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13193 Warwick Blvd Suite 100
Newport News, VA 23602
Bus: 757-243-2599
jimmyfay.com
9am to 5:30pm Mon-Fri
Evenings & weekends by appt.

While other insurers just see your home and car as a bundle or a combo deal, I take the time to see what they mean to you and give them the protection they deserve.

LET'S TALK TODAY.





## MARCOA Media, LLC

9955 Black Mountain Road San Diego, CA 92126 858-695-9600 phone 858-695-9641 fax www.marcoa.com www.mybaseguide.com



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# **Table of Contents**

| Our Military                              | 4   |
|---|-----|
| History4                                  |     |
| Quick Reference Numbers5                  |     |
| Organizations                             |     |
| Arrival9                                  |     |
| Getting Settled                           |     |
| Serving You                               |     |
| Welcome                                   | 19  |
| Getting To & Around                       | 21  |
| Housing & Real Estate2                    | 25  |
| Employment & Economy2                     | 29  |
| Health Care                               | 32  |
| Family Resources                          | 35  |
| Education & Academics                     | 39  |
| Living2                                   | 43  |
| <b>Maps</b> Foldou                        | ıts |
| Advertiser DirectoryMilitary Buyer's Guid | de  |

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# **Our Military**

## at Joint Base Langley-Eustis

IN ACCORDANCE WITH THE 2005 Base Realignment and Closure Commission report, Langley Air Force Base and Fort Eustis merged their administrative functions, becoming Joint Base Langley-Eustis on Jan. 29, 2010. The Hampton Roads metropolitan region — including Virginia Beach, Norfolk and Newport News, Virginia — is home to JBLE. Unlike other joint bases that share common boundaries, Langley Air Force Base in Hampton and Fort Eustis in Newport News are separated by 17 miles.

Joint basing promotes a more cohesive operational partnership between the Air Force and Army while preserving mission capabilities and unique service identities. The 633rd Air Base Wing at Langley, inactive since 1994, assumed host unit duties from the 1st Fighter Wing, which had served in that capacity since 1975. But the 1st Fighter Wing continues operations and maintenance at the base to ensure global air superiority. All functions from base defense and medical care to food service and supplies are the responsibility of the Air Force. Other major units at Langley include the 192nd Fighter Wing; the

363rd Intelligence, Surveillance and Reconnaissance Wing; and the 480th Intelligence, Surveillance and Reconnaissance Wing. For a full list of Air Force units at JBLE, visit www.jble.af.mil/Units/Air-Force.

Fort Eustis was established in 1918 and has served a number of purposes including an Army training facility for artillery and artillery observation, a prison and a work camp. Beginning in the World War II era, the primary mission of Fort Eustis has been Army transportation training, research and development, engineering and operations, including aviation and marine shipping activities. Major units at Fort Eustis include the 7th Transportation Brigade (Expeditionary), 128th Aviation Brigade, 597th Transportation Brigade, 733rd Mission Support Group, Enterprise Multimedia Center, Joint Deployment Training Center, Joint Task Force Civil Support, Mission and Installation Contracting Command, and U.S. Army Training and Doctrine Command. For a full list of Army units at JBLE, visit www.jble. af.mil/Units/Army.

### Population

The joint base is home to more than 20,000 military and civilian personnel, and 19,000 dependents.

## Economic Impact

The joint base had a total direct economic impact of \$2.9 billion on the area, according to the 2018 Joint Base Langley-Eustis Economic Impact Analysis.

## **HISTORY**

Both Langley's and Fort Eustis' storied histories mirror that of the even older Hampton Roads region, with miles of shoreline and breathtaking water views greatly enhancing the distinct smalltown feel of light traffic and abundant amenities. The area's nearly 2 million residents enjoy historic sites, extraordinary museums and countless miles of scenic waterways and hiking trails. The moderate four-season climate, location and military environment also attract many military retirees and their families.

Continued on Page 6



## **QUICK REFERENCE NUMBERS**

All phone numbers are subject to change. For more information, visit www.jble.af.mil.

| Airman & Family Readiness Center,         |                     | Education Centers                        |                      |
|---|---------------------|--|----------------------|
| JBLE-Langley                              | 757-764-3990        | JBLE-Langley                             | 757-764-2963         |
| American Red Cross                        | 877-272-7337        | JBLE-Eustis                              | 757-878-3613         |
| Army Community Service, JBLE-Eustis       | 757-878-3638        | <b>Exceptional Family Member Program</b> |                      |
| Auto Skills Shop                          |                     | JBLE-Langley                             | 757-764-3990         |
| JBLE-Langley                              | 757-764-4607        | JBLE-Eustis                              | 757-878-3638         |
| JBLE-Eustis                               | 757-878-5440        | Exchanges                                |                      |
| Banks and Credit Unions                   |                     | JBLE-Langley                             | 757-766-1282         |
| Langley Federal Credit Union              | 757-827-5328        | JBLE-Eustis                              | 757-887-0293         |
| 1st Advantage Federal Credit Union, JBLE- | Eustis 757-877-2444 | Fitness Centers                          |                      |
| Bank of America, JBLE-Eustis              | 757-887-7840        | Langley ACC Fitness Center               | 757-764-5791         |
| Bowling Center                            |                     | Shellbank Fitness Center, JBLE-Langley   | 757-225-8166         |
| JBLE-Langley                              | 757-764-2433        | Anderson Field House, JBLE-Eustis        | 757-878-2328         |
| JBLE-Eustis                               | 757-878-5482        | McClellan Fitness Center, JBLE-Eustis    | 757-878-5556         |
| Chapels                                   |                     | Golf Courses                             |                      |
| JBLE-Langley                              | 757-764-7847        | JBLE-Langley                             | 757-764-4547         |
| JBLE-Eustis Regimental Memorial Chapel.   | 757-878-1450        | JBLE-Eustis                              | 757-878-2252         |
| Child Care                                |                     | Housing, Family                          |                      |
| Family Child Care, JBLE-Langley           | 757-764-2835        | JBLE-Langley                             | 888-468-0035         |
| Family Child Care, JBLE-Eustis            | 757-878-5584        | JBLE-Fort Eustis                         | 757-369-8335         |
| Russ Child Development Center, JBLE-Lang  | gley 757-764-3585   | Housing Management Office, JBLE-Langley  | 757-764-5040         |
| Madison Child Development Center, JBLE-F  | Eustis 757-878-3294 | Housing, Unaccompanied                   |                      |
| Pershing Child Development Center, JBLE-  | Eustis 757-878-4723 | JBLE-Langley                             | 757-764-4090         |
| Commissaries                              |                     | JBLE-Eustis                              | 757-878-4583         |
| JBLE-Langley                              | 757-764-7604        | Information, Tickets and Tours           |                      |
| JBLE-Eustis                               | 757-878-5966        | JBLE-Langley                             | 757-764-7176         |
| Community Commons, JBLE-Langley           | 757-764-2983/2984   | JBLE-Eustis                              | 757-878-3694         |
| Dining, JBLE-Langley                      |                     | Legal Offices                            |                      |
| Crossbow Dining Facility                  | 757-764-5144        | JBLE-Langley                             | 757-225-6107         |
| The Grille at Eaglewood Golf Course       | 757-764-4547        | JBLE-Eustis75                            | 7-878-3031, ext. 222 |
| King Pin Kafe                             | 757-764-2392        | Libraries                                |                      |
| Langley Club                              | 757-224-7097        | JBLE-Langley                             | 757-764-2906         |
| Marina Snack Bar                          | 757-764-7220        | JBLE-Eustis                              | 757-878-5017         |
| Raptor Cafe                               | 757-764-1899        | Marina, Langley                          | 757-764-7220         |
| Dining, JBLE-Eustis                       |                     | Medical Care                             |                      |
| Fort Eustis Club                          | 757-878-5700        | Langley Hospital Appointments            | 757-225-7630         |
| The Grille at The Pines Golf Course       | 757-878-5331        | McDonald Army Health Center Appointments |                      |
| King Pin                                  | 757-878-7138        | JBLE-Eustis                              |                      |
| The Bistro at McDonald Army Medical Cent  |                     | Military OneSource                       |                      |
| DOD Safe Helpline                         |                     | Military Personnel Flight, JBLE-Langley  |                      |

## **QUICK REFERENCE NUMBERS (CONT.)**

| Military Personnel Branch, JBLE-Eustis                   |
|--|
| Enlisted757-878-4431                                     |
| Officers757-878-2953                                     |
| Outdoor Recreation                                       |
| JBLE-Langley757-764-7170                                 |
| JBLE-Eustis  |
| Pools and Aquatic Centers                                |
| Shellbank Fitness Center Pool, JBLE-Langley 757-225-8166 |
| Outdoor Pool, JBLE-Langley717-406-2218                   |
| Aquatic Center, JBLE-Eustis757-878-1090                  |
| Outdoor Pool, JBLE-Eustis757-878-1090                    |
| Recreation Center, JBLE-Eustis757-878-3717               |
| School Liaison Offices                                   |
| JBLE-Langley757-225-1885                                 |
| JBLE-Eustis  |

| JBLE-Langley | 757-764-7272 |
|--------------|--------------|
| JBLE-Eustis  | 757-268-8967 |

Sexual Assault Prevention and Response

| Suicide Prevention Lifeline | 800-273-8255 |
|-----------------------------|--------------|
| Temporary Lodging           |              |
| Langley Inn                 | 757-764-4667 |

| Veterinary Clinics              |              |
|---------------------------------|--------------|
| TRICARE                         | 800-444-5445 |
| General Smalls Inn, JBLE-Eustis | 757-969-5775 |
| Langley IIII                    |              |

| JBLE-Langley | 757-764-5678 |
|--------------|--------------|
| JBLE-Eustis  | 757-878-5824 |

| touut riogiailis            |                |
|-----------------------------|----------------|
| JBLE-Langley Youth Programs | . 757-225-2606 |

| JBLE-Eustis School Age Programs             | 757- | -878- | -5339 |
|---|------|-------|-------|
| IDLE Fustia Middle Cabaal and Toon Drograms | 757  | 070   | 0000  |

Continued from Page 4

## **LANGLEY AIR FORCE BASE**

Langley Air Force Base was the first U.S. military base built specifically for air power. It's the oldest continually active Air Force base in the world, boasting a rich history within the U.S. Air Force and the surrounding Hampton Roads area.

Indeed, Langley (originally set up in 1916 as the Army's Aviation Experimental Station and Proving Grounds) represents significant chapters in the evolution of flight. Such air power greats as Eddie Rickenbacker, Raoul Lufbery, Douglas Campbell and Frank Luke Jr., known as the "Arizona Balloon Buster," made aviation history as part of the country's first and second-oldest fighter units on the base. Langley personnel have

often led the way in global action flying lighterthan-air aircraft, as well as Spads, Jennys, F-86 Sabre Jets, F-4 Phantom IIs, the F-15 Eagle and the F-22A Raptor.

In 1917, the new proving ground was designated Langley Field in honor of air pioneer Samuel Pierpont Langley, who in 1903 launched his heavier-than-air craft from a houseboat catapult. By late 1918, several buildings and such aircraft as the JN-4 Curtis Jenny — used by Langley's School of Aerial Photography — the de Havilland DH-4 bomber and hydrogen-filled dirigibles dotted the field.

In the early 1920s, Brig. Gen. Billy Mitchell led bombing runs from Langley over captured German warships anchored off the coast of

## JOINT BASE LANGLEY-EUSTIS ONLINE

Official site: www.jble.af.mil

Force Support Squadron: https://jbleforcesupport.squarespace.com

## **MYBASEGUIDE**



## **Digital Guide**

www.mybasequide.com/joint bases/46/joint base langley eustis



## Mobile App

www.mbgapp.com

Download the free MyBaseGuide app to your mobile device and find more information about local health care, education, housing and recreational activities on the Around Town tab for Joint Base Langley-Eustis.

#### **SOCIAL MEDIA**



#### Facebook

www.fb.com/JointBaseLangleyEustis



#### Twitter

https://twitter.com/jblenews

People around the world increasingly stay connected through social media, whether it be with a deployed service member, with friends and families in locations around the world or with the bases where you have been stationed or expect to transfer.

Here are some safety tips for using social media:

- Never post confidential personal information such as your date of birth, address, Social Security number, or bank and credit card account numbers. Never provide this type of information when signing up for a social networking site. Most sites do not require it, and you should be wary of those that do.
- Don't invite people whom you don't know to be your "friend." You do not want strangers to know details about you or your family.
- Never share operational information, such as upcoming ports of call and military exercises. Such information can compromise operational security and the safety of our service members.

The Public Affairs Office can provide guidance on the type of information that should not be shared in a public forum such as a social network or blog.

Virginia. These first successful tests set the precedent for the strategic bombing missions to come

Throughout the 1930s, the base served as the Army's justification to strengthen its offensive and defensive air arm. The Army Air Corps transformed the small grassy field into a major airfield, and many of the brick buildings of today sprang up.

The outbreak of World War II presented a new mission: Develop special detector equipment for anti-submarine warfare. These components eventually helped sink enemy submarines off the Eastern Seaboard.

In May 1946, the newly formed Tactical Air Command moved into Langley. The command's





mission was to organize, train, equip and maintain combat-ready forces for rapid air deployment.

The jets that accompanied TAC signaled a new era for the base, and in January 1948, Langley Field became Langley Air Force Base. The next major thrust occurred in June 1992, when the Air Force inactivated TAC and the newly formed Air Combat Command became the base's primary and all-inclusive provider of such air combat forces as intercontinental ballistic missiles and fighter, bomber, reconnaissance and battle-management aircraft.

These days Langley AFB sprawls across 3,152 acres in Hampton, Virginia — about 62 miles south of Richmond, the state capital, and 40 miles north of Virginia Beach, the state's largest city — and employs more than thousands of military and civilian personnel.

## **FORT EUSTIS**

Known in colonial times as Mulberry Island and the home of John Rolfe, husband of Native American princess Pocahontas, Fort Eustis originated 90 years ago as a camp and later as a post. In March 1918, with World War I looming, the Army bought Mulberry Island and the surrounding acreage for \$538,000. Camp Abraham Eustis replaced Fort Monroe as a coast artillery installation and a balloon observation school. It was named for Brevet Brig. Gen. Abraham Eustis, the first commanding officer of Fort Monroe.

The camp transitioned to a fort and a permanent military installation in 1923, with artillery and infantry units. Eight years later, the fort served as a federal prison, primarily for bootleggers until the repeal of Prohibition.

In 1940, Fort Eustis reopened as the Coast Artillery Replacement Training Center, and six years later the newly formed Transportation School relocated from New Orleans. The

move consolidated all training in rail, marine amphibious operations and other modes of transportation. This expertise opened the door for the 200-year-old Transportation Corps in 1942. As far back as the Revolutionary War, when Gen. George Washington appointed the first wagon master, transporters have moved and sustained the nation's fighting forces through the War of 1812, the Civil War, the Spanish-American War, World War I and beyond.

But the Japanese attack on Pearl Harbor commenced the largest mobilization in the nation's history, and President Franklin D. Roosevelt quickly established the Transportation Corps. By the end of the war, this outfit had moved more than 30 million soldiers within the continental United States and 7 million soldiers plus 126 million tons of supplies overseas.

After the unit helped sustain Berlin during the Russian occupation in 1948, President Harry Truman in 1950 made the Transportation Corps a permanent branch of the Army. During the Korean War, the corps supplied U.N. forces through three brutal winters and moved more than 3 million soldiers and 7 million tons of cargo. Using watercraft, amphibians, motor trucks and aircraft in a hostile, undeveloped tropical environment, the outfit next supported American and allied forces throughout the Vietnam War.

In 1986, the U.S. Army Regimental System inducted the Transportation Corps, heralding a new era in innovative military transport and support. Since then, the corps has ensured that every soldier has the resources to face and defeat the enemy in Iraq, Somalia, Rwanda, Haiti and Bosnia.

## ORGANIZATIONS LANGLEY AIR FORCE BASE

633rd Air Base Wing

The activation of the 633rd Air Base Wing as the host unit for Langley AFB on Jan. 7, 2010, was the first step toward Joint Base Langley-Eustis. The wing's three groups — the 633rd Medical Group, 633rd Mission Support Group and 733rd Mission Support Group — provide installation support to military and civilian personnel including Headquarters Air Combat Command and three operational wings. The wing provides mission-ready expeditionary airmen to combatant commanders in support of joint and combined operations worldwide.





## 1st Fighter Wing

The 1st Fighter Wing — the Air Force's oldest wing — operates and maintains the F-22 Raptor. To accomplish their mission, the men and women of the wing work in one of two groups: the operations group or the maintenance group. From World War 1 to the current generation's operations across the globe, the 1st Fighter Wing continues its tradition of air dominance.

## 192nd Fighter Wing

The Air National Guard's 192nd Fighter Wing's mission is to fly and maintain the F-22A Raptor through the 149th Fighter Squadron, to support the ongoing intelligence mission through the 192nd Intelligence Squadron.

## 363rd Intelligence, Surveillance and Reconnaissance Wing

The 363rd Intelligence, Surveillance and Reconnaissance Wing provides operations, planning and execution support to major commands and theater air and space operations centers. It delivers geospatial and comprehensive threat analysis products to units employing airpower worldwide. Additionally, it organizes, trains, equips, and deploys airborne and ground tactical intelligence, surveillance and reconnaissance professionals to conduct sensitive operations in response to national taskings.

## 480th Intelligence, Surveillance and Reconnaissance Wing

The 480th Intelligence, Surveillance and Reconnaissance Wing operates and maintains the Air Force Distributed Common Ground System, also known as the "Sentinel" weapon system, conducting imagery, cryptologic, and measurement and signatures intelligence activities.

The wing is composed of the 480th ISR Group at Fort Gordon, Georgia; the 497th ISR Group at JBLE; the 548th ISR Group at Beale Air Force Base, California; the 692nd ISR Group at Joint Base Pearl Harbor-Hickam, Hawaii; the 693rd ISR Group at Ramstein Air Base, Germany; and the 694th ISR Group at Osan Air Base, Republic of Korea.

### **FORT EUSTIS**

## 7th Transportation Brigade (Expeditionary)

The 7th Transportation Brigade provides mission command of assigned and attached port, terminal and watercraft units conducting expeditionary intermodal operations in support of unified land operations.

## 128th Aviation Brigade

The 128th Aviation Brigade generates disciplined, physically fit, technically proficient aviation maintenance soldiers, contributing to the combat readiness of the Army, its allies and other services.

## 597th Transportation Brigade

The 597th Transportation Brigade is the Military Surface Deployment and Distribution Command's global surface transportation expert focused on U.S. Northern Command areas of responsibility. The brigade is responsible for meeting the surface deployment, redeployment and distribution needs of the warfighter and Defense Transportation System customers in the United States.

## 733rd Mission Support Group

The 733rd Mission Support Group provides garrison support in crisis and emergency management, mail operations, installation and rapid port opening element support and exercise development to sustain soldiers and customers in accomplishing the JBLE mission. The group includes the 733rd Civil Engineer Division, 733rd Logistics Readiness Squadron and 733rd Security Forces Squadron.

## Enterprise Multimedia Center

The Enterprise Multimedia Center is a one-stop shop for visual information services throughout the federal government and across the Department of Defense. The center's team works not only at JBLE, but spans the United States to fit client needs.

## Joint Deployment Training Center

The Joint Deployment Training Center provides innovative and relevant functional training



MBG

and education on joint deployment, global force management and situational awareness applications to the joint planning and execution community, joint exercises and professional military education institutions.

## Joint Task Force Civil Support

Joint Task Force Civil Support anticipates, plans and prepares for chemical, biological, radiological and nuclear defense support of civil authorities response operations. When directed, JTF-CS deploys within 24 hours of notification to command and control DOD forces in support of civil authority response operations in order to save lives, prevent further injury and provide temporary critical support to enable community recovery.

## Mission and Installation Contracting Command

Mission and Installation Contracting Command provides Army commands, installations and activities with disciplined and responsive contracting solutions and oversight. It aligns and provides contracting forces in order to enable Army unified land operations.

## U.S. Army Training and Doctrine Command

TRADOC has four primary functions: recruiting and training soldiers; developing adaptive leaders; guiding the Army through doctrine; and shaping the Army by building and integrating formations, capabilities and materiel.

TRADOC executes its mission through six major subordinate centers and commands: the Army Capabilities Integration Center and Initial Military Training at Fort Eustis; the Combined Arms Center at Fort Leavenworth, Kansas; the Combined Arms Support Command at Fort Lee, Virginia; and the U.S. Army Recruiting Command and U.S. Army Cadet Command at Fort Knox, Kentucky.

TRADOC also oversees 32 Army schools organized under eight centers of excellence, each focused on a separate area of expertise within the Army (such as maneuver and signal). These centers train more than 500,000 soldiers and service members each year.

TRADOC's band, at Fort Eustis, serves as an outreach asset. Soldiers of the band have passed a highly selective audition and are among the finest musicians in the U.S. Army Music program. The band performs numerous concerts in support of local, regional and national events, including festivals, parades, and city and state commemorations. The band's various ensembles frequently travel throughout the country, in performance of their missions. The band also supports military ceremonies on and off Fort Eustis.



## **ARRIVAL**

See the Getting To & Around Montgomery County chapter on Page 21 for information about local airports, train service and public transportation. The closest commercial flights land at Newport News/Williamsburg International (12 miles from base) and Norfolk International (20 miles from base). There is no shuttle service to the base from either airport. Rental cars are available at the airports.

## **SPONSORSHIP**

Contact your sponsor with your estimated arrival time and flight information if applicable before your arrival at JBLE.

Sponsorship is vital to the relocation process. Don't PCS without talking to your sponsor before departing for JBLE. Your sponsor will answer any questions you have about the base and the local area, make lodging or dorm arrangements and meet you upon arrival. Your sponsor will be there to help you and your family until you are settled into your new community.

If you have not been in touch with a sponsor and your departure is nearing, contact your gaining unit or call JBLE-Langley's Airman & Family Readiness Center at 757-764-3990 or JBLE-Eustis' Army Community Service at 757-878-3638.

## **DRIVING DIRECTIONS**

Cellphone use by the driver of a moving motor vehicle is prohibited on all Department of Defense installations unless the cellphone is used with a hands-free device. There is a 100 percent ID check at all gates. Be sure that all adults in the vehicle have their ID. If you are driving a rental car, present the rental contract with your authorized ID.

### JBLE-Langley

## From Richmond on Interstate 64

From Interstate 64 east, merge onto U.S. Highway 258 (Mercury Boulevard) via Exit 263B and travel 2.1 miles. Be in the right lane and merge onto state Route 167 east (LaSalle Avenue) and you will dead-end into the base gate.

## From the James River Bridge

From U.S. Route 17-258, take West Mercury Boulevard to LaSalle Avenue.

## From Norfolk

Follow Interstate 64 west through the Hampton Roads Bridge Tunnel to Exit 265B and turn right onto LaSalle Boulevard.

## From Highway 17

Continue south on Highway 17 until you reach Interstate 64. Take I-64 east until you exit at Armistead Avenue (north) and then continue to LaSalle Avenue.

## JBLE-Eustis

### From Airports and the East

Take Interstate 64 west to Exit 250A, Fort Eustis Boulevard (Route 105) and proceed west about 1 mile to Fort Eustis.

## From Interstate 95 and the West (Richmond)

Take Interstate 64 east to Exit 250A, Fort Eustis Boulevard (Route 105) and proceed west about 1 mile to Fort Eustis.



## **CHECK-IN PROCEDURES**

JBLE-Langley

Military Personnel Flight

45 Nealy Ave., Suite 218....757-764-2704/4230 www.jble.af.mil/Home/Newcomers

If you arrive at Langley during normal duty hours, Monday through Friday, report directly to your gaining unit's commander's support staff. If you arrive during nonduty hours, report to the 24-hour base lodging office at 44 Taylor Road (757-764-4667). On the next duty day, report to your gaining unit. If you do not know where your unit is located, report to the Personnel Employment Office in the Military Personnel Flight.

You must be in uniform to in-process. Be sure to bring several copies of your orders and all hand-carried records.

Spouses are encouraged to attend the Newcomers' Orientation. For more information, contact the Airman Family Readiness Center at 757-764-3990 or visit the JBLE events calendar online at https://jbleforcesupport.com/events.

## JBLE-Eustis

Military Personnel Branch

650 Monroe Ave.

The Military Personnel Branch is the checkin point for all officers and enlisted soldiers (permanent party) upon arrival to JBLE-Eustis during normal duty hours, Monday through Friday. Personnel arriving after duty hours should contact their gaining unit.

The ACU duty uniform is worn during inprocessing at JBLE-Eustis. Be sure to bring your personnel records, all PCS orders, DA Form 31, and medical, dental and financial records.

The Newcomers Brief offers essential information about the installation and community resources. Spouses are encouraged to attend. For more information, contact Army Community Service at 757-878-3638 or visit the JBLE events calendar at https://jbleforcesupport.com/events.

#### **TEMPORARY LODGING**

JBLE-Langley

Langley Inn

## JBLE-Eustis

General Smalls Inn

The inns at JBLE accept reservations for all military duty personnel in a PCS or TDY status, DOD civilians attending conferences and hospital visitors. Reservations are accepted 24/7 on a first-come, first-served basis. Reservations are recommended and should be made as far in advance as possible. Check online for current room rates.

# DOCUMENTS TO CARRY FOR INPROCESSING

- Several copies of your orders.
- Certified copies of birth certificates, adoption papers, naturalization papers, marriage license, divorce papers, etc.
- Copy of advanced pay or allowance paperwork.
- All moving paperwork including TMO information, self-move paperwork and all receipts associated with moving.
- Employment records or resumes of civilian family members.
- Medical and dental records of your entire family from your previous duty station.
- Immunization records for all children, activeduty members and pets.
- School records and transcripts for students.
- Copies of all insurance policies.
- Copies of all occupational licenses and certifications.
- Purchase agreements for vehicles, showing state sales tax paid.
- Vehicle registrations and titles.
- Household goods inventory.
- Letters of credit from utility companies.
- Copies of federal income tax forms.
- Copies of recent leave and earnings statements.

Do not sign into lodging if you will be assigned to a dormitory to avoid paying lodging fees out of pocket. If JBLE temporary housing facilities are not available, you may need to make arrangements in the surrounding community; a statement of nonavailability is required from base lodging for reimbursement of off-base lodging costs.

## GETTING SETTLED

**HEALTH CARE** 

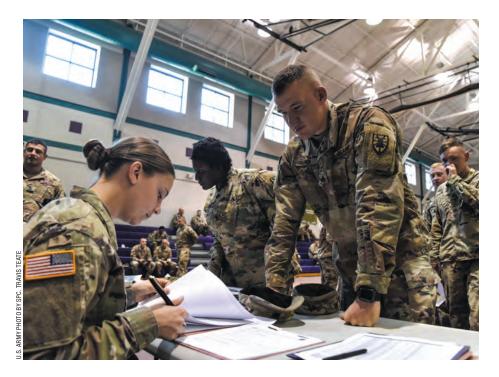
JBLE-Langley
USAF Hospital Langley

77 Nealy Ave.

| Appointments              | 757-225-7630 |
|---------------------------|--------------|
| Main Pharmacy             | 757-764-6497 |
| Satellite Pharmacy        | 757-764-7799 |
| www.airforcemedicine.af.m | il/MTF/      |
| Joint-Base-Langley-Eustis |              |

The 633rd Medical Group serves JBLE and beneficiaries in the surrounding area. The group provides a wealth of medical services, including dentistry, family medicine, flight medicine, immunizations, lab testing, mental health care, optometry, pediatrics, pharmacy, physical therapy, women's health and more.





JBLE-Eustis McDonald Army Health Center

576 Jefferson Ave.

At McDonald Army Health Center, patients are assigned to a team of health care providers to develop a comprehensive, personal health care plan. This includes preventive screening and services, managing chronic conditions and promoting a spirit of health, wellness and trust. Collectively, patients and health care teams can take advantage of telephone and web-based communication to follow up on health issues and concerns, share and update information, and coordinate care delivery.

Dental care is available to active-duty military only. Family members of active-duty personnel are encouraged to use the TRICARE Dental Program. Program information is available by visiting www.tricare.mil/CoveredServices/Dental/TDP.

## HOUSING

Housing Management Office

11 Burrell St.

Joint-Base-Langley-Eustis

The JBLE Housing Management Office is ready to help you transition to your new home and community. Use its resources to become familiar with available housing options and support services. When you arrive at JBLE, visit the HMO for valuable information, counseling and guidance before signing any lease or sales contract for housing.

## **Unaccompanied Housing**

| JBLE-Langley | 757-764-4090 |
|--------------|--------------|
| JBLE-Eustis  | 757-878-4583 |

At JBLE-Langley, unaccompanied housing is provided for unaccompanied airmen in the ranks

of E-1 to E-3 and E-4 with less than three years of service. Each airman is provided a private sleeping room and furnishings.

Permanent-party unaccompanied housing at JBLE-Langley consists of one Dorm-4-Airmen facility and 10 1+1 dorms.

Unaccompanied airmen in the rank of E-4 with more than three years of service will move into housing in the local community.

At JBLE-Eustis, unaccompanied housing is provided for unaccompanied soldiers in the ranks of E-1 to E-5. Each soldier is provided a private sleeping room and furnishings.

Permanent-party unaccompanied housing amenities at JBLE-Eustis include a large dayroom with gaming tables, card tables, televisions, lounging furniture and a full-size kitchen.

## Family Housing Langley Family Housing

At JBLE-Langley, military family housing is privatized. In addition to your option to purchase and rent housing in the local community, you may now choose to live in privatized housing by signing a tenant lease agreement with Hunt Military Communities, which owns the family housing and is responsible for maintaining, repairing, constructing and managing the community.

For comprehensive information about homes and amenities available in the Langley privatized housing community, visit the Langley Family Housing website.

Continued on Page 14





# 1 REASONS TO LIVE AT LANGLEY FAMILY HOUSING



## **Great Selection**

LFH offers a variety of floor plans, home types and neighborhoods to meet your needs! Some neighborhoods even offer Market Rates rent homes for Unaccompanied Service Members, Reservists, Air National Guard, DoD Civilians, Retired Military and DoD Civilians.



## Maintenance

Routine and Emergency Maintenance is provided as a service to all of our residents. We even go a step further with a preventive maintenance home check-up! Ask your leasing agent for details.



## **Amenities**

Amenity rich features right outside your Langley home! Parks, playgrounds, jogging trails, swimming pools, clubhouses and more.



## Schools

Access to top-rated schools in Hampton and York County School District.



## Waterfront Living!

Our neighborhoods featuring stunning views.



## Free Events

Residents enjoy free events and six major Hunt Signature events per year!

















## Community Center

Access to
Community
Centers with
swimming pools,
fitness center,
business center for
residents use, and
even a space for
party rentals for
your next event!



## Best Value

Active Duty Service Members save with \$0 application fees, \$0 security or pet deposits! That's a savings of nearly \$4,000 compared to off-base rentals.



## No Fees

Yard Maintenance and garbage disposal are for us to worry about! Spend more time with your family while we take care of these chores.



## Convenience

Professional, trained and dedicated staff serving all of our residents with flexible office hours.



A Hunt Military Community™

# CALL 888-703-0593

today to reserve your Langley Family Housing Home!

Langley Family Housing 11 Burrell Loop Road Langley AFB, VA 23665



HuntCompanies.com





Continued from Page 11

#### Fort Eustis Family Homes

At JBLE-Eustis, military family housing is privatized. In addition to your option to purchase and rent housing in the local community, you may now choose to live in privatized housing by signing a tenant lease agreement with Balfour Beatty Communities, which owns the family housing and is responsible for maintaining, repairing, constructing and managing the community.

For comprehensive information about homes and amenities available in the Fort Eustis privatized housing community, visit the Fort Eustis Family Homes website.

## **MAIL**

Newcomers may have mail forwarded to General Delivery at JBLE-Langley's Postal Service Center or JBLE-Eustis' post office. General Delivery mail typically can only be held for 10 days at the Postal Service Center and up to 30 days at the post office. If you expect to live in a dormitory, you may request an advance lockbox through your sponsor.

## JBLE-Langley

Your Rank and Name
49 Spruce St.
PCS Box 1000
Joint Base Langley-Eustis, VA 23665

## JBLE-Eustis

Your Rank and Name 1321 Lee Blvd.

Joint Base Langley-Eustis, VA 23604

Once you have a permanent address, notify the post office, which will forward your mail to that address for up to 12 months. If you move into temporary housing while awaiting a permanent home, continue to receive your mail through General Delivery until you are permanently situated. For more information, visit www.jble. af.mil/Post-Office.

## **PETS**

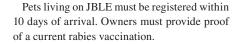
## Veterinary Clinics

JBLE-Langley

504 N. Roma Road......757-764-5678

#### JBLE-Eustis

The Fort Eustis Vet Clinic provides outpatient services for pets of active-duty and retired military personnel and their families at the Fort Eustis and Langley AFB veterinary clinics. Animal care services are by appointment only. Due to limited resources, most veterinary emergency cases are best served through a full-service civilian veterinary hospital; see the Military Buyer's Guide tab to connect with local veterinarians.



## **RELIGIOUS GUIDANCE**

| JBLE-Lang | ley |
|-----------|-----|
|-----------|-----|

Langley Chapel

### **Bethel Chapel**

1793 First St., Bethel Manor Housing www.fb.com/JBLELangleyChapel

## JBLE-Eustis

## **Regimental Memorial Chapel**

The U.S. Air Force Chaplain Corps is dedicated to preserving your right to worship. It provides for a broad spectrum of worshipers. If you are seeking spiritual support for any denomination or faith group, it will do its best to assist you.

For a listing of chapel services, visit the chapels' Facebook pages.

## **SERVING YOU**

## DINING

## JBLE-Langley

**Crossbow Dining Facility** 

49 Spruce St. ......757-764-5144

## The Grille at Eaglewood Golf Course

630 Weyland Road ......757-764-4547

## King Pin at Langley Lanes

Building 252, 75 Nealy Ave. ..... 757-764-2392

## Langley Club

128 Benedict Ave. ......757-224-7097

## Marina Snack Bar

### Raptor Cafe

150 E. Flight Road ......757-764-1899

## JBLE-Eustis

Fort Eustis Club

2123 Pershing Ave. ......757-878-5700

## The Grille at The Pines Golf Course

3518 Mulberry Island Road ....... 757-878-5331

## King Pin at the Bowling Center

675 Dickman St. ......757-878-7138

## The Bistro at McDonald Army Medical Center

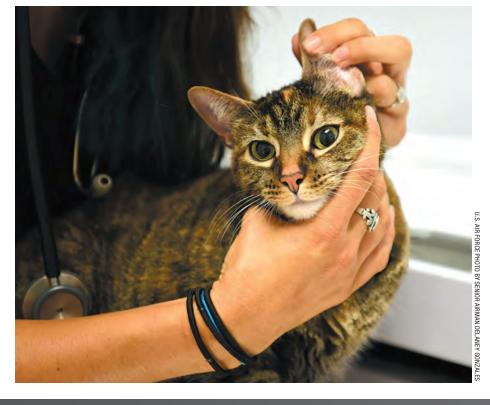
For hours of operation, menus and special event information, visit <a href="https://jbleforcesupport.com">https://jbleforcesupport.com</a> and click on selections under the "Eateries" tab.

## **EDUCATION**

**Education Centers** 

JBLE-Langley

450 Weyland Road ......757-764-2963





#### JBLE-Eustis

1500 Madison Ave. ......757-878-3613

The education centers offer quality educational support by providing counseling, advisement, testing and program management to airmen, soldiers, DOD civilians, retirees and family members.

## **FAMILY SUPPORT**

Family Readiness Centers
Airman & Family Readiness Center

45 Nealy Ave.,

Wing B, Suite 100.......757-764-3990 https://jbleforcesupport.squarespace.com/ langley/airman-family-readiness

**Army Community Service** 

The readiness centers are a key resource on the installation of all the resources available to you. They provide information, support and services to help balance the demands of the military lifestyle and family. Visiting a readiness center should be one of your first stops upon arriving at JBLE. Its programs and services will be an important resource for you and your family.

## Child Development Center Russ Child Development Center

117 Burrell Loop Road,

## **Madison Child Development Center**

926 Madison Ave.,

## **Pershing Child Development Center**

1140 Pershing Ave.,

The Child Development Centers strive to foster positive identity and a sense of emotional well-being, to enhance social skills, to encourage children to think, reason, question and experiment, to promote language and literacy development and to build physical development and skills through child care and after-school programs for children ages 6 weeks through kindergarten with USDA-approved meals.

# Exceptional Family Member Program JBLE-Langley

45 Nealy Ave.,

Wing B, Suite 100......757-764-3990 https://jbleforcesupport.squarespace.com/langley/airman-family-readiness

U.S. ARIF CHRISE PROTO BY A RIMAMA IS TOLASS MONICA ROYBAL.

#### JBLE-Eustis

EFMP-Family Support is the community support function provided by the A&FRC that includes on-and-off base information and referral, parent training, support groups, relocation assistance, financial management and information on local schools. The EFMP is standard and mandatory for all DoD active-duty service members. It is meant to identify family members with special medical and/or educational needs.

# Family Child Care JBLE-Langley

117 Burrell Loop (inside CDC) .. 757-764-2835 https://jbleforcesupport.squarespace.com/ langley/family-child-care

## JBLE-Eustis

Family Child Care provides an alternative to Child Development Center care for families that need evening or weekend care; care for infants, school-age children or children with special needs; or care during swing and midnight shifts. The program also offers an opportunity for spouses to contribute to the family income while caring for their own children. FCC providers are well-trained, they and their family members undergo a thorough background check and their homes are inspected for fire safety,

health, safety and other requirements. In addition, their homes are monitored on a regular basis by the program staff.

# School Liaison JBLE-Langley

## JBLE-Eustis

The school liaison offices are the connection between JBLE families and private and public schools. The offices provide support to service members during all stages of transition and deployment to ensure children receive every opportunity for quality education.

## Youth Programs

### JBLE-Langley Youth Programs

2424 Big Bethel Road.......757-225-2606 https://jbleforcesupport.squarespace.com/ langley/youth-programs

## JBLE-Eustis School Age Programs

## JBLE-Eustis Middle School and Teen Programs



#### **JBLE-Eustis Youth Sports**

The Youth Programs at JBLE offer before- and after-school care as well as summer day camps and full-day care during school breaks that provide a safe, supervised and healthy environment for children ages 5 through 18.

## **FINANCIAL SERVICES**

## 1st Advantage Federal Credit Union

1317 Patton Ave., JBLE-Eustis ... 757-877-2444 www.1stadvantage.org

## Bank of America

Building 1327, JBLE-Eustis ...... 757-887-7840 www.bankofamerica.com

## Langley Federal Credit Union

Building 467, 157 Sweeney Blvd.,

## **LEGAL SERVICES**

## 633rd ABW Law Center

45 Nealy Ave., Room 115, JBLE-Langley .......757-225-6107

## Legal Assistance

2732 Madison Ave.,

See the website for eligibility requirements, services available and hours of operation.

MILITARY RELOCATION

## LIBRARY

## Bateman Library

42 Ash Ave.,

JBLE-Langley .......757-764-2906 www.langleylibrary.org

Langley's Bateman Library offers a wealth of services including books, DVDs, CDs, audio books, internet-connected computers, Wi-Fi access and more.

## **Groninger Library**

1313 Washington Blvd.,

The Groninger Library provides information and reading resource materials on popular and duty-related subjects. The library has 10 computers with internet access and free Wi-Fi.

#### RECREATION

For information about the recreational programs at Joint Base Langley-Eustis, visit the Force Support Squadron online at https://jbleforcesupport.squarespace.com.

## ${\it JBLE-Langley}$

**Auto Skills Shop** 

Buildings 224 and 220,

35 Ash Ave. ......757-764-4607 https://jbleforcesupport.squarespace.com/ langley/auto-skills

This 24-bay complex is designed for those of the do-it-yourself mindset. Contract mechanics are available to assist and advise as well.

## **Bowling Center**

Building 252, 75 Nealy Ave. ..... 757-764-2433 https://jbleforcesupport.squarespace.com/langley/langley-lanes

Strike up some family fun at Langley Lanes. Shoe rental, bowling lessons, leagues and party rooms are available.



## **Community Commons**

Building 61, 74 Burrell Loop

......757-764-2983/2984

https://jbleforcesupport.squarespace.com/langley/community-commons

Amenities include billiards, table tennis, a recording studio, a video game room, a multipurpose arena, the ITT office, the Airman's Attic and a thrift shop. See the website for class and event schedules.

#### **Fitness Centers**

36 Sweeney Blvd. ......757-225-8166 https://jbleforcesupport.squarespace.com/langley/shellbank-fitness-center

Visit the fitness centers' websites for more information on amenities, classes and events.

## **Golf Course**

The 18-hole Eaglewood Golf Course features a 24-hour driving range, a pitching green, a chipping green, a putting green, a practice green, a pro shop, a club house and more.

### Information, Tickets and Tours

Building 61, 74 Burrell Loop...... 757-764-7176 https://jbleforcesupport.squarespace.com/ langley/information-tickets-tours

Want to go somewhere? Find information and get military discount tickets for local attractions



and events as well as nearby theme parks and water parks. See the website for more information.

#### Marina

The marina offers wet and dry slips to meet your storage needs. It also offers pavilion rentals, midgrade gas, a fish cleaning station and a snack bar.

#### **Outdoor Recreation**

77 Holly St. ......757-764-7170 https://jbleforcesupport.squarespace.com/langley/outdoor-recreation

Activities are offered year-round, from whitewater rafting to snowboarding. Equipment rentals offered include camping supplies, children's bounce houses and more. Fishing permits are also available at Outdoor Recreation.

## Pools

JBLE-Langley has two pools. The indoor pool is in the Shellbank Fitness Center. The outdoor pool is on Benedict Avenue.

## JBLE-Eustis

## Auto Craft Center

This 16-bay complex is designed for those of the do-it-yourself mindset. Certified technicians are also available.

## **Bowling Center**

Strike up some family fun at the bowling center. Shoe rental, leagues, and monthly DJ and karaoke entertainment are available.



#### **Fitness Centers**

Visit the fitness centers' websites for more information on amenities, classes and events.

#### **Golf Course**

3518 Mulberry Island Road ....... 757-878-2252 https://jbleforcesupport.squarespace.com/fort-eustis/the-pines

The Pines Golf Course is a 24-hole facility with a driving range, chipping green, practice bunker, putting green and grille.

## **Outdoor Recreation**

Enjoy fresh air and adventure with Outdoor Recreation's rentals such as log cabins, campsites, RVs, boats and pavilions. Outdoor Recreation also offers storage space for recreational vehicles and boats as well as horse stables. See the website for information about hunting, water sports and fishing.

#### **Pools**

2123 Pershing Ave. ......757-878-1090 https://jbleforcesupport.squarespace.com/fort-eustis/outdoor-pool

JBLE-Eustis has an aquatic center and an outdoor pool. The indoor aquatic center features a lap pool, a triple-loop waterslide, a whirlpool, a mini lazy river, a mushroom waterfall and more.

#### **Recreation Center**

The recreation center's amenities include pool tables, pingpong, air hockey, video games, movies and more.

#### **Tickets and Tours**

Want to go somewhere fun? Find information and get military discount tickets for local attractions and events as well as nearby theme parks and water parks. See the website for more information.

### **SHOPPING**

## Commissary

JBLE-Langley

51 Spaatz Drive......757-764-7604

## JBLE-Eustis

Save your hard-earned dollars when shopping for groceries at the commissary.

## Main Exchange

## JBLE-Langley

61 Spaatz Drive.......757-766-1282

#### JBLE-Eustis

The Joint Base Langley-Eustis exchanges want to be your first choice for shopping. It offers a price-match program that guarantees the lowest prices in town. Hours for services outside the main exchange vary, so call or visit the website for detailed information.

# Make Your Dream Home A Reality

We have a wide range of mortgage products designed to fit every individual's lifestyle. Whether you're a 1st time home buyer, upsizing or downsizing - Langley can help.

Get your dream home today!

langleyFCU.org/mortgage 757-827-5328

Langley Mortgage







# Welcome

## to Hampton Roads

A DIVERSE COLLECTION OF 11 cities and six counties, Hampton Roads lies in the middle of the Eastern Seaboard, and with a population of more than 1.7 million, it is one of the largest metropolitan areas in the United States. It is also home to the world's greatest natural deep-water harbor.

Hampton Roads has 11,684 miles of shoreline along the Atlantic Ocean, Chesapeake Bay and multiple rivers, so residents enjoy a full range of seaside and aquatic activities. Walk the cobblestone streets of colonial-era cities, enjoy historic sites such as Jamestown, Yorktown or Williamsburg, or tour the Cape Henry lighthouse — the oldest federally funded lighthouse in the United States (1782).

Hampton Roads also has plenty of modern-day attractions, including museums, a zoo and an amusement park. Annual festivals and events, popular restaurants and shopping destinations will keep residents entertained in this rich and vibrant region.

## **HISTORY**

Hampton Roads is where English settlers first landed in America in 1607, at what is now

known as Virginia Beach. They arrived on three ships — the Susan Constant, the Godspeed and the Discovery — under the direction of Capt. Christopher Newport. The newcomers continued up the James River to Jamestown Island and established the first English colony there. Hampton Roads' many waterways proved to be of great use for both commerce and strategic military control of the new settlement.

The region was the site of important battles and events during the American Revolutionary War, the War of 1812 and later, the Civil War. The Battle of Hampton Roads during the War Between the States is considered one of that conflict's most important naval engagements. Part of a Confederate effort to break the Union blockade, the clash was the first between ironclad warships: the USS Monitor (Union) and the CSS Virginia (Confederate). While their joust ended in a draw (neither ship did much harm to the other), the duel received worldwide attention. Naval powers worldwide stopped building wood-hulled ships, forever changing

the standards for warships and shipbuilding in general.

And it was here, with the Confederacy on the brink of collapse, that President Abraham Lincoln met with senior Confederate officials at the Hampton Roads Conference in 1865. The four-hour conference was an attempt to negotiate for peace as Lincoln sought the states' voluntary return to the Union. The Confederates continued to demand complete independence, however, and the conference ended in failure.

Today, the area's 400 years of American history draws visitors from around the world. It is home to nearly 50 historical sites, including Fort Monroe, Colonial Williamsburg and the Portsmouth Naval Museum. Hampton Roads continues to make history with its naval presence and ships such as the USS Wisconsin, launched in World War II. After serving in the Persian Gulf in Operation Desert Storm, the ship was decommissioned and is now docked at the National Maritime Center-Nauticus in Norfolk, Virginia.



## **SAFETY**

## State of Virginia

www.vaemergency.gov

The Virginia Department of Emergency Management works with local government, state and federal agencies and voluntary organizations to coordinate the Commonwealth of Virginia's allhazards emergency preparedness, response and recovery. This is done by providing resources and expertise to state and local partners throughout five core mission areas: Prevention, Protection, Mitigation, Response, and Recovery. The Department of Emergency Management operates the Virginia Emergency Operations Center, Watch Center, and Joint Information Center, in addition to seven regional offices throughout the Commonwealth which house regional planners, response personnel, and chief regional coordinators.

## **WEATHER AND CLIMATE**

Hampton Roads has a mild, temperate coastal climate, so residents can enjoy the many outdoor recreational options in Virginia year-round. Each season is distinct, but temperatures and conditions are still enjoyable.

Average temperatures in the summer months hover around a humid 77 degrees. Average fall

temperatures are approximately 62 degrees. In the winter, Hampton Roads receives an average of 10.37 inches of precipitation, with an average temperature of 42 degrees. In the spring, warm and humid conditions return, with average temperatures of 58 degrees.

## Local Hazards

Every second counts in a disaster so planning and preparation can be lifesavers.

The Virginia Department of Emergency Management gives residents, communities, public safety professionals, businesses and schools valuable information and resources regarding a variety of emergency scenarios. The website provides information on creating an emergency plan and emergency kit, pet preparedness and disaster preparedness for seniors. The department even offers the Virginia Ready mobile app, which features maps, survival supplies lists and a service to send a text to your contacts letting them know you're OK in the event of an emergency. For more information, visit www. vaemergency.gov/prepare.

Another great resource for natural disaster and severe weather information is the Centers for Disease Control and Prevention website at www.cdc.gov/disasters. Here you can find information on how to prepare for various weather emergencies.

## **LOCAL CONNECTIONS**

#### Chamber of Commerce

Use the chambers' online membership directories to connect with local businesses as you settle into your new community.

## Franklin-Southampton Area Chamber of Commerce

108 W. Third Ave.

### **Gloucester County Chamber of Commerce**

## Greater Williamsburg Chamber & Tourism Alliance

421 N. Boundary St.

Williamsburg, VA 23185 ......757-229-6511 www.williamsburgcc.com

## **Hampton Roads Chamber of Commerce**

500 E. Main St., Suite 700

Norfolk, VA 23510 ......757-622-2312 www.hamptonroadschamber.com

## Isle of Wight-Smithfield-Windsor Chamber of Commerce

100 Main St.

Smithfield, VA 23431 ...... 757-357-3502 www.theisle.org

## Virginia Peninsula Chamber of Commerce

## **York County Chamber of Commerce**

4102 George Washington Memorial Highway, Suite 101 Yorktown, VA 23692.......757-877-5920

www.yorkcountychamberva.org







# **Getting To & Around**

## **Hampton Roads**

## THE METROPOLITAN REGION KNOWN as

Hampton Roads connects to the United States and the world with established, advanced transportation infrastructure that includes the Port of Virginia — the best natural deep-water harbor on the East Coast. Rail giants CSX and Norfolk Southern connect with the port for cargo distribution throughout the East Coast and Midwest, and Amtrak provides daily rail passenger service between Newport News; Washington, D.C.; Philadelphia; New York; and Boston; and to the south to Atlanta and Miami.

The area also boasts modern interstate and state highway systems, with Interstate 64, a major east-west corridor, circling the metropolitan area and linking to north-south Interstates 85 and 95 at Richmond, 70 miles to the west. The Chesapeake Bay-Bridge Tunnel allows access to Hampton Roads from the coast. Many Hampton Roads travelers choose to drive, enjoying the scenery and historic sites.

Hampton Roads Transit's public transportation includes light rail, bus and ferry services.

## **AIRPORTS**

## Norfolk International Airport

2200 Norview Ave.

Norfolk, VA 23518.....757-857-3351

www.norfolkairport.com

Norfolk International Airport is 10 miles northeast of downtown Norfolk, 20 miles west of the Virginia Beach oceanfront and 45 miles southeast of Williamsburg. The airport serves southeast Virginia, Virginia's eastern shore and northeast North Carolina. Four major airlines provide arrivals and departures daily, with more than 3.6 million scheduled passengers served in 2018.

An expansive USO Welcome Center on the second level of the Arrivals Terminal near baggage claim provides a lounge for active-duty and retired military and their families to relax, read, watch television, play games, grab a snack and access the internet.

Uniformed naval personnel are on duty at the Airport Information Center in the main lobby; they can help incoming military with questions

about ground transportation to local bases as well as providing both military and civilians with local information. Check out www. norfolkairport.com/service-amenities/military-government for additional benefits.

Eight car rental companies are available in the arrivals terminal, and James River Transportation Airport Connection is the authorized shuttle service for service throughout Hampton Roads. Twelve taxi companies, Lyft and Uber also do business at the airport.

## Newport News/Williamsburg International Airport

900 Bland Blvd.

Newport News, VA 23602......757-877-0221 www.flyphf.com

The Newport News-Williamsburg International Airport is about a 15-minute drive from downtown Newport News and 20 minutes from Williamsburg and Hampton. American Airlines provides service to Charlotte-Douglas International Airport and Philadelphia International Airport, and Delta Air Lines flies to

Atlanta-Hartsfield International Airport. Free Wi-Fi service is available throughout the terminal, which handled about 404,000 travelers in 2018.

The USO of Hampton Roads and Central Virginia next to the Welcome Center in the main airport terminal was named best in the nation by the 2015 Volunteer Satisfaction Survey. Come to the USO for light refreshments and snacks, computer access and free Wi-Fi, a TV area, a video gaming station, a children's play area, reading materials, the United Through Reading program, comfortable recliners and leather sofas, and information about the area. See www.flyphf. com/terminal/services or call 757-969-5604 for more information.

Car rental companies serve the airport as well as taxicab companies, plus limousines and coaches.

## **PUBLIC TRANSPORTATION**

Hampton Roads Transit

3400 Victoria Blvd.

Hampton, VA 23661.....757-222-6100 www.gohrt.com

Hampton Roads Transit serves the cities of Chesapeake, Hampton, Newport News, Norfolk, Portsmouth and Virginia Beach. HRT services include more than 50 bus routes. The Tide — Virginia's first light rail system — and the Elizabeth River Ferry, which serves Norfolk and Portsmouth.

HRT also offers paratransit services and TRAFFIX, a cooperative public service designed to promote transportation alternatives such as ridesharing.

## Williamsburg Area Transport

7239 Pocahontas Trail

Williamsburg, VA 23185......757-220-5493 http://gowata.org

Williamsburg Area Transport provides a transportation system to residents of James City County, the city of Williamsburg and the Bruton District of York County through eight fixed-routes for buses and a number of specialty routes - the Trolley, the William & Mary Green Line and the Surry Line, transportation service for the disabled.

## **DRIVING AND COMMUTING**

Within the Hampton Roads region, Interstate 64 is the major east-west route, extending its reach with the I-264, I-464, I-564 and I-664 spurs and bypasses. This looped system encompasses the cities of Hampton, Norfolk, Chesapeake, Portsmouth and Newport News, and links to Virginia Beach on the coast.

Major north-south routes are U.S. Routes 13 and 17, connecting commuters to Hampton, Williamsburg and Cape Charles.

The Virginia Department of Transportation offers commuter information — including traffic cameras, road conditions, construction maps and more — at www.virginiadot.org/travel/hroadsmain.asp.

## Virginia Department of Motor Vehicles

www.dmv.virginia.gov

The Virginia Department of Motor Vehicles issues driver's licenses, identification cards and vehicle registration and provides other drivingrelated services. Find many of the required forms and general information at the department's website.

### Driver's Licenses

Military personnel and their spouses who are stationed in Virginia from elsewhere may continue to drive with a valid driver's license from their home state, but in general, all Virginia residents who want to drive must apply for a driver's license once residency is established.

If you decide to apply for a Virginia driver's license, download the Virginia DMV's Military Guide at www.dmv.virginia.gov/webdoc/pdf/ dmv206.pdf for more information.



## 10 STEPS TO RESPONSIBLE DRIVING

Since you cannot control the actions of other drivers, you must rely on your skills and experience. Following these 10 rules will ensure a safe and courteous journey.

- Be prepared: Know where you are going before you start. Be well-informed about
  weather and road conditions or traffic activity on your route. For longer trips,
  include a rest stop every two hours, sooner if you are tired. Pack an emergency
  rations kit of water and nonperishable food items such as energy bars.
- Always wear your seat belt: Seat belts keep you in control and ready to react to a hazardous situation. Everyone should wear a seatbelt while in the vehicle.
- 3. Put the phone down: A mobile phone is great for roadside emergencies, but using a phone while you drive drastically reduces your reaction time to all situations. Minimize distractions by concentrating on the road, not objects, people or events inside your vehicle.
- 4. Know your surroundings: Scan the roadway continually for hazards. Keep your eyes moving, looking from one side to the other. Know what is happening well in front of you; watch for brake lights. Use the mirrors to keep an eye on traffic beside and behind you.
- 5. Share the road: Pedestrians, bicyclists, motorcyclists, vehicles of varying sizes, as well as drivers of various ages and skill levels, all have a right to use the road. Slow down and give others time and space to proceed safely. Treat them like dear friends they are to someone.
- Signal your intentions: Be predictable and courteous and signal your intentions so other road users know what you plan to do next. Use your horn or headlights, if necessary.

- 7. Watch your speed: Posted maximum speeds are for ideal driving conditions. Adjust your speed for traffic, road and visibility conditions or when not operating at your best. Higher speeds magnify errors and decrease response times. It helps to maintain a large "safety cushion" around your vehicle to change lanes safely and to take evasive action in emergencies.
- Maintain your vehicle: Read your owner's manual and follow the recommended schedule for maintenance service. Routinely check tires, brakes, lights, wipers and fluid levels. Pack a flashlight, blanket and first-aid kit. In cold climates, pack extra warm clothing. Carry a mobile phone for emergencies.
- 9. Move your disabled vehicle: If your car breaks down, move it off the road away from traffic, if possible. Warn other drivers by raising the vehicle's hood or using your hazard lights, then stay inside and ask passersby to call the police. If you are unable to move the car out of traffic, get all passengers to exit the vehicle and move to the side of the road when safe. If you must walk to a phone, keep your group together.
- 10. Don't drive while impaired: Never drive while under the influence of alcohol, prescription or street drugs, or over-the-counter medications that make you drowsy. Not only will you put yourself and your passengers in danger, but a traffic violation of this nature can seriously derail a military career. Don't be a driver if you think you are going to drink. Road rage and normal fatigue can also impair your response time. Be calm, well-rested, alert and attentive any time you get behind the wheel.

## Vehicle Registration

Applications associated with driving and vehicle registration are available online at www. dmv.virginia.gov/vehicles, including DMV forms, requests for driving records and more.

Military members and veterans may be entitled to certain DMV exemptions and allowances. For more information on military and veteran exceptions and requirements, visit the website.

## **Distracted Driving**

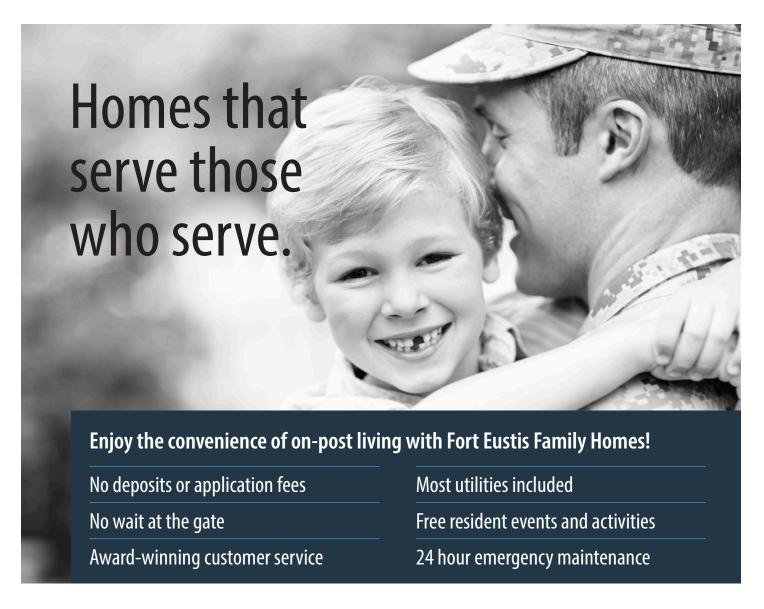
The state of Virginia does not prohibit drivers from making calls on handheld wireless telephones while operating a motor vehicle. However, because localities can enact their own cellphone laws, making or receiving calls without a hands-free device is illegal in some towns. State law bans anyone under 18 years old from using a cell phone or any other personal communication device while driving. Using a cell phone without a hands-free device is prohibited on Joint Base Langley-Eustis.

Texting while driving is prohibited throughout Virginia.

## Virginia Department of Transportation www.virginiadot.org/travel

Visit the Virginia Department of Transportation's Travel Center online to get information on traffic, incidents and lane closures and view highway cameras. Maps and information about commuting options, safety rest areas and interstate highways are also available.





Now leasing 2, 3, 4 and 5 bedroom homes with exceptional on-site amenities to Active Duty families.

Contact us today to schedule a tour, or visit **FortEustisFamilyHomes.com** for more information.

757.369.8335







# **Housing & Real Estate**

## in Hampton Roads

**ENJOY THE CONVENIENCE OF** on-base living with Fort Eustis Family Homes. Living on post has never been easier or more comfortable. Fort Eustis Family Homes offers spacious, contemporary, move-in ready two-, three- and fourbedroom homes in a community where you'll be surrounded by support from other military members and their families.

While residents appreciate features such as energy-efficient appliances and central heating and cooling, what sets Fort Eustis Family Homes apart is the commitment to customer service. Professionally managed by Balfour Beatty Communities, you can count on the on-site maintenance team to resolve problems 24/7. The community also boasts an award-winning Life-Works program, which provides residents of all ages with a wide variety of fun and educational activities and events at no cost. Most utilities are included, and you won't experience any wait at the gate either. When you live on post, you're not just another resident; you're a member of the military service family.

For more information or to schedule a tour, contact Fort Eustis Family Homes at www. forteustisfamilyhomes.com or 757-369-8335.

## **HAMPTON ROADS COMMUNITIES**

Since 1983, the U.S. Office of Management and Budget has recognized Hampton Roads as a significant group of socially and economically integrated communities. Its mid-Atlantic location in southeastern Virginia embraces two areas: South Hampton Roads and the Peninsula — often referred to as the Tidewater area. South Hampton Roads includes the cities of Chesapeake, Norfolk, Portsmouth, Franklin, Suffolk and Virginia Beach, and the counties of Isle of Wight, Southampton and Surry. The Peninsula consists of the cities of Hampton, Newport News, Poquoson and Williamsburg, and the counties of Gloucester, James City and York.

The name "Hampton Roads," almost 400 years old, has been in use since the region was a struggling British outpost in the 17th century. It refers to the large natural harbor where the

James, Nansemond and Elizabeth rivers pour into the mouth of Chesapeake Bay. "Roads" is short for roadstead which in nautical terms means "a place less sheltered than a harbor where ships may ride at anchor."

Hampton Roads' population is not confined to one central city but is spread among several growing cities. The area was recently recognized as the nation's most diverse, with a population of more than 1.7 million people, according to the Hampton Roads Chamber of Commerce.

The military is a major presence with Joint Base Langley-Eustis (Army and Air Force), Joint Expeditionary Base Little Creek-Fort Story (Army, Navy and Marines), Naval Air Station Oceana and Naval Air Station Oceana Dam Neck Annex, Naval Medical Center Portsmouth, Naval Station Norfolk and Coast Guard Sector Hampton Roads. The largest naval base in the world is in Hampton Roads. According to the Hampton Roads Economic Development Alliance, active-duty military personnel and reservists numbered more than 80,000 and civilian employees 40,000.



Communities in Hampton Roads near Joint Base Langley-Eustis include Clearfield, Kaysville, Layton and Sunset.

## Chesapeake

www.cityofchesapeake.net

The city of Chesapeake's heritage stretches to Colonial times, but the independent city itself is relatively new, coming into being in 1963 when the city of South Norfolk and the former Norfolk County consolidated and voters picked the name "Chesapeake."

Developed enclaves alternate with protected farmland, forests and wetlands; a large portion of the Great Dismal Swamp lies within the city limits and so does the Dismal Swamp Canal, the nation's oldest continuously used manmade canal, which George Washington helped to survey.

Chesapeake's nearly 243,000 residents live in a quiet, family friendly town. Many of the homes have ample yards for play, and numerous military retirees opt to stay or to return.

View Chesapeake's Citizen's Guide to City Services at https://tinyurl.com/y7s7uelx.

### Franklin

www.franklinva.com

The city of Franklin, population 8,013, is a manufacturing and farming community on Virginia's fertile Coastal Plain. It began modestly as a railroad stop on the Blackwater River in the 1830s, but its real financial growth kicked off in 1887 with development of a sawmill, and with World War I's demand for lumber, its future was assured. The sawmill-based operation merged in 1956 with a New York paper bag company and flourished until 1999, when the operation was purchased by International Paper. The

International Paper Mill along the Blackwater River produced lumber, pulp and paper products, and chemical byproducts until it shut down in May 2010, but it has since resumed limited operations.

Franklin's location along its lifeline river has also made it vulnerable to flooding, particularly after hurricanes. In 1999, in the wake of Hurricane Floyd, the raging Blackwater submerged downtown Franklin under 12 feet of water.

## Hampton

www.hampton.gov

The city of Hampton is the hub of Hampton Roads. The shoreline city, "America's First," was the initial point of land touched by the English colonists who continued upriver to establish Jamestown, and after being settled in 1610, Hampton became the country's first continuously English-speaking settlement. Today, Hampton is a regional shopping and entertainment destination with easy access to more than 100 attractions.

The city of Hampton, population 134,313, has multiple resources to help newcomers make informed decisions when considering homebuying. For new-resident information, visit <a href="https://tinyurl.com/ycm7mnqr">https://tinyurl.com/ycm7mnqr</a>.

## Newport News

www.nngov.com

The city of Newport News — on the Virginia Peninsula, midway between Williamsburg and Virginia Beach — started as a tiny fishing settlement on the north side of the James River but has grown into one of the finest natural harbors in the world. Newport News, Norfolk and Portsmouth constitute the Port of Hampton Roads.

The city's 178,626 residents enjoy one of the largest municipal parks in the U.S. Newport News Park offers hiking, biking, boating, fishing, archery and camping.

For the Newport News Newcomer's Guide online, go to www.nngov.com/313/ Newcomers-Guide.

## Norfolk

www.norfolk.gov

The city hosts the world's largest naval base and the busiest port on the East Coast so it's a bustling place — population 244,076 — jampacked with people in a hurry, and all that bustle crowds the roads. A joint study by Avis, Motorola and Sterling's Best Places ranked the Norfolk-Newport News-Virginia Beach as the nation's 10th-worst to navigate.

Residents praise the weather (warm and humid but with sea breezes and no winter to speak of), the beaches (especially Ocean View), the Virginia Zoo and Norfolk Botanical Garden.

The housing stock skews older, and gentrification is in full flower; those who have always yearned for a Victorian cottage should be able to find one, but those who favor sleek, modern condos can find them too. Norfolk has more than 300 well-established neighborhoods to choose from. For more information on living in the city, visit <a href="https://www.norfolk.gov/31/Residents">www.norfolk.gov/31/Residents</a>.

## Poquoson

www.poquoson-va.gov

In the city of Poquoson, population 12,190, new homes contrast with old farmhouses, and families whose roots are generations deep mingle with newcomers looking to escape big city living. This former fishing village at the tip



of the Virginia Peninsula is surrounded by water on three sides and revels in over 84 miles of shoreline on Chesapeake Bay. CNBC has rated this suburb of Norfolk-Newport News-Virginia Beach as No. 5 on its list of 10 Perfect Suburbs based on affordable housing, good schools, educated residents, low crime, employment and reasonable commutes.

For more information about local education, quality of life, real estate and relocation and the business community, visit www. poquoson-va.gov.

## Portsmouth

www.portsmouthva.gov

The city of Portsmouth, population 94,632, was born as a shipbuilding town when John Wood, an early English colonist, recognized its harbor potential and asked King James I for a land grant for a shipyard in 1620. These days the Norfolk Naval Shipyard in Portsmouth builds, remodels and repairs naval vessels, and the city itself has busy port facilities and much waterfront along the Elizabeth River, part of the harbor of Hampton Roads. The U.S. Coast Guard named Portsmouth a "Coast Guard City" in 2009.

The Olde Towne section contains one of the greatest numbers of historically significant homes between Alexandria, Virginia; and Charleston, South Carolina; and since 2000, the downtown has been undergoing urban renewal. Tree-lined streets lead to the charming waterfront. See www.portsmouthva.gov/600/ Newcomer for newcomer information.

## Suffolk

www.suffolkva.us

The city of Suffolk, birthplace of Mr. Peanut and the largest city in Virginia by area (just over 400 square miles of land) was founded by English colonists in 1742 as a port on the Nansemond River. The city always has been a transportation gateway with highways, trains and, of course, waterways.

Early on, the colonists' major cash crop was tobacco, but they later turned to mixed farming. In 1912, Planters Peanuts set up shop, and peanut growing became a major industry, aided in national marketing by introduction of the company's mascot, Mr. Peanut. For many years, the call letters of local WLPM, Suffolk's AM radio station, stood for World's Largest Peanut Market.

More recently the city's economy has diversified into high-tech, thanks to the location there of various major military commands. In 2018, Suffolk had 91,185 residents.

View the city's information for residents online at www.suffolkva.us/31/Residents.

## Virginia Beach

www.vbgov.com

The resort city of Virginia Beach, population 450,189 in 2018, had more residents than any other city in Virginia, and was the 43rd largest in the U.S. Its major industry is tourism, and hundreds of motels, hotels, restaurants and highrises line the miles of oceanfront beach (the Guinness Book of Records calls it the longest pleasure beach in the world).

The sleepy little vacation community of Virginia Beach didn't really take off until the late 19th century when the railroad, electricity and the Princess Anne Hotel all began service. The resort incorporated as a town in 1906.

The city is blessed by its location north of the pummeling from southern storms and south of blustery northern weather systems, giving it a languorous, subtropical climate that marks the northern limit for Spanish moss. Mild winters are rarely marked by snowfall, and any that does fall is light.

## Williamsburg

www.williamsburgva.gov

The city of Williamsburg, population 14,896 in 2018 and onetime capital of Colonial Virginia, stretches along a high, wooded spine occupied by the original Middle Plantation between the James and York rivers on the Virginia Peninsula, and these days is a mecca for history buffs, retirees and ardent golfers.

Its elevation worked against it in the early days when transportation was arduous and mostly along waterways, and the railroads came late. In general, history rushed by without touching the city harshly, but now its restored historic area, Colonial Williamsburg, is one anchor of Colonial Virginia's Historic Triangle, along with Jamestown and Yorktown, and draws more than 4 million tourists every year.

Williamsburg is a college town as well, site of the prestigious William & Mary College, founded in 1693, and the Williamsburg Regional Library is known as one of the best in the country. In 1698, Williamsburg became the capital of Colonial Virginia, a position it held until 1780 when then-Gov. Thomas Jefferson moved state government to Richmond because he believed Williamsburg was more vulnerable to British attack.

The first hospital for psychiatric patients in the nation was built here in the 1770s - the Public Hospital for Persons of Insane and Disordered Minds — and continues today as Eastern State Hospital.

Find Williamsburg new resident information online at www.williamsburgva.gov/residents/ new-resident-information.

## **PLANNING YOUR MOVE**

Relocating to a new home can be one of the most stressful situations in life. Whether moving



across town or the nation, preparation and organization make all the difference.

For military moves, visit www.move.mil for information about moving resources and to learn about the allowances and responsibilities of a military-sponsored move.

Regardless of which method you choose, the first step should be to inventory your personal belongings. The list, with photographs of any valuables, will be important for both insurance purposes and to help keep you organized during transit.

Plan for one full day to pack each room—though the kitchen and garage may take longer. Make a rough estimate of your packing schedule and then add 50 percent more time. It always takes longer than predicted to pack. Toss or donate unused items to lighten your load. Visit www.goodwill.org, www.salvationarmyusa.org or www.clothingdonations.org for locations near you or to arrange a pickup.

## **BUYING VERSUS RENTING**

The decision to buy or rent is the most important step in your relocation process. Purchasing a home entails a long-term financial and emotional commitment with various pluses and minuses. Advantages include the possibility of building equity and the freedom to design and decorate your property or landscape. And don't forget the tax benefits. Disadvantages include upkeep, property taxes and fluctuating property values.

Renting, on the other hand, makes moving easier and someone else maintains the property. Amenities such as laundry rooms, exercise rooms, swimming pools and tennis courts vary from one rental complex to another. The main disadvantage is a loss of control over the residence. Some complexes, for example, restrict or prohibit pets and personal touches such as painting. And the landlord or property managers can also raise the rent with proper notice.

To determine your best choice, account for all your needs, review your financial situation and research your options thoroughly.

## **FINDING AN APARTMENT**

Be prepared when you meet with the leasing agent, property manager or owner. Bring a list of what you are looking for in a rental; it is important to be clear about your needs and to get all your questions answered. You will also need to

provide information and verification about your job, your income and your past rental history. Dress to make a good impression and treat the meeting like a job interview — be polite and arrive on time.

Use a written checklist with the landlord to document the condition of the rental before you move in, and keep a copy of the completed checklist to use when you move out.

The Virginia Residential Landlord and Tenant Act governs landlord-tenant relations and can be downloaded at www.dhcd.virginia.gov/index.php/LTHandbook.

## **BUYING A HOME**

Buying a home is a complex process and, as the recent housing crisis demonstrated, requires a thorough education on the part of the buyer. First, fully understand your financial position — credit score, available savings, monthly income and expenditures. Subtracting your expenditures from your income, for instance, will yield the amount you can afford for housing.

The region's communities give newcomers plenty of choices when selecting a home. Enlist the help of a reputable real estate agent to help you sort through the area's home options. The Hampton Roads Realtors Association is a central source of local real estate information and services. Visit <a href="https://www.hrra.com">www.hrra.com</a> or call 757-473-9700 to find expertise and professional services for those interested in purchasing a new home.

## State Programs

Virginia provides housing programs and incentives to help residents with home ownership. For more information, visit www.hud.gov/states and select "Virginia" from the list.

## Hampton Roads Loan Fund Partnership

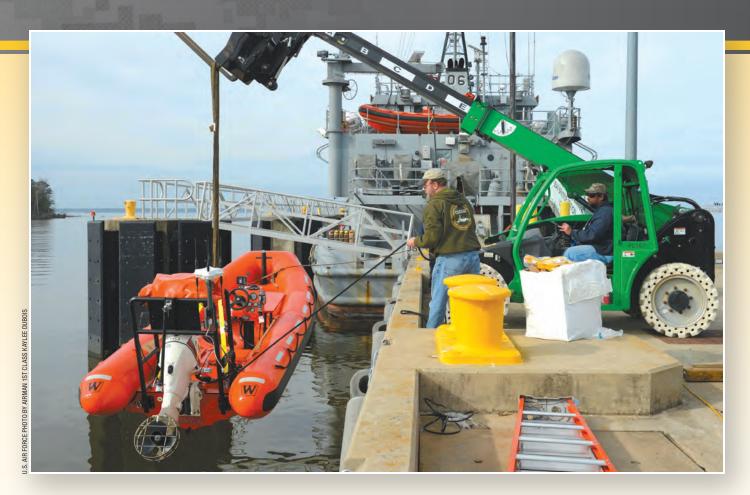
The Hampton Roads Planning District Commission works through the Hampton Roads Loan Fund Partnership to administer funds from the federal HUD HOME program to help eligible first-time homebuyers with down payments and closing costs. The loan fund partnership's goal is to support local community development in neighborhoods and populations that historically have been underserved by mortgage lenders and traditional home ownership programs. Go to <a href="https://tinyurl.com/ybff3ntb">https://tinyurl.com/ybff3ntb</a> for more detailed information and eligibility requirements.

## Other Programs

The Virginia Association of Realtors is a sponsor of the Homes for Our Troops program. Go to www.varealtor.com and click on the "Partners" tab under "About Us" for more information.







# **Employment & Economy**

## in Hampton Roads

THE SALT TASTE OF tidewater has defined the 10 independent cities and six counties in southeast Virginia known as Hampton Roads for more than four centuries. The region's harbor, the Port of Virginia, is the nation's largest natural icefree, year-round port and the fastest growing on the East Coast. Other thriving business categories identified by the Hampton Roads Economic Development Alliance include aerospace and aviation, corporate and professional, maritime and logistics, modeling and simulation and advanced manufacturing, with health care also in the mix.

The maritime transportation possibilities drew the first English colonists to establish Jamestown, their first colony in the New World, in 1607. Trade, agriculture, the military and, more recently, manufacturing have led the way to growth over the years.

## Joint Base Langley-Eustis

Despite government belt-tightening, military dollars still drive the Hampton Roads economy. In 2010, the Army base Fort Eustis in Newport News and Langley Air Force Base in Hampton merged under orders from the Base Realignment and Closure Commission to become Joint Base Langley-Eustis, though they retain their physical locations, separated by 17 miles. The bases together have more than 20,000 military personnel and civilian workers, and 19,000 dependents, according to the 2018 Joint Base Langley-Eustis Economic Impact Analysis. In all, JBLE had a total economic impact of \$2.9 billion.

## **EMPLOYMENT RESOURCES**

## National Resources

At the national level, websites such as www. linkedin.com, www.monster.com, www. careerbuilder.com and www.indeed.com have extensive search capabilities as well as resume tips, forum support and professional networking

The National Military Spouse Network, a networking, mentoring and professional development organization, has a wealth of career information at its website, www. nationalmilitaryspousenetwork.org. The group aims to help military spouses build a meaningful, sustained career path and offers a library of articles that touch on topics like entrepreneurship, resume tips, self-promotion and more as well as a membership-only discussion forum. The organization also features companies that are military spouse-owned or military spouse-friendly on its Homefront Business Listings page.

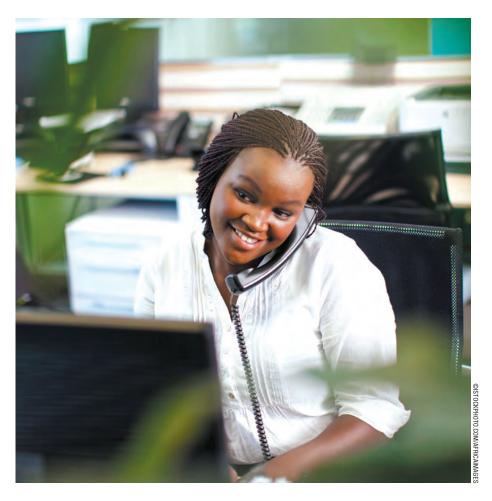
## Local Resources

Virginia Workforce Connection

600 Butler Farm Road, Suite B

Hampton, VA 23666......757-865-5800 www.vawc.virginia.gov/vosnet

The state's career development system brings together businesses, educational institutions and state agencies to connect job seekers to opportunities that help them develop their careers. Individuals receive support, education and training that prepare them for jobs.



### Commonwealth of Virginia

http://jobs.virginia.gov

Commonwealth of Virginia offers an online employment and resource center for people looking for job opportunities with state government. The easy-to-use website allows users to search for jobs by category, department or location and then apply online.

## **Gloucester County**

6467 Main St.

Gloucester, VA 23061 ......804-693-4042 www.gloucesterva.info/347/Job-Opportunities

Gloucester County does not accept paper applications. It provides job postings online with salaries and an employment application guide to steer users through the process.

## Isle of Wight County

17090 Monument Circle

Isle of Wight, VA 23397......757-365-6266 www.co.isle-of-wight.va.us/human-resources

Openings are posted at this website; click on "Employment Opportunities" and follow the instructions to review job postings and to apply online. The website also provides a "Related Websites" link for more job resources.

### James City County

101 Mounts Bay Road

Williamsburg, VA 23185......757-253-6680

https://jobs.jamescitycountyva.gov

This career center site provides a link to job openings and to benefits and compensation.

## York County

120 Alexander Hamilton Blvd., Second Floor Yorktown, VA 23690......757-890-3687 www.governmentjobs.com/careers/ yorkcountyva

This site walks applicants through the process, start to finish, for searching for job postings and applying online.

## City of Chesapeake

306 Cedar Road

Chesapeake, VA 23322 ......757-382-6492 www.jobs.cityofchesapeake.net

The city of Chesapeake provides a jobs posting and a link to create an online application.

## City of Franklin

207 W. Second Ave.

Franklin, VA 23851......757-562-8508 www.franklinva.com

The city of Franklin's home page provides a link to job postings and online applications as well as a Workforce Development Center.

## City of Hampton

22 Lincoln St.

Hampton, VA 23669......757-727-8311 www.hampton.gov/hire

Some jobs here are open to all and others only to city employees.

## City of Newport News

700 Town Center Drive, Suite 200

Newport News, VA 23606............757-926-1800 www.nngov.com/human-resources

Newport News provides a link to employment opportunities and online applications.

## City of Norfolk

810 Union St.

Norfolk, VA 23510......757-664-6510 www.norfolk.gov/2173/Job-Listings

Norfolk lists its jobs alphabetically from accounting to zoo.

## City of Poquoson

500 City Hall Ave.

When job openings come up, they're posted on the city's website.

## City of Portsmouth

801 Crawford St.

These postings are updated every week.

## City of Suffolk

442 W. Washington St.

Suffolk, VA 23434......757-514-4000 www.governmentjobs.com/careers/suffolkva

Career opportunities are listed on this page with salary ranges included.

## City of Virginia Beach

2424 Courthouse Drive

Virginia Beach, VA 23456 ............757-385-4157 https://tinyurl.com/ycery858

The website offers job opportunities with the city.

## City of Williamsburg

401 Lafayette St.

Williamsburg, VA 23185......757-220-6105 www.williamsburgva.gov/government/ job-openings

The website lists job openings with the city that include salary ranges. Download the city's employment application here.



## **JOB-SEEKER TIPS**

Always keep your resume up-to-date and have several versions that target specific industries and highlight your skills that fit their job descriptions.

Compile several reference lists with a good variety of people and former business associates. Be sure to first ask each if you can use them as references.

Compose a comprehensive, catchy and succinct cover letter of no more than a page (this is no place to ramble). It will introduce you and your desire to work for the company. Have a knowledgeable friend check it for errors; misspelled words and bad grammar hint at carelessness and indifference. Know what the company does, and highlight skills, work experience and education that apply to the position.

Maintain a positive, professional and broadbased presence on social media such as Facebook and LinkedIn; almost all employers search social media sites to vet job candidates, and your absence there will raise red flags. Also be aware that images and comments posted spur-of-themoment can be searched out forever and come back to haunt you.

Be prepared for an interview at any time. When you submit your application, a supervisor may want to talk immediately, or the phone may ring with a call from a hiring director. Compose — and rehearse — your one-minute self-promotional speech on who you are, an achievement or two and your strengths. It's not vanity to make a good first impression. If a supervisor wants to know why she should hire you, be ready.

Always follow up with thank-you letters and calls. Even today, a letter, as well as the quick-response email, will separate you from a surprising number of the other applicants — to your advantage — and keep your name fresh in the interviewer's mind. Judicious calls display your continued interest. Writing out beforehand what you want to say helps. So does rehearsal.

Be aware that due to the usually huge numbers of applicants, most companies are able to follow up only with candidates in whom they are interested. Don't take it personally if you are not notified that you did not get the job.

## **CIVILIAN OPPORTUNITIES**

## Federal Jobs

Visit www.usajobs.gov to search for Department of Defense jobs at Joint Base Langley-Eustis.

## Exchange Jobs

For base exchange jobs, visit the AAFES career page at www.applymyexchange.com and search for Langley or Eustis.

## **SELF-EMPLOYMENT**

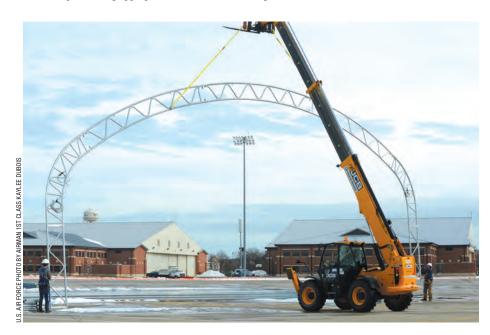
## Hampton Roads Economic Development Alliance

The Hampton Roads Economic Development Alliance, with offices in Norfolk and Newport News (www.hreda.com), works actively to attract new businesses and ensure their success with confidential and free assistance ranging from information to help in finding appropriate locations.

#### Small Business Resources

www.usa.gov/business

Learn the steps to start and grow a small business at USA.gov's Small Business website. The platform features hand-picked government websites helpful to small business owners. Learn about business taxes and incentives, financing a business, importing and exporting, federal government contracting, state business resources and more. The website also provides information on a wide range of programs and services to help veterans, women, minorities and the economically disadvantaged start or grow a business.







# **Health Care**

## in Hampton Roads

THERE ARE MANY HEALTH care services in Hampton Roads for military, civilians and veterans. Visit www.healthcare.gov for information on open enrollment for health care coverage under the national Affordable Care Act.

See the Military Buyer's Guide to connect with local hospitals and medical centers, health care centers and health care providers.

## COMMUNITY HEALTH CARE CLINICS AND RESOURCES

A community health center or clinic is customarily the place to go for those who have no health insurance or have limited income or ability to pay medical fees. Such clinics accept most insurance and provide affordable, comprehensive health care by well-trained, professional staff. They also serve those who are uninsured and underinsured, and most are open to making sliding scale payment arrangements based on income and family size.

For a list of free and charitable clinics and community health centers in Virginia, visit the Virginia Health Care Foundation website at www.vhcf.org/looking-for-help and select "Medical Care" in the box on the left. There are nearly 60 free and charitable clinics and more than 140 community health centers in the state.

## **DENTAL CARE**

The Virginia Dental Association's website, www.vadental.org, has roster lists that are useful places to start looking for a dentist. From its home page, click on "For Our Patients," then "Find a Dentist." You can also seek referrals from people you know who've had dental care in the area.

The Virginia Health Care Foundation, www. vhcf.org/looking-for-help, can assist with locating free or low-cost dental care. Go to its website and click on "Dental Care" in the box on the left for more information.

## **FINDING A LOCAL DOCTOR**

Before you arrive at your new assignment, you can check the Virginia Board of Medicine's practitioner directory at www.vahealthprovider. com/search.asp. You can browse for a provider

by name, location or specialty. This should give you a preview of the local medical practitioners as well as where you might need to go for specialized care.

Personal referrals from friends or other medical personnel can add to your options.

You can check a doctor's certification at the American Board of Medical Specialties at www. abms.org. To see if anyone has registered a complaint or taken disciplinary action against the doctor, visit the Virginia Board of Medicine at www.dhp.virginia.gov/medicine, and click on "Case Decisions" to the left.

Treat finding a doctor as seriously as looking for a new job or a new home. You want to be comfortable with the person who will see you while you are most vulnerable.

## **FOR VETERANS**

Veterans in the Hampton Roads region are served within Veterans Integrated Service Network 6 — the VA Mid-Atlantic Health Care Network, with the nearest major medical center in Hampton, Virginia, backed by outpatient clinics



in Virginia Beach and Chesapeake. The Hampton Roads VA Medical Center's domiciliary offers specialized programs including one for post-traumatic stress disorders in addition to a care management program that works exclusively with veterans who served in Operation Enduring Freedom, Operation Iraqi Freedom or Operation New Dawn, and an equine therapy program. The medical center also boasts a state-of-the-art women's clinic, and additional expansions include spinal cord injury and mental health units. VISN 6 serves veterans each year with medical centers and community-based outpatient clinics in Virginia, West Virginia and North Carolina.

## Hampton VA Medical Center

100 Emancipation Drive

Hampton, VA 23667......757-722-9961 www.hampton.va.gov

The VA Medical Center in Hampton, Virginia, takes patients on a walk-in basis and by appointment and provides primary, acute inpatient, psychiatric, chronic spinal cord, long-term, hospice palliative and domiciliary rehabilitative residential care. Other resources include compensated work therapy, hemodialysis, hospice, transitional residencies, oral surgery, an outpatient substance abuse treatment program, post-traumatic stress disorder assistance, a domiciliary drug abuse program, a domiciliary homeless program, an extended care rehab center, a sexual trauma program, mental health case management, vocational rehab and a women's health program.





The following is a list of community-based outpatient clinics and vet centers. For a full list of clinics and other facilities, go to www. hampton.va.gov.

## Chesapeake CBOC

1987 S. Military Highway

Chesapeake, VA 23320 ...... 757-722-9961

Virginia Beach CBOC

244 Clearfield Ave., Suite 401

Virginia Beach, VA 23462 ...... 757-722-9961

Norfolk Vet Center

3132 Lynnhurst Blvd.

Chesapeake, VA 23321 ......757-623-7584

Virginia Beach Vet Center

324 Southport Circle, Suite 102

Virginia Beach, VA 23452 ...... 757-248-3665

Virginia Department of Veterans Services

900 E. Main St.

The Department of Veterans Affairs improves the quality of life for Virginia's veterans, military and their families by increasing awareness and access to appropriate federal, state and local resources.

It operates a number of benefits, services and family support offices in the area. Contact 757-224-5208 to speak to a regional specialist.

## **HOSPITALS AND MEDICAL CENTERS**

Because emergencies can happen without warning, it is prudent to know where to go when they happen. Saving minutes in a crisis can mean saving a life. Knowing what services are available, and where, can make all





the difference. Visit the following websites for more information on local hospital and medical center services.

## Bon Secours DePaul Medical Center

150 Kingsley Lane

Norfolk, VA 23505......757-889-5000 www.bshr.com

## Bon Secours Mary Immaculate Hospital

2 Bernardine Drive

Newport News, VA 23602......757-886-6000 www.bshr.com

## **Bon Secours Maryview Medical Center**

3636 High St.

Portsmouth, VA 23707 ...... 757-398-2200 www.bshr.com

## Chesapeake Regional Medical Center

736 N. Battlefield Blvd.

Chesapeake, VA 23320 ......757-312-8121 www.chesapeakeregional.com

## Children's Hospital of The King's Daughters

601 Children's Lane

Norfolk, VA 23507......757-668-7000 www.chkd.org

## Riverside Regional Medical Center

500 J. Clyde Morris Blvd.

Newport News, VA 23601......757-594-2000 www.riversideonline.com

## Riverside Walter Reed Hospital

7519 Hospital Drive

Gloucester, VA 23061 ...... 804-693-8800 www.riversideonline.com

## Sentara CarePlex Hospital

3000 Coliseum Drive Hampton, VA 23666......757-736-1000

www.sentara.com

Sentara Leigh Hospital 830 Kempsville Road

Norfolk, VA 23502......757-261-6000

## Sentara Norfolk General Hospital/

Sentara Heart Hospital

600 Gresham Drive

Norfolk, VA 23507......757-388-3000

www.sentara.com

## Sentara Obici Hospital

2800 Godwin Blvd.

Suffolk, VA 23434......757-934-4000 www.sentara.com

## Sentara Princess Anne Hospital

2025 Glenn Mitchell Drive

Virginia Beach, VA 23456 ........... 757-507-1000 www.sentara.com

### Sentara Virginia Beach General Hospital

1060 First Colonial Road

Virginia Beach, VA 23454 ........... 757-395-8000 www.sentara.com

## Sentara Williamsburg Regional Medical Center

100 Sentara Circle

Williamsburg, VA 23188.....757-984-6000 www.sentara.com

## Southampton Memorial Hospital

100 Fairview Drive

Franklin, VA 23851......757-569-6100 www.smhfranklin.com





# **Family Resources**

## in Hampton Roads

PICKING UP FROM ONE place and moving to another is always a hassle, especially when kids and pets are involved. Knowing whom to call or where to find information can help make the transition easier.

## American Red Cross

www.redcross.org

The Red Cross helps members of the military, veterans and their families prepare for, cope with, and respond to, the challenges of military service.

The American Red Cross offers confidential services to all members of the military, veterans, and their families by connecting them with local, state and national resources through the network of chapters in communities across the United States and offices on military installations worldwide.

Local Red Cross offices develop and maintain relationships with key community partners. Military families rely on the Red Cross to help them identify their needs and connect them to the most appropriate Red Cross and community resources. This key Red Cross service includes

responding to emergency needs for food, clothing, and shelter, referrals to counseling services (e.g., financial, legal, mental health), respite care for caregivers, and other resources that meet the unique needs of local military members, veterans and their families.

The American Red Cross Emergency Communications Center is available to help 24/7. Call 877-272-7337 or submit an online request at https://saf.redcross.org/css.

## Armed Services YMCA

www.asymca.org

The ASYMCA is made up of 13 branches and about 20 affiliate locations at local Y's and on some DOD facilities across the U.S.

It makes military life easier by providing programs and services to the young men and women of all five armed services: Army, Marine Corps, Navy, Air Force and Coast Guard.

ASYMCA programs, services and events are designed to help the family come together, stay together and have the ability to adjust, bounce back and thrive wherever the services send them

— with a particular focus on junior-enlisted men and women, the individuals on the front lines of defending our nation. Programs are offered at low cost and require no dues or membership fees.

Signature programs include: Angels of the Battlefield Awards Gala, Art and Essay Contest, Military Family Month, Operation Hero, Operation Holiday Joy, Operation Kid Comfort, Operation Outdoors, Operation Ride Home, Parent and Me, Teddy's Child Watch and YMCA/DOD Military Outreach Initiative.

Find ASYMCA locations by visiting www. asymca.org/locations.

## Child Care Aware

www.childcareaware.org

Improving access to affordable, quality child care is one of Child Care Aware of America's top goals. Search the site's "State by State Resources for Families" to connect with national organizations and associations that provide information for families regarding child development, parenting, and child care concerns and questions.



The site has information on the different types of child care and how to choose the right child care for your family. Financial resources include a child care budgeting calculator and information on federal and state fee assistance. There's also a special section for military and DOD families with links to military child care fee assistance. To speak with a specialist about military and DOD child care programs, call 800-424-2246, option 6.

## Military OneSource

www.militaryonesource.mil

Military OneSource is your central hub and go-to-place for the military community. Get to know your benefits and prepare for the big stuff — deployments, reintegration, moves, parenthood, retirement and more. Browse by topic or search for that strangely specific question you want to know the answers to. No matter where military life takes you, with Military OneSource you will always be in the loop.

## **Operation Homefront**

www.operationhomefront.org

Operation Homefront assists military families during difficult financial times by providing food assistance, auto and home repair, vision care, travel and transportation, moving assistance, essential home items, and rent-free transitional housing for wounded veterans and their families.

Helping military families gain long-term stability is a specific concern for Operation Homefront. Homes on the Homefront awards mortgage-free homes, impacting veteran families for generations to come. The caregivers for wounded warriors also need help and that is why Hearts of Valor was formed.

Operation Homefront's annual gala recognizes extraordinary military kids. The organization also hosts multiple Homefront Celebrations, Star-Spangled Baby Showers, Back-to-School Brigades and Holiday Meals for Military events each year to show appreciation to military spouses.

Visit Operation Homefront online for more information.

## **United Service Organization**

www.uso.org

Since 1941, the USO has kept our military men and women connected to their families, home and country no matter where they are or under what conditions they serve. Programs for military families include Couples Seminars: Stronger Families, Comfort Crew for Military Kids, Operation That's My Dress, United Through Reading, Baby Showers: USO and What to Expect Present Special Delivery and The Sesame Street/USO Experience.

The USO also provides transition services to support Americans' return to civilian life after completing their military service. For more information, go to www.uso.org/programs/uso-pathfinder.

Visit the USO's website to find a location near you.

## Virginia Department of Social Services

801 E. Main St.

Richmond, VA 23219......804-726-7000 www.dss.virginia.gov

The Virginia Department of Social Services is a state-supervised and locally administered social services system. VDSS delivers services and benefits to over 1.7 million residents each year, providing oversight to 120 local offices. VDSS programs are designed to help Virginia's most vulnerable citizens find permanent solutions to life's challenges and to achieve the highest level of self-sufficiency. The department administers programs such as Temporary Assistance for Needy Families, Supplemental Nutrition Assistance Program, Medicaid, Adoption, Child Care Assistance, Refugee Resettlement Services and Child and Adult Protective Services.

## **PETS**

Moves are stressful for everyone — including the family pet. Pets can sense stress and a change in routine can be difficult for them. If possible, keep your pets in a quiet, secure area while movers pack up or unload your belongings. Movers will have your door open while they move boxes and furniture, and a pet may slip out the door undetected. Make sure you always keep a collar with an ID tag on your pet. Ensure the tag has your current phone number on it. It is also a good idea to microchip your pets. Remember to keep the microchip's contact information up to date. If your pet escapes during any part of your move, you want the animal shelter that scans the chip to be able to contact you.

Your pet may face new outside dangers, including wild animals that may not only damage your home but also introduce diseases and parasites into your home. In Hampton Roads, these animals typically include raccoons, skunks, coyotes, foxes, beavers, bobcats, opossums, nutria and more. Keep animals on a leash in wooded areas, and contact professional animal control officers to help remove any threatening wildlife.

## Animal Services

Chesapeake Animal Services Unit

2100 S. Military Highway

Chesapeake, VA 23320 .................757-382-8080 https://tinyurl.com/yap8vlsg

Chesapeake Animal Services Unit operates under the police department and is staffed by animal control officers trained to enforce city and state animal laws. For more information, visit the Chesapeake Animal Services Unit website.



# Chesapeake Humane Society

312 N. Battlefield Blvd.

Chesapeake, VA 23320 ...... 757-546-5355 www.chesapeakehumane.org

The Chesapeake Humane Society provides low-cost spay/neuter and vaccination services, financial assistance to shelter animals in immediate medical need and off-site adoption events. The organization promotes the welfare of animals through programs that reduce pet overpopulation, increase adoptions and encourage responsible pet guardianship through affordable care.

# City of Franklin Animal Control

1024 Pretlow St.

Franklin, VA 23851......757-562-8605 www.franklinpolice.org/departments/ animal-control

City of Franklin Animal Control operates under the police department, which enforces animal laws and responds to complaints of animal cruelty or neglect.

# **Gloucester County Animal Control**

6489 Main St., Room 126

Gloucester, VA 23061 ..... 804-693-5290 www.gloucesterva.info/AnimalControl

The animal control department is responsible for the enforcement of state and county laws regulating the keeping of domestic animals within the county. For animal shelter hours of operation, pet license requirements and information about coyotes, visit the Gloucester County Animal Control website.

# **Hampton Animal Control**

40 Lincoln St.

Hampton, VA 23669.....757-727-6111 www.hampton.gov/1465/Animal-Control

Animal Control enforces city and state animal ordinances, educates the community on responsible pet ownership and investigates complaints of animal cruelty or neglect as well as animal bites. It also educates the community about wildlife concerns. For shelter hours, pet licensing or other information, visit the Hampton Animal Control website.

# Isle of Wight Animal Control

13044 Poor House Road

Isle of Wight, VA 23397.....757-365-6318 www.co.isle-of-wight.va.us/animal-services

Isle of Wight Animal Control is committed to public safety and animal protection through sheltering, adoption programs, education and animal law enforcement. It operates a shelter where dogs, cats and other companion animals are available for adoption.

# James City County Animal Control

430 Waller Mill Road

Williamsburg, VA 23188......757-565-0370 www.jamescitycountyva.gov/176/

Animal-Control

The James City County Animal Control, located inside the Heritage Humane Society facility, is responsible for the welfare of animals in the community including problem, neglected and dangerous animals and for enforcing animal laws. For information about hours of operation, pet licensing, lost pets or adoption opportunities, visit the James City County Animal Control website.

# **Newport News Animal Services Division**

5843 Jefferson Ave.

Newport News, VA 23605......757-595-7387 www.nngov.com/756/Animal-Services

The Animal Services Division supports responsible pet ownership, humane treatment of animals, pet identification, spay-neuter programs and management of pet overpopulation. The division is dedicated to the prevention of cruelty to animals by enforcing state and city animal welfare laws and investigating complaints of abuse or neglect. For more information, visit the Newport News Animal Services Division website.

# Norfolk Animal Care and Adoption Center

5585 Sabre Road

Norfolk, VA 23502......757-441-5505 www.norfolk.gov/Index.aspx?NID=260

Norfolk Animal Care and Adoption Center is the city's animal sheltering facility, which provides a safe haven for animals in need. Animals are never turned away. The center cares for nearly 5,000 animals each year. For more information, visit the Norfolk Animal Care and Adoption Center website.



#### Norfolk Animal Protection Unit

2500 N. Military Highway

Norfolk, VA 23502......757-664-6900 www.norfolk.gov/index.aspx?NID=359

The Animal Protection Unit is responsible for enforcing animal laws, licensing and cruelty investigations. The Animal Protection Unit operates under the Norfolk Police Department.

# **Portsmouth Humane Society**

4022 Seaboard Court

The Portsmouth Humane Society promotes the adoptions of homeless animals in the community into loving, permanent homes. The non-profit also provides education and community outreach programs to help decrease pet over-population. The Portsmouth Humane Society is the oldest continuously operating animal welfare organization in Virginia.

# Southampton Animal Control

22336 Main St.

Courtland, VA 23837......757-653-2100 www.southamptoncounty.org/departments/ sheriff\_office/index.php

Animal control is managed by the Southampton Sheriff's Office, which has trained personnel assigned to animal control. The department is responsible for pet licensing and promoting the humane treatment of animals and prevention of cruelty to animals. For more information, visit the Southampton Animal Control website

# Suffolk Animal Control Bureau

124 Forest Glen Drive

Suffolk, VA 23434......757-514-7855 www.suffolkva.us/153/Animal-Control

Suffolk Animal Care maintains a shelter to protect, house, feed and euthanize (only if necessary) stray, injured, abused or unwanted animals. It also handles adoptions and redemption of stray animals. Suffolk Animal Care provides education programs on the importance of humane care, rabies vaccinations and spaying or neutering to prevent unwanted pet populations as well as raising awareness of state and city laws pertaining to domestic animals.

# Virginia Beach Animal Control

341 S. Birdneck Road

Virginia Beach, VA 23451 ............757-385-4444 www.vbgov.com/government/departments/police/Animal-Control

Although pet licensing is coordinated through the city Treasurer's Office, most pet and animal services are provided by the Police Department's Animal Control Division. The division promotes responsible pet ownership, handles lost or injured animals and works to protect the public from animal-related communicable diseases such as rabies. Animal Control enforces laws concerning the care of domesticated animals and control of wild animals to ensure they are treated humanely. The division works with the local ASPCA and wildlife rescue organizations to ensure that strays and abused animals have an opportunity to find new homes as adoptable pets or live the remainder of their lives in a safe environment.

# Williamsburg Animal Control

430 Waller Mill Road

Williamsburg, VA 23188......757-565-0370 www.jamescitycountyva.gov/176/ Animal-Control

Williamsburg contracts with James City County Animal Control for services concerning the welfare of animals, licensing and adoptions.

# York County Animal Control

301 Goodwin Neck Road

Yorktown, VA 23690......757-890-3600 www.yorkcounty.gov/442/Animal-Services

The Animal Control Bureau operates under the York County Department of Fire and Life Safety. York County Animal Control officers are responsible for the welfare of animals in the community including problem, neglected and dangerous animals, for enforcing animal laws and for preventing cruelty to animals. For information about hours of operation, pet licensing, lost pets or adoption opportunities, visit the York County Animal Control website.

# Pets for Patriots

https://petsforpatriots.org

Pets for Patriots' vision is to end animal homelessness in the United States while giving our military veterans and their families the greatest "thank you" of all: the extraordinary love of a companion pet. It makes this happen through its nationwide shelter and veterinary networks, military and veteran organizations, and a public that values the lives of both the vulnerable and heroic among us.

To learn more about adopting a pet, visit https://petsforpatriots.org/adopt-a-pet/how-it-works.

# Veterinary Services

Veterinary services in Hampton Roads are plentiful; see the Military Buyer's Guide to connect with local providers. A place to start looking for a veterinarian is the Virginia Veterinary Medical Association at <a href="https://www.vvma.org">www.vvma.org</a>. Another source is the Southeast Virginia branch of the Virginia Veterinary Medical Association Facebook page, <a href="https://www.fb.com/SWVVMA">www.fb.com/SWVVMA</a>.







# **Education & Academics**

# in Hampton Roads

FINDING THE RIGHT SCHOOLS and educational opportunities for each family member is an important part of any move. This chapter outlines Hampton Roads' public schools system, private schools, charter schools and home schooling criteria, as well as local libraries and higher education institutions.

To be enrolled in a Virginia school, a child must be at least 5 years old on or before Sept. 30 of the school year. Those wishing to register their child in school should bring the following to the school office: a birth certificate or other proof of the child's age, and the child's previous school records and immunization records. For more details on Virginia's minimum vaccine requirements for students in grades K-12, please visit the Virginia Department of Education's website at www.vdh.virginia.gov/immunization/requirements. Check with the school for additional requirements.

Virginia is one of the few states to reject Common Core education standards that provide a consistent set of educational expectations for students in the majority of other states, the District of Columbia, Guam, American Samoa, the Northern Mariana Islands, the U.S. Virgin Islands and the Department of Defense Education Activity. Instead, Virginia uses Standards of Learning exams to regularly test students from kindergarten through 12th grade on their levels of learning and achievement; the standards are based on what students should learn in every grade in Virginia in the core subjects of English, mathematics, science and history. Students in grades three through 12 typically will take between two to four SOL tests each year.

# Choosing a School

Choosing the right school is very important, so be sure to research each one before deciding. Contact the school by phone or by visiting its website, which is a valuable source to learn about a school district's statistics and curriculum. Talk to people in the area, especially friends and colleagues who already live there.

If the school shows promise, schedule a visit and bring a list of written questions about

student-teacher ratios, computer availability, extracurricular activities, sports programs, music programs, gifted programs and grading standards.

Discuss the potential school with your child: what they liked and what they didn't like. Your family's ability to readily adapt to a move and to find happiness in your new home may depend, in part, on how happy your children are in their new school.

# **CHARTER SCHOOLS**

Charter schools are public schools of choice that are tuition-free, serve all students and have open enrollment. For more information or a listing of charter schools in Virginia, visit the Virginia Department of Education's website at <a href="https://www.doe.virginia.gov/instruction/charter\_schools">www.doe.virginia.gov/instruction/charter\_schools</a>.

# **HOME SCHOOLING**

In an introduction to home schooling in Virginia, the state Department of Education



# **EDUCATION LINKS**

Find resources to help your student achieve academic success at these websites:

- Virginia Department of Education: www.doe.virginia.gov
- Virginia PTA: www.vapta.org
- Reading is Fundamental: www.rif.org
- U.S. Department of Education: www2.ed.gov/parents

Military Child Education Coalition: Ensures quality educational opportunities for all military children affected by mobility, family separation and transition. Visit www.militarychild.org for information on programs and resources.

**Tutor.com:** Eligible students and service members in U.S. military families around the world can work one-to-one with an expert tutor online 24/7. Get free help with homework, studying, test prep and proofreading in more than 40 subjects. Visit <a href="http://military.tutor.com">http://military.tutor.com</a>.

provides guidelines for home-schooled children. The rules can be found at www.doe.virginia.gov/families/private\_home.

# VAHomeschoolers- The Organization of Virginia Homeschoolers

P.O. Box 5131

Charlottesville, VA 22905......866-513-6173 www.vahomeschoolers.org

This independent, member-driven state-wide organization provides support to home-schooling families, links to resources and information about schools and policies. It also serves as a family forum.

# Home Educators Association of Virginia 2100 W. Laburnum Ave., Suite 108-A Richmond, VA 23227.....804-278-9200 www.heav.org

Home Educators Association of Virginia is a member-supported, statewide, 501(c)(3) nonprofit home-school association. Since 1983, HEAV has worked to promote home education by working with the Virginia Department of Education and legislators and providing information to home-schooling families, the media and officials. Though HEAV is based on a biblical worldview, it serves all home-schoolers regardless of religious or philosophical beliefs, and membership is open to all.

# **PRIVATE SCHOOLS**

To search for local private schools in Virginia, visit the National Center for Education Statistics website and use the private school search tool at <a href="https://www.nces.ed.gov/surveys/pss/privateschoolsearch">www.nces.ed.gov/surveys/pss/privateschoolsearch</a>. Users may search by location, religious affiliation, school type and more.

# **PUBLIC SCHOOLS**

# Chesapeake Public Schools

312 Cedar Road

Chesapeake, VA 23322 ......757-547-0153 www.cpschools.com

Chesapeake Public Schools has 28 elementary schools, 10 middle schools and seven high schools as well as several alternative, gifted, and science and technology schools; the International Baccalaureate program; a special education center; a preschool facility; online courses; and adult and continuing education. The district's enrollment hovers around 39,000.

# Franklin City Public Schools

207 W. Second Ave.

Franklin, VA 23851......757-569-8111 www.fcpsva.org

Franklin City Public Schools has three schools — an elementary, a middle and a high school — and an adult education program. The district has an enrollment of approximately 1,100 students.

# Gloucester County Public Schools

6099 T.C. Walker Road

Gloucester, VA 23061 ...... 804-693-5300 http://gets.gc.k12.va.us

Gloucester County Public Schools has five elementary schools, two middle schools and one high school. The district's enrollment is about 5,500 students.

# Hampton City Schools

1 Franklin St.

Hampton, VA 23669......757-727-2000 www.hampton.k12.va.us

Hampton City Schools has 18 elementary schools, five middle schools and four high schools and a school for the arts, a gifted center, schools that stress fundamentals, a technology magnet school, an early childhood center, and an adult education program. The district has an enrollment of over 19,000 students.



# Isle of Wight County Schools

820 W. Main St.

Smithfield, VA 23430......757-357-4393 www.iwcs.k12.va.us

Isle of Wight County Public Schools has five elementary schools, two middle schools and two high schools. The district has an enrollment around 5,500 students.

# Newport News Public Schools

12465 Warwick Blvd.

Newport News, VA 23606............757-591-4500 www.sbo.nn.k12.va.us

Newport News Public Schools has five early childhood centers, 24 elementary schools, seven middle schools, five high schools, a middle/high combined school, five early childhood centers and special schools including an aviation academy and workforce training schools. The district has an enrollment of approximately 29,000 students.

# Norfolk Public Schools

800 E. City Hall Ave.

Norfolk, VA 23510......757-670-3945 www.nps.k12.va.us

Norfolk Public Schools has 33 elementary schools, two combined elementary and middle

schools, eight middle schools, five high schools and other auxiliary facilities, including alternative and specialty programs such as an early childhood education center and choice schools, to serve its 33,000 students.

# Poquoson City Public Schools

500 City Hall Ave.

Poquoson, VA 23662......757-868-3055 www.poquoson.k12.va.us

Poquoson City Public Schools has one primary school (K through second grade), one elementary school (third through fifth grade), one middle school and a high school. The district has an enrollment of approximately 2,100 students.

#### Portsmouth Public Schools

801 Crawford St.

Portsmouth, VA 23704......757-393-8751 http://pps.k12.va.us

Portsmouth Public Schools has four pre-K centers, 13 elementary schools, three middle schools, three high schools, an alternative school and an adult learning center. The district's enrollment is just under 15,000 students.

# Southampton County Public Schools

21308 Plank Road

Courtland, VA 23837......757-653-2692 www.southampton.k12.va.us

Southampton County Public Schools has four elementary schools, one middle school, one high school and an alternative school, to serve some 2,800 students.

# Suffolk Public Schools

100 N. Main St.

Suffolk, VA 23434......757-925-6750 www.spsk12.net

Suffolk Public Schools has 11 elementary schools, five middle schools and three high schools. The district has an enrollment of around 14.300 students.

# Virginia Beach City Public Schools

2512 George Mason Drive

Virginia Beach, VA 23456 ............ 757-263-1000 www.vbschools.com

Virginia Beach City Public Schools has 55 elementary schools, 15 middle schools, 12 high schools and a number of secondary/post-secondary specialty centers, including an adult learning center and a technical and career



education center. The district is the largest school division in the region and has an enrollment of nearly 70,000 students.

# Williamsburg-James City County Public Schools

117 Ironbound Road

Williamsburg, VA 23185......757-603-6400 http://wjccschools.org

Williamsburg-James City County Public Schools has nine elementary schools, three middle schools and three high schools. The district has an enrollment of more than 11,300 students.

# York County School Division

302 Dare Road

Yorktown, VA 23692......757-898-0300 www.yorkcountyschools.org

York County School Division has 10 elementary schools, four middle schools, four high schools, a center for the academically gifted, an academy that focuses on computer technology and web design, an International Baccalaureate program, an arts-intensive program and online courses. The district has an enrollment of about 12,700 students.

# **UNIVERSITIES AND HIGHER EDUCATION**

Hampton Roads offers plenty of opportunity for continuing education. Joint Base Langley-Eustis Education Center provides active duty, family members and retirees the opportunity to enroll in courses offered by accredited universities. The JBLE satellite office offers flexible class schedules, affordable tuition, outstanding faculty and an environment tailored to adult

students and military members. For more information, go to www.jble.af.mil/Invest-In-Your-Future or call 757-764-2963.

Use the following contact information to start your search for the school that is right for you.

# Advanced Technology Institute

5700 Southern Blvd.

Virginia Beach, VA 23462 ........... 757-490-1241 www.auto.edu

# Apprentice School

3101 Washington Ave., First Floor Newport News, VA 23607.......757-380-3809 www.as.edu

# **Bryant & Stratton College**

**Hampton Campus** 

4410 Claiborne Square, Suite 233 Hampton, VA 23666.......757-896-6001

# Virginia Beach Campus

301 Centre Pointe Drive

Virginia Beach, VA 23462 ........... 757-499-7900 www.bryantstratton.edu

# Christopher Newport University

1 Avenue of the Arts

Newport News, VA 23606......757-594-7000 www.cnu.edu

# College of William and Mary

116 Jamestown Road

Williamsburg, VA 23185......757-221-4000 www.wm.edu

# Eastern Virginia Medical School

700 W. Olney Road

Norfolk, VA 23507......757-446-5600 www.evms.edu



# **ECPI University**

# **Newport News Campus**

1001 Omni Blvd., Suite 100

Newport News, VA 23606......757-849-0548

# **Norfolk Campus**

2428 Almeda Ave., Suite 106

Norfolk, VA 23513.....757-793-2640

# Virginia Beach Campus

5555 Greenwich Road

Virginia Beach, VA 23462 ........... 757-517-3903 www.ecpi.edu

# Embry-Riddle University

### **Fort Eustis Campus**

Fort Eustis Education Center

1500 Madison Ave.

# **Langley Campus**

450 Weyland Road, Suite 120

Hampton, VA 23665......757-325-6272 https://worldwide.erau.edu/locations/langley

# Hampton University

100 Cemetery Road

Hampton, VA 23668......757-727-5000 www.hamptonu.edu

# Norfolk State University

700 Park Ave.

Norfolk, VA 23504......757-823-8600 www.nsu.edu

# Old Dominion University

5115 Hampton Blvd.

Norfolk, VA 23529......757-683-3000

# Virginia Wesleyan University

5817 Wesleyan Drive

Virginia Beach, VA 23455 ............ 757-455-3200 www.vwu.edu

# **LIBRARIES**

Public libraries in Hampton Roads offer learning, recreation, distance education, internet and more resources, all for free. School libraries that support the curriculum and offer internet access and other resources are in most public and private schools, and academic and special libraries are found in colleges and universities. The Library of Virginia, www.lva. virginia.gov, supports libraries in the state with resources, Interlibrary Loan and other assistance.

Residents can make use of numerous public libraries in Hampton Roads. Get information about services, hours and events by visiting the branches' websites. For a full list of libraries in Virginia, visit the Library of Virginia website.





# **Living**

# in Hampton Roads

THERE ARE PLENTY OF entertaining activities in Hampton Roads — music, sports, theater, museums, parks and shopping. Take a ride back in time on the Hampton Carousel, or use some pedal power to bike along the historic Colonial Parkway. Treat the kids to interactive education at the Virginia Aquarium & Marine Science Center, or marvel at treasures of marine history during the Norfolk Harborfest. Plus, there's nothing quite like a sunset walk through the arts and scenery of the Virginia Beach Boardwalk.

# **ANNUAL EVENTS**

Residents of Hampton Roads have dozens of annual events, festivals and community gatherings at their fingertips.

# Norfolk Harborfest

www.visitnorfolk.com/harborfest

Every June, the city of Norfolk hosts one of the East Coast's favorite festivals, the Norfolk Harborfest. This free festival is the largest, longest-running, free maritime festival in the nation. Enjoy three days of tall ships, the Parade of Sail,

festival foods and beverages, live performances, fireworks displays on the coast and plenty of fun for the whole family.

# Norfolk St. Patrick's Day Parade

http://norfolkvaparade.com

It began in 1967 with a few Irish-Americans marching with trash-can lids and brooms around the tiny Ocean View headquarters of the Father Kealey Council 3548 of the Knights of Columbus. When they stopped for liquid refreshments, the leaders decided it was so much fun they wanted to launch a real parade the following spring. That little gathering has evolved into a parade up Granby Street through Ocean View that annually features nearly 200 bands, marching units, clowns, and floats and is one of the largest St. Patty's celebrations on the East Coast.

# Norfolk Waterfront Jazz Festival

Downtown Norfolk Waterfront

https://festevents.org

Hampton Roads' longest-running outdoor Jazz Festival returns every August for two nights along the Downtown Norfolk Waterfront. On a warm summer evening, chill to the legendary sounds of top national smooth jazz and R & B recording artists. This popular festival features a variety of seating and ticket options, food and beverage vendors, plus a festival marketplace with crafts, retail items and more.

# Suffolk Peanut Festival

www.suffolkpeanutfest.com

This family-friendly festival in October is something to go nuts over. Featuring free concerts, arts and crafts, a motorcycle rally, fireworks, bingo, amusement rides, exhibits and more. The four-day celebration of all things peanut is a guaranteed goober time.

# Virginia Beach Neptune Festival Boardwalk Weekend

www.neptunefestival.com

Ranked one of the Top 100 festivals in America, this September weekend of fun in Virginia Beach attracts more than 500,000 people annually. Along the 30 blocks of the Virginia Beach Boardwalk, you'll find local arts and crafts, live music, a regatta, a sand sculpture



contest, fun runs, fireworks, volleyball contests and more. Line up early for the Festival Grand Parade between 16th and 32nd streets.

# **ARTS**

Artistic opportunities from theater to music to dance and more are no strangers to Hampton Roads residents.

# The American Theatre

125 E. Mellen St.

Hampton, VA 23663......757-722-2787 www.hamptonarts.net/the-american-theatre

Built in 1908, this restored vaudeville house is now a thriving performing arts center with year-round live performances including dance, jazz and world music, cabaret shows, symphony and theater, as well as therapeutic yoga classes and more. Call or visit the website for a calendar of performances and ticket information.

# *The Charles H. Taylor Visual Art Center* 4205 Victoria Blvd.

Hampton, VA 23669......757-727-1490 www.hamptonarts.net/the-charles-h-taylor-arts-center

This neoclassical building, constructed in 1925 and renovated in 1989 as a visual arts center, hosts nearly a dozen art exhibitions each year, highlighting established and emerging regional artists in a variety of media, subjects and styles. Admission is free. Call or check the website for a calendar of events.

# Virginia Beach Boardwalk

www.visitvirginiabeach.com/visitors/articles/boardwalk.aspx

The Virginia Beach Boardwalk is far more than just a strip of restaurants and hotels. Here you can visit museums, enjoy monuments and nautical sculptures (meet King Neptune), pedal along the

separate bike path and catch live performance art such as juggling, magic and music along the 3-mile stretch. And then there's all that beach.

# **MUSEUMS**

Learn about Virginia's history and cultural contributions by visiting any one of the many local museums.

# Colonial Williamsburg

101 Visitor Center Drive Williamsburg, VA 23185.......888-965-7254 www.colonialwilliamsburg.com

Feel as if you've stepped into another day and age at this combination historical landmark and living history museum in Williamsburg, Virginia. The motto of Colonial Williamsburg is, "The future may learn from the past." The 301-acre historic area is an interpretation of a Colonial American city, with exhibits including dozens of authentic or re-created colonial houses, many relating to American Revolutionary War history. The site has buildings dating from 1699 to 1780, a number of them reconstructed on their original sites during the 1930s. Notable structures include the Capitol and the Governor's Palace, each recreated and landscaped to what is known of their late 18th-century condition, as well as Bruton Parish Church and the Raleigh Tavern. Call or visit the website for information on tickets, bus tours and a full calendar of special events.

# Hampton History Museum

120 Old Hampton Lane

Hampton, VA 23669......757-727-1102 www.hampton.gov/history\_museum

There's no better way to learn how Hampton became America's Gateway — from early Native American culture to human exploration of space — than at this remarkable trip through time. Nine galleries detail the journeys of explorers, pirates and workers along Chesapeake Bay, including events of the War of 1812, the Civil War and other historic changes. Call the museum or visit the website for admission information and special presentations.

### **PARKS**

The Hampton Roads area is uniquely suited to beautiful flowers and foliage, not to mention expansive green spaces for recreation and contemplation. Check your community's parks and recreation listings to see more of what your local area has to offer.

#### Air Power Park

413 W. Mercury Blvd.
Hampton, VA 23666.....757-727-8311
www.visithampton.com/attraction/
air-power-park

This outdoor 15-acre roadside park museum details the vital role Hampton played in America's early space exploration and aircraft testing. Conduct your own self-guided tour amid jet planes, missiles and rockets, then let the kids romp in the playground area. Admission and parking are free.

# Bluebird Gap Farm

60 Pine Chapel Road

Hampton, VA 23666......757-825-4750 www.hampton.gov/bbgf

Come for a taste of traditional farm life at this site featuring domesticated and wild animals on more than 60 acres, the Azalea nature trail, and the Hampton Master Gardeners' Display Garden and Arboretum. A children's playground, picnic tables, grills, garden, walking trail and more add to the free family-friendly atmosphere.

# Buckroe Beach and Park

North First St.

Hampton, VA 23664......757-850-5134 https://tinyurl.com/y8pukftc

Relax on the wide, clean beach lapped by the gentle surf of Chesapeake Bay, and make it a day by bringing a picnic to one of the many shelters. More active beachgoers can enjoy the area's playgrounds, the nearby Buckroe Fishing Pier and the option to rent kayaks and paddleboats. Pets are not allowed May 15 through Sept. 15. Park Rangers are on-site year-round.

# Fort Monroe

Casemate Museum, 20 Bernard Road Fort Monroe, VA 23651 ...... 757-788-3391 www.nps.gov/fomr

Fort Monroe, recently designated as a National Monument, is the largest stone fort ever built in the U.S. Within this historic fort's walls, the Casemate Museum chronicles the history of the fort and the Coast Artillery Corps. During the



Civil War, Fort Monroe was a Union-held bastion and helped shelter thousands of slave refugees. Visit the cell where Confederate President Jefferson Davis was imprisoned. Free admission.

#### Fort Wool

Hampton Roads Harbor

Hampton, VA 23611......800-800-2202 www.visithampton.com/attraction/fortwool

Imagine the history this island fortress has seen. Dating to 1819, construction of the fort was directed by Robert E. Lee, and the site played an important role in the Civil War and both World Wars. Most notably, the fort was witness to the historic battle between the USS Monitor and the CSS Virginia (also known as the CSS Merrimack). Though this attraction is not accessible by car, it can be reached by local boat tours. Private boats are welcome to dock from May through September; see website for details.

# Norfolk Botanical Garden

6700 Azalea Garden Road

Norfolk, VA 23518......757-441-5830 http://norfolkbotanicalgarden.org

This botanical wonder stretches across 175 acres and spotlights 52 themed gardens full of stunning plants. A Virginia Historical Landmark, the garden has a rose garden, Japanese garden, butterfly house, wildflower meadow, mirror lake, picnic shelter and much more. Known not only for its natural beauty, the garden also features a boat ride through canals, educational programs, bicycle tours, a honeybee festival and special fun runs through trees sparkling with festive lights at night. Visit the website for hours, ticket information, special event schedules and tips on what flowers are in bloom.

# Sandy Bottom Nature Park

1255 Big Bethel Road

Hampton, VA 23666......757-825-4657 https://tinyurl.com/y7wxtjlv

Outdoor beauty and recreational adventures abound across the complex's 456 acres, with two lakes, wetlands, hiking and biking trails, fishing, nonmotorized boating, picnic areas, a playground, campground, yurts and a nature center. Call for special nature programs or tours.

# **SHOPPING**

From malls and major department stores to unique boutiques and souvenir shops, there's something for every taste and budget.

# Peninsula Town Center

1800 W. Mercury Blvd.

Hampton, VA 23666......757-838-1505 www.peninsulatowncenter.com

This 75-acre lifestyle center features more than 70 fashion and specialty retail, dozens of restaurants and dining options, a movie theater and a bowling alley. This sleek shopping landmark also shares space with parks, Bryant & Stratton College and residential and office space.

# Planters Peanut Center

308 W. Washington St.

Suffolk, VA 23434.....757-539-4411 www.suffolkpeanuts.com

Step back in time and enjoy the aroma of peanuts roasted in the shell daily by a 1936-model roaster. The retail store offers a wide variety of Planters Peanuts, candies and other snack products. Gift packs and shipping, and complimentary peanut recipes upon request.

# **SPORTS AND RECREATION**

Whether you are looking to take in a game or cool off with a trip down a waterslide, you will find what you are after in Hampton Roads.

# **Busch Gardens Williamsburg**

1 Busch Gardens Blvd.

Williamsburg, VA 23185......757-229-4386 www.seaworldparks.com/buschgardenswilliamsburg

Enjoy this action-packed European adventure theme park with 17th-century charm and 21st-century technology. The cultures of England, Scotland, Ireland, France, Germany and Italy serve as settings for Busch Gardens' 150 acres of fun-filled world exploration, including culinary experiences, world-class shopping and exciting live shows. The park is also home to more than 50 rides and attractions, including KIDsiderate areas especially for the park's youngest guests, and has been voted the World's Most Beautiful Theme Park every year since 1990 by the National

Amusement Park Historical Association. Call or visit the website for park hours and ticket prices.

# Colonial Parkway

P.O. Box 210

Yorktown, VA 23690......757-898-3400 www.nps.gov/colo/planyourvisit/bicycling information.htm

There is no better way to really get to know a new area than from behind the handlebars of a bicycle. The Colonial Parkway, a 23-mile scenic three-lane highway, connects the Historic Triangle of Yorktown Battlefield, Colonial Williamsburg and Historic Jamestowne. Follow along the James River, pausing periodically for points of historical significance and scenic views. Though the ride is beautiful, it's also somewhat bumpy, thanks to cobble aggregate pavement meant to simulate an early colonial roadway. Be sure to obey all traffic laws along the route, as they apply to cyclists as well as the vehicle traffic.

# Golf

Hampton Roads is fast becoming known as a top golf destination, boasting more than a dozen championship courses in the area. Public and private country club courses are available in Hampton Roads, including the 18-hole Chesapeake Golf Club, a semi-private club tucked away in the idyllic village of Las Gaviotas, 15 minutes from downtown Norfolk. Nestled in the heart of Virginia Beach is the Honey Bee Golf Club, an 18-hole course that is one of the area's most popular public courses. Hell's Point Golf Club in Virginia Beach is as scenic as it is challenging. For a list of public and private courses in Virginia, visit www.pga.com/golf-courses/details/va.



# The Hampton Carousel

602 Settlers Landing Road

Hampton, VA 23669......757-727-1102 www.visithampton.com/attraction/hamptoncarousel

Take a ride back in time on this antique wooden carousel built in 1920. The carousel has been lovingly restored to its original beauty and is now housed in a weather-protected pavilion on the city's downtown waterfront. Call for the operating schedule.

# Langley Speedway

11 Dale Lemonds Drive

Hampton, VA 23666......757-865-7223 www.langley-speedway.com

This speedway, the only NASCAR-sanctioned Weekly Racing Series track in Hampton Roads, has been voted one of the top five NASCAR Weekly Racing Series tracks. Enjoy Late Models, Grand Stocks, Modifieds, Legends, Super Trucks, UCARS, Bandoleros, Super Streets, Pro Wing Champ Karts and Pro Six racing. Call or visit the track website for special events and ticket prices.

### Peninsula Pilots

War Memorial Stadium 1889 W. Pembroke Ave.

Hampton, VA 23661......757-245-2222 www.peninsulapilots.com

Root, root, root for the Peninsula Pilots, which showcases top collegiate baseball talent as they compete with 15 other teams in the Coastal Plain League from the end of May through the middle of August, a schedule that includes 28 home games. The family-friendly atmosphere is an affordable and fun time for all. Call or visit the website for ticket prices and more information.

# Virginia Air & Space Center

600 Settlers Landing Road

Hampton, VA 23669......757-727-0900 www.vasc.org

The sky is no limit to your imagination and learning at this world-class facility, which features the Adventures in Flight and Space Quest galleries and more than 100 "hands-on" exhibits telling the story of air and space exploration. Special attractions include the Apollo 12 Command Module, a Mars meteorite and a 3 billion-year-old moon rock. The 3D IMAX Theater will boggle the mind — in a good way — with its five-story screen and 16,000 watts of digital sound. For theater showings and more information, including admission, call or visit the website.

# Virginia Aquarium & Marine Science Center

717 General Booth Blvd.

Virginia Beach, VA 23451 ........... 757-385-3474 www.virginiaaquarium.com

Take an underwater journey, learning about habitats and animals from local rivers to the floor of the Atlantic Ocean at this museum complex that uses 800,000 gallons of water in its fresh and saltwater displays. Two major exhibits — the Bay and Ocean Pavilion and the Marsh Pavilion — are connected by an outdoor nature trail running alongside Owls Creek Salt Marsh, along with overhead zip lines and challenge climbing bridges. From cownose rays to loggerhead turtles to sand tiger sharks, an amazing variety of sea creatures will delight the mind and eyes.

# Water Country USA

176 Water Country Parkway Williamsburg, VA 23185......757-229-4386 https://buschgardens.com/williamsburg/ water-country-usa

Escape the summer heat when you dip into Water Country USA, the mid-Atlantic's largest water park. With its 1950s and '60s surf theme, resort-style amenities and state-of-the-art water rides and attractions, there's no shortage of ways to splash through the days. Get your adrenaline pumping with a 300-foot speed slide that drops straight down or try out Virginia's first hybrid water coaster. Call or visit the website for specific hours and ticket prices.



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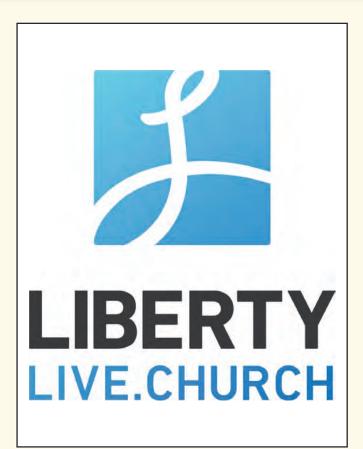
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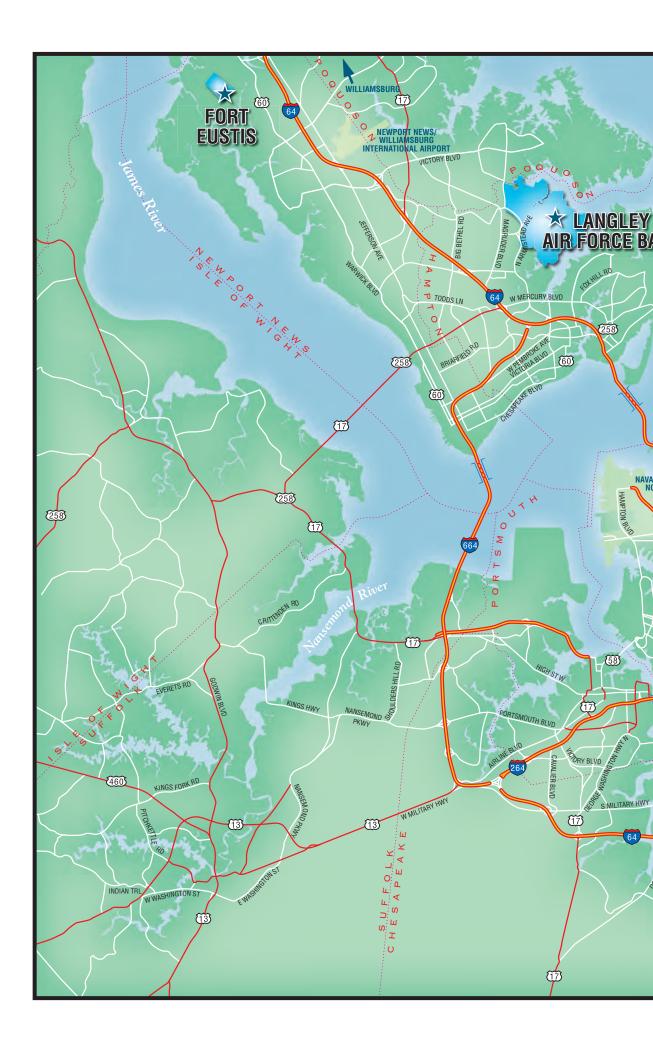




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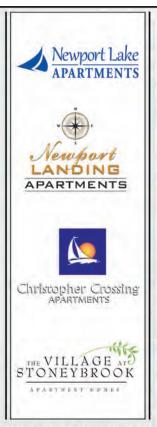
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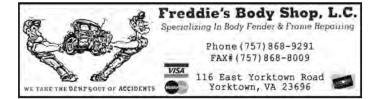
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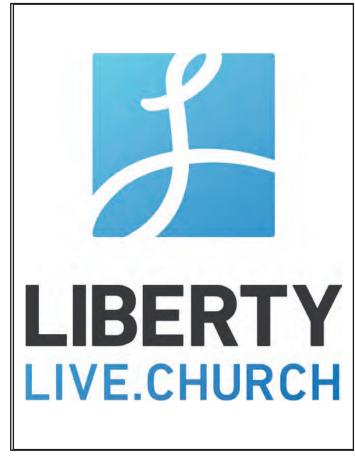
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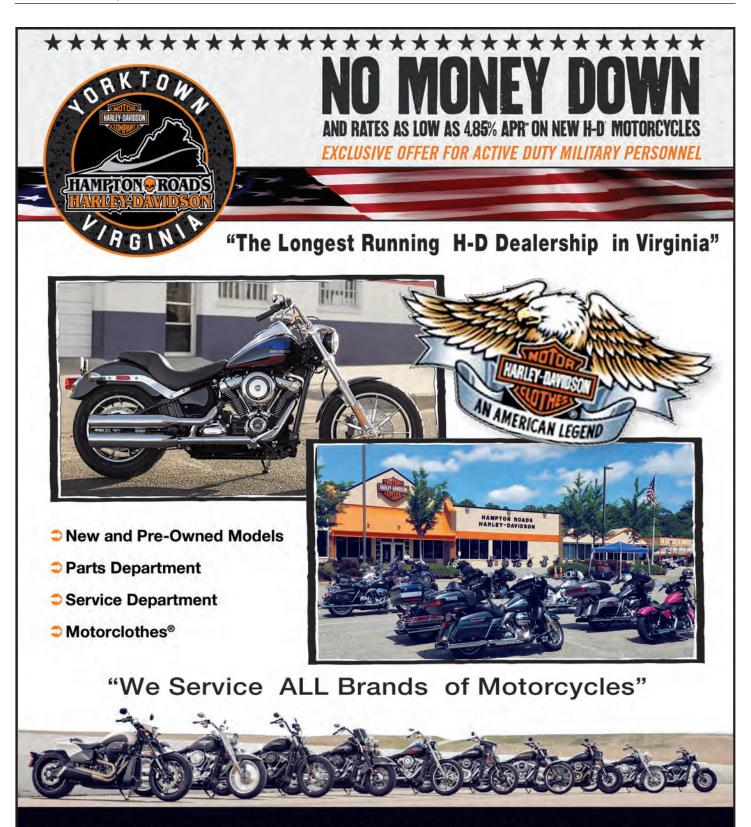
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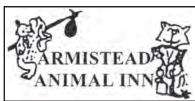


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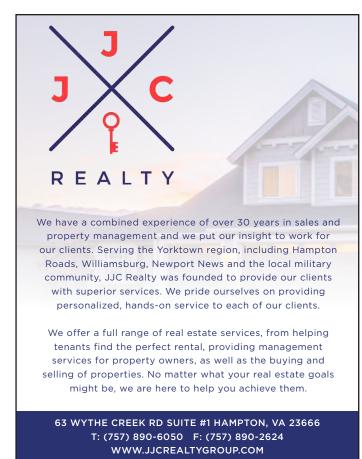
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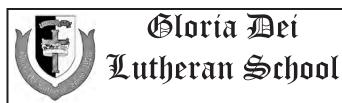




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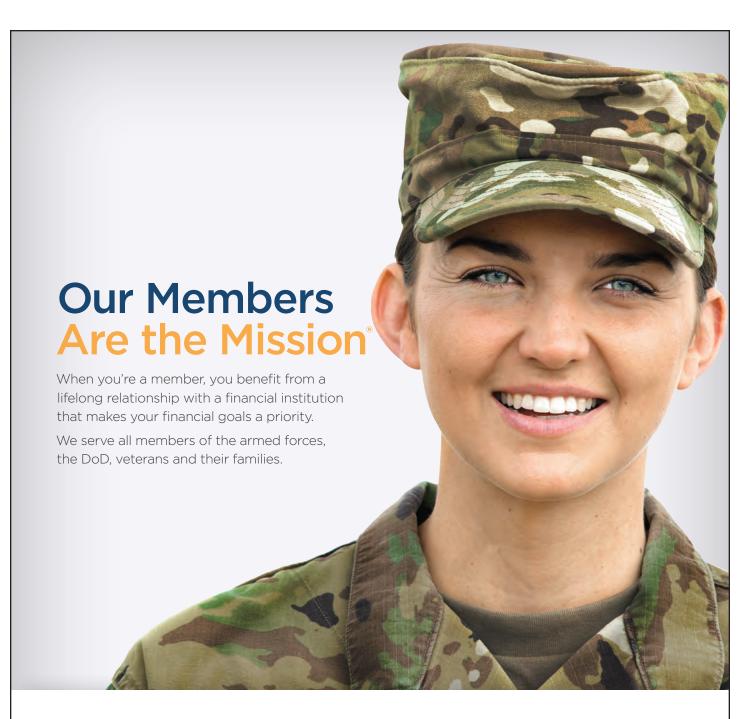
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