741-1100
www.marywashingtonhealthcare.com

Prince William Medical Center
8700 Sudley Road
Old Town Manassas, VA 20110 .. 703-369-8000
www.novanthealthuva.org

Reston Hospital Center
1850 Town Center Parkway
Reston, VA 20190 703-689-9000
<https://restonhospital.com>

Sentara Lake Ridge
12825 Minnieville Road
Woodbridge, VA 22192 703-523-9800
www.sentara.com

Sentara Northern Virginia Medical Center
2300 Opitz Blvd.
Woodbridge, VA 22191 703-523-1000
www.sentara.com

Stafford Hospital
101 Hospital Center Blvd.
Stafford, VA 22554 540-741-9000
www.marywashingtonhealthcare.com

Fauquier Health
500 Hospital Drive
Warrenton, VA 20186 540-316-5000
www.fauquierhealth.org





U.S. MARINE CORPS PHOTO

Family Resources

in Prince William and Fauquier counties

PICKING UP FROM ONE place and moving to another is always a hassle, especially when kids and pets are involved. Knowing whom to call or where to find information can help make the transition easier.

American Red Cross

www.redcross.org

The Red Cross helps members of the military, veterans and their families prepare for, cope with, and respond to, the challenges of military service.

The American Red Cross offers confidential services to all members of the military, veterans, and their families by connecting them with local, state and national resources through the network of chapters in communities across the United States and offices on military installations worldwide.

Local Red Cross offices develop and maintain relationships with key community partners. Military families rely on the Red Cross to help them identify their needs and connect them to the most appropriate Red Cross and community

resources. This key Red Cross service includes responding to emergency needs for food, clothing, and shelter, referrals to counseling services (e.g., financial, legal, mental health), respite care for caregivers, and other resources that meet the unique needs of local military members, veterans and their families.

The American Red Cross Emergency Communications Center is available to help 24/7. Call 877-272-7337 or submit an online request at <https://saf.redcross.org/css>.

Armed Services YMCA

www.asymca.org

The ASYMCA is made up of 13 branches and about 20 affiliate locations at local Y's and on some DOD facilities across the U.S.

It makes military life easier by providing programs and services to the young men and women of all five armed services: Army, Marine Corps, Navy, Air Force and Coast Guard.

ASYMCA programs, services and events are designed to help the family come together, stay together and have the ability to adjust, bounce

back and thrive wherever the services send them — with a particular focus on junior-enlisted men and women, the individuals on the front lines of defending our nation. Programs are offered at low cost and require no dues or membership fees.

Signature programs include: Angels of the Battlefield Awards Gala, Art and Essay Contest, Military Family Month, Operation Hero, Operation Holiday Joy, Operation Kid Comfort, Operation Outdoors, Operation Ride Home, Parent and Me, Teddy's Child Watch and YMCA/DOD Military Outreach Initiative.

Find ASYMCA locations by visiting www.asymca.org/locations.

Child Care Aware

www.childcareaware.org

Improving access to affordable, quality child care is one of Child Care Aware of America's top goals. Search the site's "State by State Resources" to connect with national organizations and associations that provide information for families regarding child development, parenting, and child care concerns and questions.



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The site has information on the different types of child care and how to choose the right child care for your family. Financial resources include budgeting templates and information on federal and state fee assistance. There’s also a special section for military and DOD families with links to military child care fee assistance. To speak with a specialist about military and DOD child care programs, call 800-424-2246, option 6.

Military OneSource

www.militaryonesource.mil

Military OneSource is your central hub and go-to-place for the military community. Get to know your benefits and prepare for the big stuff — deployments, reintegration, moves, parenthood, retirement and more. Browse by topic or search for that strangely specific question you want to know the answers to. No matter where military life takes you, with Military OneSource you will always be in the loop.

Operation Homefront

www.operationhomefront.org

Operation Homefront assists military families during difficult financial times by providing food assistance, auto and home repair, vision care, travel and transportation, moving assistance, essential home items, and rent-free transitional housing for wounded veterans and their families.

Helping military families gain long-term stability is a specific concern for Operation Homefront. Homes on the Homefront awards mortgage-free homes, impacting veteran families for generations to come. The caregivers for wounded warriors also need help and that is why Hearts of Valor was formed.

Operation Homefront’s annual gala recognizes extraordinary military kids. The organization also hosts multiple Homefront Celebrations, Star-Spangled Baby Showers, Back-to-School Brigades and Holiday Meals for Military events each year to show appreciation to military spouses.

Visit Operation Homefront online for more information.

United Service Organization

www.uso.org

Since 1941, the USO has kept our military men and women connected to their families, home and country no matter where they are or under what conditions they serve. Programs for military families include Couples Seminars: Stronger Families, Comfort Crew for Military Kids, Operation That’s My Dress, United Through Reading, Baby Showers: USO and What to Expect Present Special Delivery and The Sesame Street/USO Experience.

The USO also provides transition services to support Americans’ return to civilian life after completing their military service. For more information, go to www.uso.org/programs/uso-pathfinder.

Visit the USO’s website to find a location near you.

Virginia Department of Social Services

Prince William County Offices

7987 Ashton Ave., Suite 200
Old Town Manassas, VA 20109 ... 703-792-7500
15941 Donald Curtis Drive, Suite 180
Woodbridge, VA 22191 703-792-7500
www.pwccgov.org/government/dept/socialservices

Fauquier County office

320 Hospital Drive, Suite. 11
Warrenton, VA 20186..... 540-422-8400
www.fauquiercounty.gov/government/departments-h-z/social-services

The Virginia Department of Social Services, www.dss.virginia.gov, is one of the largest Commonwealth agencies, partnering with 120 local departments of social services, along with faith-based and nonprofit organizations, to promote the well-being of children and families statewide. The department serves alongside state and local human services professionals throughout the social services system, who



ensure that thousands of Virginia’s most vulnerable citizens have access to the best services and benefits available to them.

The department’s local county offices offer many services to those in need. Economic assistance is given in the form of energy assistance, food stamps and medical assistance. Family and children services include child support resources, child and vulnerable adult protective services, foster care and adoption placement services, and education and prevention activities for at-risk families.

Visit the department websites for more information on services and programs.

PETS

Moves are stressful for everyone — including the family pet. Pets can sense stress and a change in routine can be difficult for them. If possible, keep your pets in a quiet, secure area while movers pack up or unload your belongings. Movers will have your door open while they move boxes and furniture, and a pet may slip out the door undetected. Make sure you keep a collar with an ID tag on your pet at all times. Ensure the tag has your current phone number on it. It is also a good idea to microchip your pets. Remember to keep the microchip’s contact information up to date. If your pet escapes during any part of your move, you want the animal shelter that scans the chip to be able to contact you.

In Virginia, your pet faces new outside dangers, among them three species of venomous snakes — copperheads, timber rattlesnakes and water moccasins, commonly referred to as cottonmouths. Keep your dog on a short leash in wooded areas, especially if it starts sniffing or pawing the ground.

Animal Services

Virginia Department of Game & Inland Fisheries
Wildlife conflict 855-571-9003
www.dgif.virginia.gov

The Virginia Department of Game & Inland Fisheries is responsible for the management of inland fisheries, wildlife and recreational boating for Virginia. The website offers tips about living with many of the wildlife species in Virginia.

Prince William County Animal Services
Animal Control 703-792-6500

Fauquier County Animal Control
78 W Lee St.
Warrenton, VA 20186..... 540-347-3300
www.fauquiercounty.gov/government/departments-h-z/sheriff-s-office/divisions/animal-control

The Animal Control division responds to calls involving owned, stray, injured, at-large and neglected animals. Other services include bite

reports, license violations, humane investigations and other animal-related calls.

Animal Shelter
14807 Bristow Road
Manassas, VA 20112 703-792-6465
www.pwcgov.org/government/dept/police/animalcontrol

The Prince William County Police Department’s Animal Control Bureau is responsible for enforcing animal welfare laws, conducting animal education seminars and operating the animal shelter. Animal control officers enforce county and state animal care and control laws, investigate complaints of animal cruelty and neglect, quarantine animals that have bitten humans, provide 24-hour service for injured animals and other animal emergencies, provide public education on animal laws and animal care in disasters, and remove stray animals from streets and public areas.

The animal shelter provides dog licensing, animal shelter and adoption services, and shelter veterinary care.

Pets for Patriots

<https://petsforpatriots.org>

Pets for Patriots’ vision is to end animal homelessness in the United States while giving our military veterans and their families the greatest “thank you” of all: the extraordinary love of a companion pet. It makes this happen through its nationwide shelter and veterinary networks, military and veteran organizations, and a public that values the lives of both the vulnerable and heroic among us.

To learn more about adopting a pet, visit <https://petsforpatriots.org/adopt-a-pet/how-it-works>.

Veterinary Services

Veterinary services in Prince William and Fauquier counties are plentiful; see the Military Buyer’s Guide to connect with local providers. Another source for connecting with a veterinarian is the Virginia Veterinary Medical Association website www.vvma.org.



COURTESY PHOTO



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Education & Academics

in Prince William and Fauquier counties

FINDING THE RIGHT SCHOOLS and educational opportunities for each family member is an important part of any move. This chapter outlines Prince William and Fauquier counties' public schools systems, private schools, charter schools and home schooling criteria, as well as local libraries and higher education institutions. To be enrolled in kindergarten in a Virginia school, a child must be at least 5 years old by Sept. 30 of the school year. Those wishing to register their child in school should bring the following to the school office: a birth certificate or other proof of the child's age, and the child's previous school records and immunization records. For more details on Virginia's minimum vaccine requirements for students in grades K-12, visit the Virginia Department of Education website at www.doe.virginia.gov. Check with the school for additional requirements.

Virginia is one of only a handful of states to reject Common Core Standards that provide a consistent set of educational expectations in the majority of other states, the District of Columbia, Guam, American Samoa, the

Northern Mariana Islands, the U.S. Virgin Islands and the Department of Defense Education Activity. Instead, the commonwealth has developed the Virginia Standards of Learning (the SOLs) — standards it believes to be superior to Common Core standards. Visit www.doe.virginia.gov/testing/common_core/index.shtml for more information.

Choosing a School

Choosing the right school is very important, so be sure to research each one before deciding. Contact the school by phone or by visiting its website, which is a valuable source to learn about a school district's statistics and curriculum. Talk to people in the area, especially friends and colleagues who already live there.

If the school shows promise, schedule a visit and bring a list of written questions about student-teacher ratios, computer availability, extracurricular activities, sports programs, music programs, gifted programs and grading standards.

Discuss the potential school with your child: what they liked and what they didn't like. Your

family's ability to readily adapt to a move and to find happiness in your new home may depend, in part, on how happy your children are in their new school.

CHARTER SCHOOLS

Charter schools are public schools of choice that are tuition-free, serve all students and have open enrollment. For more information or a list of charter schools in Virginia, visit the Virginia Department of Education's website at www.doe.virginia.gov/instruction/charter_schools.

HOME SCHOOLING

For an introduction to home schooling in Virginia, visit the Virginia Department of Education's website at www.doe.virginia.gov/families/private_home. This website provides information on home-school rules and regulations in Virginia.

The Organization of Virginia Homeschoolers
<https://vahomeschoolers.org>

The Organization of Virginia Homeschoolers promotes and protects the interests of Virginia

homeschoolers through legislative work, assistance to individual homeschoolers, and by providing information, speakers, events and resources.

PRIVATE SCHOOLS

To search for local private schools in Virginia, visit the National Center for Education Statistics website and use the private school search tool at www.nces.ed.gov/surveys/pss/privateschoolsearch. Users may search by location, religious affiliation, school type and more.

PUBLIC SCHOOLS

Fauquier County Public Schools

320 Hospital Drive, Suite 40
Warrenton, VA 20186..... 540-422-7000
www.fcps1.org/domain/71

Fauquier County public schools are committed to developing creative, confident and knowledgeable citizens who are globally competitive by cultivating the potential of each learner.

Because of its proximity to Washington, D.C., the Fauquier County school district has seen consistent growth rates in the past 10 years. Currently, about 11,287 students are served in throughout 11 elementary schools, five middle schools, three high schools and one alternative learning school.

Prince William County Public Schools

14715 Bristow Road
Manassas, VA 20112..... 703-791-7200
www.pwcs.edu

Prince William County Public Schools offer academic specialty programs at the elementary, middle and high school levels. Three years in a row, Prince William County ranked among the Nation’s 100 Best Communities for Young People by America’s Promise Alliance and ING. “The Washington Post” High School Challenge ranked PWCS high schools among the top 9% in the nation. PWCS is the second-largest school division in Virginia, with a total enrollment of approximately 91,500 students.

UNIVERSITIES AND HIGHER EDUCATION

Prince William and Fauquier counties offer plenty of opportunity for continuing education. The Marine Corps Base Quantico Voluntary Education Center provides academic advising to help service members and their families choose adult education coursework at local schools and online. Use the following contact information to start your search for the school that is right for you.

Averett University

3089 Roan St.
Quantico, VA 22134..... 800-283-7388
www.averett.edu

Capital College

1980 Gallows Road
Tysons, VA 22182 703-356-9898
www.capitalcollegeva.com

Central Texas College

3089 Roan St., Wing C, Room 7C
Quantico, VA 22134..... 703-630-0111
www.ctcd.edu/locations/other-us-locations/mcb-quantico

College of Southern Maryland

8730 Mitchell Road
La Plata, MD 20646..... 301-934-2251
www.csmd.edu/about/locations/la-plata-campus

Eastern Virginia Career College

10304 Spotsylvania Ave., Suite 400
Fredericksburg, VA 22408 540-373-2200
<http://evcc.edu>

Embry-Riddle Aeronautical University and Microsoft Software & Systems Academy

3089 Roan St, Room 1B
Quantico, VA 22134..... 571-406-6845
<https://worldwide.erau.edu/locations/quantico>

Florida Institute of Technology

3089 Roan St.
Quantico, VA 22134..... 703-630-1300
www.fit.edu/education-centers/locations/national-capital-region-va

George Mason University

4400 University Drive
Fairfax, VA 22030..... 703-993-1000
www2.gmu.edu

Germanna Community College

42 Blackjack Road
Fredericksburg, VA 22405 540-834-1978

124 Old Potomac Church Road
Stafford, VA 22554..... 540-834-1990

1325 Central Park Blvd.
Fredericksburg, VA 22401 540-891-3070

10000 Germanna Point Drive
Fredericksburg, VA 22408 540-891-3000
www.germanna.edu



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Ivy Christian College

9401 Mathy Drive
Fairfax, VA 22031 703-425-4143
www.ivy.edu

MCB Quantico Voluntary Education Center

3088 Roan St.
Quantico, VA 22134..... 703-784-3340
<https://quantico.usmc-mccs.org/index.cfm/marine-family/personal-professional-development/voluntary-education-center-vec>

Northern Virginia Community College

1821 Michael Faraday Drive
Reston, VA 20190 703-323-3000
2645 College Drive
Woodbridge, VA 22191..... 703-323-3000
3088 Roan St., Room 17
Quantico, VA 22134..... 703-640-6303
6699 Springfield Center Drive
Springfield, VA 22150..... 703-323-3000
10950 Campus Drive,
Manassas, VA 20109 703-323-3000
www.nvcc.edu

Old Dominion University

3089 Roan St., Wing A
Quantico, VA 22134..... 703-630-2226
<https://online.odu.edu/partners/quantico-marine-corps-base>

Park University

3088 Roan St.
Quantico, VA 22134..... 703-525-7275
<https://military.park.edu/location/park-university-in-quantico-va>

Stratford University

7777 Leesburg Pike
Falls Church, VA 22043 703-810-3852
14349 Gideon Drive
Woodbridge, VA 22192..... 703-810-7541
www.stratford.edu

University of Mary Washington

1301 College Ave.
Fredericksburg, VA 22401 540-654-1000
www.umw.edu

**University of Maryland
Global Campus**

3089 Roan St., Wing D
Quantico, VA 22134..... 703-630-1543
www.umgc.edu/locations/marine-corps-base-quantico.cfm

University of the Potomac

7799 Leesburg Pike, Suite 200
Falls Church, VA 22043 888-635-1121
<https://potomac.edu/locations/virginia-university>

LIBRARIES

Public libraries in Prince William and Fauquier counties offer learning, recreation, distance education, internet connections and other resources for users — all for free. In addition, school libraries that support the curriculum and offer internet access and other resources are in most public and private schools, and academic and special libraries are found in colleges and universities. The Library of Virginia, www.lva.virginia.gov supports libraries

in Virginia and Maryland with resources and other assistance.

For a full list of libraries in Virginia, visit the Library of Virginia website.

**Central Rappahannock
Regional Library**

www.librarypoint.org

The Central Rappahannock Regional Library serves Fredericksburg, Stafford, Spotsylvania and Westmoreland with 10 branches. Get information about services, hours and events by visiting the branches' websites.

Prince William Public Library System

www.pwc.gov/government/dept/library

The Prince William Public Library System's 11 branches serve Prince William County, Manassas City and Manassas Park City with free education, information and entertainment services. Visit the website for more information on library events and resources.

Fauquier Public Library

11 Winchester St.
Warrenton, VA 20186..... 540-422-8500
<https://fauquierlibrary.org>

The Fauquier Public Library is the hub of the community. Its three locations connect residents to resources, services and experiences that educate, enrich and inspire. Visit the system's website for locations, hours and more information.

EDUCATION LINKS

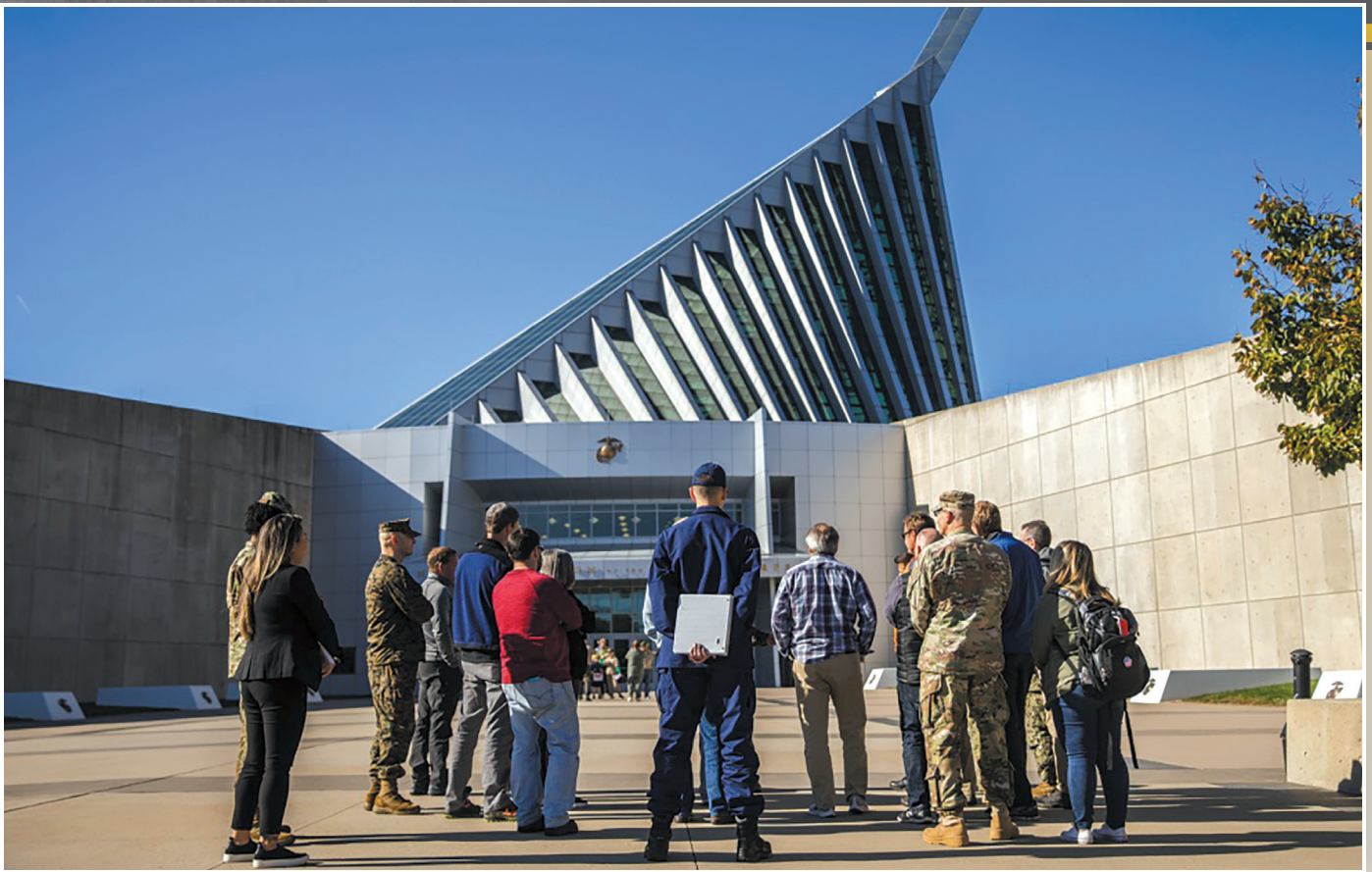
Find resources to help your student achieve academic success at these websites:

- **Virginia Department of Education:**
www.doe.virginia.gov
- **Virginia PTA:**
www.vapta.org
- **Reading is Fundamental:**
www.rif.org
- **U.S. Department of Education:**
www2.ed.gov/parents

Military Child Education Coalition: Ensures quality educational opportunities for all military children affected by mobility, family separation and transition. Visit www.militarychild.org for information on programs and resources.

Tutor.com: Eligible students and service members in U.S. military families around the world can work one-to-one with an expert tutor online 24/7. Get free help with homework, studying, test prep and proofreading in more than 40 subjects. Visit <http://military.tutor.com>.





Living

in Prince William and Fauquier counties

EXPLORE HISTORIC SITES THAT tell the story of our nation's founders, for instance, or take in a show at the John F. Kennedy Center for the Performing Arts. Don't miss the Marine Corps Marathon, one of the largest marathons in the world, or thousands of twinkling lights at the Bull Run Festival of Lights or Meadowlark's Winter Walk of Lights. And be sure to check out the National Museum of the Marine Corps.

Prince William and Fauquier counties are chock-full of entertaining activities.

ANNUAL EVENTS

Residents of Prince William and Fauquier counties have dozens of annual events, festivals and community gatherings at their fingertips.

Celebrate Fairfax

www.celebratefairfax.com

Northern Virginia's largest communitywide celebration takes place in June at the Fairfax County Government Center. The three-day Celebrate Fairfax festival hosts tens of thousands of visitors at a 25-acre site with more than

300 exhibitors, food vendors and interactive activities. Enjoy live concerts, a petting zoo, a karaoke championship, carnival rides, fireworks and more.

Cox Farms Fall Festival

<https://coxfarms.com/fall-festival>

Family-owned and operated since 1972, the Cox Farms Fall Festival is the largest and most famous fall event in the region. Family-friendly entertainment and attractions include music, slides, swings, animals, hayrides and more.

Fort Belvoir Oktoberfest

<https://belvoir.armymwr.com/programs/oktoberfest>

Located at Fremont Field on Fort Belvoir, Oktoberfest is a four-day festival that highlights authentic German cuisine, beverages, music and dancing. The festival features a carnival, Volks-march 10K walk and more.

George Washington Whiskey Festival

www.mountvernon.org

In November, enjoy some of the finest spirits from Virginia craft distillers and other famous

whiskey producers at the George Washington Whiskey Festival. Meet celebrated distillers and learn more about George Washington's whiskey operations at Mount Vernon.

Holiday Light Shows in Fairfax County

www.fxva.com/events/holiday-light-shows

Celebrate the holidays with a beautiful light show at the Bull Run Festival of Lights or Meadowlark's Winter Walk of Lights. Centreville's Bull Run Festival of Lights features 2.5 miles of holiday light displays, rides, refreshments and visits with Santa. Meadowlark Botanical Gardens in Vienna features a stunning half-mile, animated walk of lights and refreshments.

Marine Corps Marathon

www.marinemarathon.com

One of the largest marathons in the world, the Marine Corps Marathon is held in Arlington and the nation's capital. The route takes runners through some of the nation's most recognizable landmarks. It is the largest marathon in the world that doesn't offer prize money, earning its nickname "The People's Marathon." It has been voted

“Best Marathon in the Mid Atlantic,” “Best Marathon for Charities” and “Best Spectator Event.”

The MCM also offers other challenges and unique experiences throughout the year with events hosted aboard Marine Corps Base Quantico and throughout Arlington County, Fredericksburg and Prince William County. For more information on the 17.75k, the Belleau Wood 8k, the Recon Ruck, the Run Amuck mud and obstacle event, the Quantico Tri and other events, visit the website.

ARTS

Artistic opportunities from theater to music to dance and more are no strangers to Prince William and Fauquier county residents.

Hylton Performing Arts Center

10960 George Mason Circle
Manassas, VA 20110 703-993-7759
www.hyltoncenter.org

The Hylton Performing Arts Center is a world-class home for arts and entertainment at George Mason University’s Science and Technology Campus. The venue features two theaters, the Didlake Grand Foyer and an art gallery. Merchant Hall’s 1,123 seats are all within 85 feet of the stage, providing an up-close feel and a spectacular sound experience. The Gregory Family Theater is a flexible space with custom seating arrangements for up to 240 people. Visit the website for information on upcoming performances and events.

Indian Head Center for the Arts

4185 Indian Head Highway
Indian Head, MD 20640 301-743-3040
www.indianheadblackbox.com

The Indian Head Center for the Arts and its Black Box Theater provide a broad spectrum of performing arts programs. The 80-seat Black Box Theater hosts musical and dramatic performances, recitals, exhibits, literary readings, seminars and theater workshops.

Jiffy Lube Live

7800 Cellar Door Drive
Bristow, VA 20136 703-754-6400
www.livenation.com/venues/14407/jiffy-lube-live

Jiffy Lube Live is an outdoor live performance amphitheater that can seat 25,000; 10,000 in reserved seats and 15,000 on the lawn. Visit the website for information on upcoming shows and events.

John F. Kennedy Center for the Performing Arts

2700 F St. NW
Washington, DC 20566 202-467-4600
www.kennedy-center.org

Located on the banks of the Potomac River, the John F. Kennedy Center for the Performing

Arts showcases a wide variety of performances throughout the year. It is the principal performing venue for the National Symphony Orchestra and the Washington National Opera. See ballet, jazz and vocal concerts or attend lectures and art discussions. The center offers free guided tours of the Hall of Statues, Hall of Nations and the main theaters, as well as dozens of paintings and art given to the center by different countries. There is a gift shop and a restaurant on the premises so guests can enjoy a meal before a performance.

The Washington Ballet

3515 Wisconsin Ave. NW
Washington, DC 20016 202-362-3606
www.washingtonballet.org

The Washington Ballet reflects the diversity of the community and the nation through its professional dancers, high-caliber school and repertoire. The Washington Ballet performs at the John F. Kennedy Center for the Performing Arts, the Warner Theatre, the Harman Center and the THEARC Theater.

MUSEUMS

Learn about Virginia’s history and cultural contributions by visiting any one of the many local museums.

Gari Melchers Home and Studio

224 Washington St.
Falmouth, VA 22405 540-654-1844
www.garimelchers.org

This 18th-century Belmont estate was the home and studio of prominent portraitist, muralist and American Impressionist painter Gari Melchers (1860-1932) from 1916 until his death. The Georgian mansion, outbuildings and formal gardens were modified and expanded to serve as an elegant country retreat for Melchers and his wife, who left their European home at the outbreak of World War I.

The estate’s museum shop is also the official home of the Stafford County Visitor Center, where visitors can find information about county attractions, restaurants, hotels and other amenities.

James Monroe Museum and Memorial Library

908 Charles St.
Fredericksburg, VA 22401 540-654-1043
<http://jamesmonroemuseum.umw.edu>

The James Monroe Museum and Memorial Library was first opened in 1927 by Monroe descendants as a place to house their collections, which had been handed down through generations of the family. Today, the museum holds the country’s largest collection of artifacts and documents related to the fifth president of the United States.

National Gallery of Art

Sixth and Constitution Avenue NW
Washington, D.C. 20565 202-737-4215
www.nga.gov

The National Gallery of Art was privately established in 1937 for the American people by a joint resolution of the United States Congress. Andrew W. Mellon donated a substantial art collection and funds for construction. The gallery’s collection of paintings, drawings, prints, photographs, sculpture, medals and decorative art traces the development of Western Art from the Middle Ages to the present, including the only painting by Leonardo da Vinci in the Americas. The gallery often presents temporary special exhibitions spanning the world and the history of art.

National Museum of the Marine Corps

18900 Jefferson Davis Highway
Triangle, VA 22172 877-653-1775
www.usmcmuseum.com

The National Museum of the Marine Corps is a tribute to Marines of today and yesterday. Situated on 135 acres, displays in the museum include galleries for the Vietnam War, Korean War, World War I and World War II. There is a theater that shows films on the Marine experience, a museum store and food services on the premises.

Smithsonian Museums

www.si.edu/Museums

The Smithsonian Institution — the world’s largest museum and research complex — includes 19 museums and galleries and the National Zoo. Most Smithsonian museums and the National Zoo are free and open every day of the year except Christmas. Many are concentrated around the National Mall. The Natural History Museum, the National Air and Space Museum, the Hirshhorn Museum and Sculpture Garden, the Freer Gallery of Art, the American Indian Museum, the American History Museum, and the African American History and Culture Museum are a few of the museums in the complex. Visit the website for information about individual museums.

PARKS

Check your community’s parks and recreation listings to see more of what your local area has to offer.

Fredericksburg and Spotsylvania National Military Park

120 Chatham Lane
Fredericksburg, VA 22405 540-693-3200
www.nps.gov/frsp

This park encompasses four major Civil War battlefields: Fredericksburg, Chancellorsville, Wilderness and Spotsylvania. Each of the four battlefields has a driving tour and numerous walking trails. Visitor centers at Fredericksburg



and Chancellorsville display artifacts from the battles and have introductory films describing the fighting.

George Washington's Ferry Farm

268 Kings Highway
Fredericksburg, VA 22405 540-373-3381
www.kenmore.org

George Washington was 6 years old when his family moved to this farm in 1738. The visitor center displays artifacts found on the farm and guests can tour the interpretive replica of George Washington's boyhood home, an interactive and hands-on experience for all ages. The 80-acre grounds also include gardens, wildlife trails and an archaeology lab.

Government Island

191 Coal Landing Road
Stafford, VA 22554..... 540-658-4871
www.tourstaffordva.com/things-to-do/details/government-island

Aquia sandstone from Government Island was used in the construction of the White House, the U.S. Capitol and other historic buildings in Washington, D.C. Today, the 17-acre park is a historic scenic nature preserve ideal for observing aquatic and native plants, birds and other wildlife. There is a 1.5-mile walking and biking trail (the first two portions of which are handicap accessible).

Historic Kenmore

1201 Washington Ave.
Fredericksburg, VA 22401 540-373-3381
www.kenmore.org

The historic Kenmore plantation was built by George Washington's sister, Betty Washington Lewis, and her husband, Fielding Lewis. The Georgian-style, brick mansion is undergoing a comprehensive refurbishing to better tell the story of this historic site.

Historic Trails

Historic driving, biking and water trails connect many points of interest throughout Virginia.

The Civil Wars Trails website, www.civilwartrails.org, has guides for Virginia and Maryland detailing well-known and less familiar sites associated with the Civil War.

The Captain John Smith Chesapeake National Historic Trail can help you learn about American Indians of the Chesapeake, past and present. The trail follows the nearly 3,000-mile route Smith mapped out between 1607 and 1609. It was along this trail that Smith visited many thriving Native American communities and gathered information about this "fruitful and delightful land." The trail was made a national historic trail (and the first national water trail) in December 2006. Visit www.nps.gov/cajo for trail maps and more information.

The Star Spangled Banner National Historic Trail connects sites throughout Virginia, the District of Columbia and Maryland to tell the stories of the events, people and places that led to the birth of America's national anthem. Visit www.nps.gov/stsp for more information.

The Religious Freedom National Scenic Byway links together significant historic buildings, landscapes and waterways in Charles and St. Mary's counties to tell the story of the first government in Colonial America to introduce the concepts of religious tolerance and separation of church and state. Visit www.charlescountymd.gov/ReligiousFreedomByway for more information.

Leesylvania State Park

2001 Daniel K. Ludwig Drive
Woodbridge, VA 22191 703-730-8205
www.dcr.virginia.gov/state-parks/leesylvania

Nestled along the tidal shores of the Potomac River, Leesylvania is the ancestral home of Virginia's legendary Lee and Fairfax families. Park activities include hiking, picnicking, fishing and boating. The park has a universally accessible 300-foot fishing pier, playground, boat launch, boat storage area, snack bar and store, visitor center and gift shop. A 20-station fitness trail and canoe and kayak rentals are also available.

Manassas National Battlefield Park

6511 Sudley Road
Manassas, VA 20109 703-361-1339
www.nps.gov/mana

Manassas National Battlefield Park is the site of two major Civil War battles. Explore the historic terrain where men fought and died more than a century ago. Ranger-led walking tours are available.

National Mall and Memorial Parks

www.nps.gov/nama

Located in the core of the nation's capital, National Mall and Memorial Parks (known as NAMA) administers, interprets, maintains and preserves the Washington Monument, Thomas Jefferson Memorial, Lincoln Memorial, Franklin Delano Roosevelt Memorial, D.C. War Memorial, World War II Memorial, Korean War Veterans Memorial, Vietnam Veterans Memorial, George Mason Memorial, Pennsylvania Avenue from the Capitol to the White House, the National Mall, East and West Potomac Parks, Constitution Gardens, 60 statues and numerous other historic sites, memorials and parklands.

Those who wish to visit the White House must make requests through their member of Congress in advance.

For more information, visit www.nps.gov/whho/planyourvisit/the-white-house-tour.htm.

Prince William Forest Park

18170 Park Entrance Road
Triangle, VA 22172 703-221-7181
www.nps.gov/prwi

Located just outside Marine Corps Base Quantico, Prince William Forest Park is the largest protected natural area in the Washington, D.C., metropolitan area. The park's 15,000 acres offer wildlife viewing; miles of hiking and bicycle trails; and tent, cabin and RV campsites.

Smallwood State Park

2750 Sweden Point Road
Marbury, MD 20658 301-743-7613
<https://dnr.maryland.gov/publiclands/Pages/southern/smallwood.aspx>

Smallwood State Park takes its name from Gen. William Smallwood, a native of Charles County.



U.S. MARINE CORPS PHOTO

His house, called Smallwood's Retreat, has been restored and is open to visitors seasonally. The 628-acre park also has a marina, boat launching ramps, a picnic area, pavilions, a camping area, a recycled tire playground and nature trails.

SHOPPING

From malls and major department stores to unique boutiques and souvenir shops, there's something for every taste and budget.

Fair Oaks Mall

11750 Fair Oaks Mall
Fairfax, VA 22033 703-359-8300
www.shopfairoaksmall.com

Fair Oaks Mall has 160 shops, services and dining establishments. The mall also has a DMV satellite office.

Potomac Mills

2700 Potomac Mills Circle
Woodbridge, VA 22192 703-496-9330
www.simon.com/mall/potomac-mills

Potomac Mills is Virginia's largest outlet mall. The mall features more than 200 stores, an 18-screen movie theater and 25 eateries.

Spotsylvania Towne Center

137 Spotsylvania Mall
Fredericksburg, VA 22407 540-786-6660
www.spotsylvaniatownecentre.com

The Spotsylvania Towne Center has more than 150 stores and restaurants. There is also a 12-screen movie theater that has a bowling alley, a gaming arcade, and a 21-and-over lounge.

St. Charles Towne Center

11110 Mall Circle
Waldorf, MD 20603 301-870-6997
www.simon.com/mall/st-charles-towne-center

St. Charles Towne Center has more than 130 stores and restaurants, as well as a nine-screen movie theater.

Stonebridge Potomac Town Center

14900 Potomac Town Place
Woodbridge, VA 22191 703-583-1202
<https://stonebridgeptc.com>

Stonebridge at Potomac Town Center features approximately 550,000 square feet of retail and dining destinations. The center also has a splash pad for children and a full-service health club.

Tyson's Corner Shopping

Tyson's Corner has three major area malls and shopping centers: Fairfax Square, Tyson's Corner Center and Tyson's Galleria. Fairfax Square, www.theshopsatfairfaxsquare.com, features boutiques, personal shopping services and upscale amenities. Tyson's Corner Center, www.tysonscornercenter.com, features more

than 300 shopping, dining and entertainment options. Tyson's Galleria, www.tysonsgalleria.com, boasts a collection of high-end retail shops with more than 30 exclusive-to-market designers, as well as dining options.

SPORTS AND RECREATION

Whether you are looking to take in a game or cool off with a trip down a waterslide, you will find what you are after in Prince William and Fauquier counties.

The Capital Clubhouse

Recreation Center
3033 Waldorf Market Place
Waldorf, MD 20603 301-932-4348
www.capitalclubhouse.com

The 90,000-square-foot Capital Clubhouse is a year-round sports center for all ages. The center has an NHL-size ice rink, a multisport court, a rock climbing wall and party rooms.

Capital One Arena

601 F St. NW
Washington, DC 20004 202-628-3200
www.nhl.com/capitals

Capital One Arena is a 20,000-seat multipurpose sports and entertainment venue. The arena is home to the NBA's Washington Wizards, the NHL's Washington Capitals, the WNBA's Washington Mystics, the AFL's Washington Valor and the NCAA's Georgetown Hoyas men's basketball team.

Golf

Public and country club courses are available in Prince William and Fauquier counties, including Potomac Shores Golf Club in Prince William County, the only publicly accessible Jack Nicklaus signature design in Northern Virginia.

In Fauquier County, the South Wales Golf Course provides 18 holes of golf, with more than 7,000 yards from the back tees to 4,800 yards from the forward tees.

For a list of private and public courses in Virginia, visit www.virginia.org/golf.

Kings Dominion & Soak City

16000 Theme Park Way
Doswell, VA 23047 804-876-5000
www.kingsdominion.com

Ride one of the tallest, fastest coasters on the East Coast, plunge 27 stories at 72 miles per hour on the longest gyro height drop in the world, or have a splash-filled log ride adventure over a 40-foot waterfall. Kings Dominion is Virginia's premiere amusement park. Its 20-acre water park, Soak City, features two massive wave pools, extreme waterslides, an interactive splash pad for children and more.

Maryland International Raceway

27861 Budds Creek Road
Mechanicsville, MD 20659 301-884-9833
www.racemdir.com

Located just outside Charles County, Maryland International Raceway is the go-to venue for drag racing. Thanks to its 80-foot elevation, many records are made at this facility. The facility also has a diner, family grandstands (where no alcohol is permitted) and a playground.

Nationals Park

1500 S. Capitol St. SE
Washington, DC 20003 202-675-6287
www.mlb.com/nationals

Located south of the Capitol and adjacent to the Navy Yard, Nationals Park is home to Washington Nationals Major League Baseball. The 41,546-seat venue provides fans with panoramic views of the surrounding city and landmarks, such as the Capitol and the Washington Monument. Visit the Nationals' website for schedules, tickets and more.

Regency Furniture Stadium

11765 St. Linus Drive
Waldorf, MD 20602 301-638-9788
www.somdbluecrabs.com

Regency Furniture Stadium is home to the Southern Maryland Blue Crabs, which are part of the Atlantic League of Professional Baseball.

Smithsonian's National Zoo & Conservation Biology Institute

3001 Connecticut Ave. NW
Washington, DC 20008 202-633-4888
<https://nationalzoo.si.edu>

The Smithsonian's National Zoo is home to 2,700 animals from more than 390 different species. See pandas, Asian elephants, big cats, apes, reptiles and ocean wildlife, all up close and personal on the 163-acre facility.

Water Parks

Water-lovers can make a big splash in Prince William and Fauquier counties. NOVA Parks has five water parks, with waterslides, pools, dumping buckets, waterfalls, splash pads, wave machines and more. For more information, visit www.novaparks.com/waterparks.

Other area water parks include Reston's Water Mine Family Swimmin' Hole, www.fairfaxcounty.gov/parks/watermine, an Old West themed park with a 725-foot lazy river, three-story waterslides, a log walk obstacle course, water volleyball and more. Splashdown Waterpark, <http://splashdownwaterpark.com>, in Manassas features four-story waterslides, a lazy river, an activity pool and a lagoon. Dale City's Waterworks Waterpark, www.waterworkswaterpark.com, has waterslides, water obstacles, wading pools and a full-service snack bar.

